

U P S T A T E
update

A publication for the SUNY Upstate Medical University community

JULY 26 THROUGH AUGUST 9, 2006

University Hospital is first hospital in the region to offer liver resection

University Hospital is the only hospital located between Rochester and Albany to offer liver resection to treat liver cancer. The surgery is available through the Hepatobiliary Program, a joint program of the hospital's Departments of Surgery, Radiology and Oncology and the Division of Gastroenterology in the Department of Medicine.



Dilip Kittur, MD

Liver resection is the surgical removal of a portion of the liver that has one or more cancerous tumors, and of its surrounding tissue. Chemotherapy, radiofrequency ablation or radiation therapy prior to and/or following liver resection may be necessary for patients in some instances.

Individuals who have primary liver cancer (originating in the liver) or cancer that has metastasized to the liver may qualify for the surgery.

According to Dilip Kittur, MD, recent advances in surgical and interventional radiology techniques as well as in imaging techniques have made liver resection a viable option to treat liver cancer.

"Liver resection dates back to the 1700s," said Dr. Kittur, founder and director of the Hepatobiliary Surgery Program, chief of general surgery and director of transplantation at University Hospital. "However it was not determined to be a truly effective option to treat liver cancer until the development of recent innovations in techniques."

Dr. Kittur uses a number of procedures to improve the safety of the surgery, including the use of an ultrasonic dissector, called "Harmonic Scalpel," that cuts across the liver's functioning cells without injuring vessels and bile ducts and that coagulates smaller blood vessels which leads to less bleeding.

To determine a patient's suitability for the surgery preoperatively, Dr. Kittur uses three-dimensional CT scans

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SUNY Upstate's smoke-free initiative marks one-year anniversary Aug. 1

Aug. 1, 2006, SUNY Upstate Medical University will celebrate the first year of its existence as a smoke-free campus.

While work continues on educating the public and new employees about its policy, the past year has been one filled with many successes. The air is clearer around the university, more employees have kicked the habit, and SUNY Upstate has emerged as a leader across the state and beyond in the move to make healthcare facilities smoke free.

After more than a year of planning, SUNY Upstate became the first local

institution and the first SUNY campus to prohibit smoking anywhere, and everywhere on campus when it adopted a smoke-free policy Aug. 1, 2005.

The policy states that smoking is not permitted inside any Upstate building or vehicle, or on the grounds, including parking garages and lots.

This policy, according to K. Bruce Simmons, MD, director of Employee/Student Health, who chairs the university's Smoke-Free Advisory Committee, has led to clearer air around the university.

"Areas that used to be key gatherings spaces for smokers and

non-smokers alike, such as the grassy area to the west of the hospital traffic circle, are now free of smoke resulting in a healthier environment for all."

While the policy prohibits smoking on all university property, smoking cannot be prevented on city-owned property, which includes East Adams Street, the main thoroughfare that bisects the campus.

"While one is not permitted to smoke on our campus, the adjacent city sidewalk means one is able to smoke in between our campus boundaries," Simmons noted.

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CAMPUS BRIEFS

Smoking cessation classes, including nicotine replacement at no charge to SUNY Upstate employees, students and volunteers, will be held in 1106 University Hospital, from 2 to 3 p.m. on the following dates: Aug. 1, 8, 15, 17, 22 (held in 1403 University Hospital on this date only), 29, and Sept. 5. To register, call 464-4426.

Beginning July 27, Senior Chaplain Rev. Jerry Shave will resume his weekly interviews of SUNY Upstate employees regarding their spirituality as part of the Center for Spiritual Care's "Faith Journeys" series Thursdays at noon in the Interfaith Chapel, located off the first floor lobby of University Hospital. The SUNY Upstate community is invited to attend the sessions. Faith Journeys will also be broadcast live over Spiritual Care Channel 40.

The mass offered in the Interfaith Chapel will be celebrated by University Hospital's new priest chaplain Fr. Ejike Innocent beginning July 31. Mass schedule is Mondays at noon, Fridays at noon, Saturdays at 4 p.m., and Sundays at noon. Fr. Innocent welcomes assistance from readers, singers and musicians. Call 464-5595 to volunteer.

The 19th Annual Children's Miracle Open will be held Aug. 11, beginning at noon at Rogue's Roost, 1086 Route 31, Bridgeport. Entry fee includes lunch, dinner, greens fees, carts, prizes, refreshments on the course and hole-in-one registrations. Proceeds benefit the upcoming Golisano Children's Hospital at University Hospital. Call 464-KIDS (5437) for a registration form.

A 60-mile Ride for Research will be held Aug. 12, at 8 a.m., at Marcellus Park, Main Street, Marcellus. The event includes a cookout, 50/50 raffle and prizes. The cost is \$30 for pre-registration by Aug. 5 and \$35 to register the day of event. Registration fees include the cookout, T-shirt and pin. Passenger fee is \$10 and includes the cookout only. Proceeds benefit the Carol M. Baldwin Breast Cancer Research Foundation and breast cancer research at University Hospital. To register, call 673-1950 or visit www.upstate.edu/events.

The American Red Cross seeks volunteers to help staff its State Fair Parking Lot Aug. 31 from 8 a.m. to 10:30 p.m. Proceeds from the parking lot, located across from Crucible Specialty Metals, benefits the local Red Cross chapter. Volunteers are needed for the following shifts: 8 a.m. to 1 p.m.; 12:30 to 4:30 p.m.; 4 to 7 p.m.; and 6:30 to 10:30 p.m. Responsibilities include lining cars up properly for safe exit of fairgoers as well as for maximum car capacity; surveying the lot in golf carts and notifying the shift captain of open parking spaces; selling water; flagging cars in from State Fair Blvd.; and handing out a Red Cross informational item. Volunteers receive free parking that day. SUNY Upstate will be acknowledged

The SUNY Upstate Medical University campus has been entirely smoke free since Aug. 1, 2005. Smoking is prohibited on property owned or leased by SUNY Upstate. *Upstate Update* features a series of questions and answers about the smoke-free campus.

Q. Where on campus can I smoke?

A. There is nowhere to smoke on SUNY Upstate property. You must leave the property if you choose to smoke. Please refer to the map that is available at the information desks throughout campus.

For information on smoking cessation, call 464-4426.

through banners and other signs of its support. To volunteer, call 464-4836 or e-mail paynej@upstate.edu by July 28.

New or gently used backpacks, school supplies and books for children pre-K through college will be accepted through Aug. 11 to support Mary Nelson's fifth annual Back-to-School Barbeque, an event that provides school supplies to area needy children. Donations of school supplies can be dropped off at the following locations: University Radiology, 550 Harrison St., Suite 105 (Attn. Mary); Jacobsen Hall lobby; 1401 University Hospital; the Weiskotten Hall Information Desk; and the Mayor's Office in City Hall, 2133 E. Washington St., (Attn. Sharon). Volunteers are also needed to help at the barbeque, to be held Aug. 19 at the corner of South Salina Street and Wood Avenue in Syracuse. Two shifts are offered: 8 a.m. to noon (set-up); and the distribution of backpacks, from 1 to 5 p.m. Nelson, an employee of the Department of Radiology, created this event to help local children prepare for school. For more information about the event, contact Nelson at 464-8486 or 952-4215.

SUNY Upstate is seeking an individual to coordinate its On My Own Time art exhibit, held in April in the Health Sciences Library. Responsibilities include the following: recruitment of artists; promotion of the event via poster distribution and other announcements; coordination of the registration process/correspondence; hanging the artwork for the exhibit; and transporting selected works to and from the Everson Museum for the communitywide exhibit in October. The coordinator attends the On My Own Time community kickoff luncheon and awards ceremony, held in October. To volunteer for the position or for more information, call Brenda Bolliver at 470-6544 weekdays, between 8:30 a.m. and 4 p.m.

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A P P O I N T M E N T S A N D A W A R D S

Paul E. Seale named chief operating officer for University Hospital

Paul E. Seale has been appointed chief operating officer of University Hospital, effective Aug. 1. Phillip S. Schaengold, JD, MBA, chief executive officer of University Hospital and senior associate dean for Hospital Affairs in the College of Medicine, announced the appointment.

Seale has extensive experience in both academic medical center and community hospital settings.

"Paul brings to our leadership team a great knowledge of and a record of success in healthcare administration," said Schaengold. "We look forward to his joining our leadership team."

Seale most recently served for six years as president and chief executive officer of New Island Hospital in Bethpage, N.Y., a 150-bed community hospital with 700 employees and annual revenues of \$87 million.

Prior to his community hospital experience, Seale was a member of the leadership team at University Hospital Medical Center, SUNY at Stony



Paul E. Seale

Brook, serving as chief operating officer from 1995 to 1999. He was responsible for the daily operation of the 504-bed public academic medical center with an annual revenue budget of \$362 million.

Prior to his tenure as COO, Seale served as associate administrator for cardiovascular services from 1992 to 1995. Seale was the 35th employee

hired at University Hospital and was a member of the team that opened the hospital in 1980. He served in a number of progressively more responsible administrative positions between 1978 to 1992 in the areas of management engineering, support services and clinical services.

Seale began his hospital administrative career at Winthrop University Hospital in Mineola, N.Y., a teaching affiliate of Stony Brook.

Seale received a master's degree in healthcare administration from Long Island University, Greenvale, N.Y. and a bachelor's degree in biology from Gettysburg College, Gettysburg, Pa.

He is a former lecturer in the School of Allied Health Resources at SUNY at Stony Brook, serves on the Chief Executive Officers Committee of the American College of Healthcare Executives, and is on the Board of Directors of Phi-Delity Association, Inc. of Phi Delta Theta, Gettysburg College.

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Campus Briefs — *continued from page 2*

CPR/AED classes for non-clinical staff will be offered by the at the Emergency Medicine Simulation Center, 550 E. Genesee St. Classes are approximately three hours. Pre-registration is required. Call 464-4851 or e-mail buttond@upstate.edu to pre-register. The dates and times are: Aug. 28, 1 p.m.; Sept. 20, 9 a.m.; Oct. 5, 1 p.m.; Oct. 16, 9 a.m.; Nov. 3, 9 a.m.; Nov. 15, 1 p.m.; Dec. 4, 9 a.m.; and Dec. 20, 1 p.m..

LifeWorks is offering a free booklet called Buying Your First Home. To order, call 800-362-9874, or visit www.lifeworks.com. (User ID: nys / Password: 2670). LifeWorks is a free program available to SUNY Upstate employees by the Employee Assistance Program. Visit the LifeWorks website to read or download articles, order free educational materials, calculators, and self-assessments.

The Puck Drops Here Hockey Tournament will be held Aug. 19 and 20 at the Cicero Twin Ice Arena. Area adult teams and individual players 25 years and older are welcome. Proceeds benefit the Pediatric Emergency Department. To register, e-mail olsonson@upstate.edu or call 315-529-3510.

Special Thanks:

Lori Morales of the Health Sciences Library thanks everyone who donated time to her while she was undergoing treatment for an illness. "Because of your generosity I was able to keep my health insurance and continue receiving my treatments," said Morales.

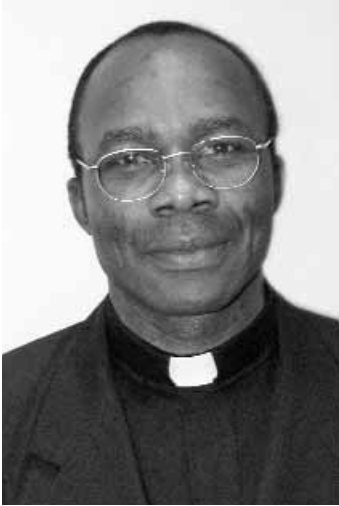
The Thumbstall Quilt Guild of Skaneateles donated 25 lap quilts to University Hospital patients. The quilts, hand-made by guild members, were given to Palliative Care and Spiritual Care Services for distribution to patients. Special thanks to Guild Representative Tuni Rodormer and Guild President Denise Bell for their generosity.

The Masonic Home in Utica's Care Bear Club donated more than 100 stuffed bears to University Hospital patients. The club comprises residents of the Masonic Home.

A P P O I N T M E N T S A N D A W A R D S

Appointments and Honors — *continued from page 3*

Father Innocent is new priest chaplain



Rev. Ejike Innocent Onyenagubo

The Rev. Ejike Innocent Onyenagubo, MDiv, MEd, EdD, has joined the Center for Spiritual Care as half-time priest chaplain. "Father Innocent," as he prefers to be called, is a native of Nigeria and an ordained Roman Catholic priest.

He has lived in Syracuse since 1999 and most recently served as parochial vicar at Immaculate Heart of Mary in Liverpool.

Fr. Innocent is a graduate of Upstate's Clinical Pastoral Education training program, where he interned in neurology, oncology and cardiology.

His office is located in 1224 University Hospital, adjacent to the Interfaith Chapel in the first floor lobby. A service of installation is being planned for this fall.

Mary Hare receives award of excellence



Mary Zegarelli Hare

Mary Zegarelli Hare, MEd, RT(T), (CT), CMD, received the American Association of Medical Dosimetrists 2006 Varian Award of Excellence for her outstanding contribution to the field of medical dosimetry. She received the award at the 2006 Annual Meeting of the AAMD in Vancouver, Canada.

Hare is assistant professor and clinical education coordinator in the Department of Radiation Therapy in the College of Health Profession.

She has served as president of the American Association of Medical Dosimetrists and of the Medical Dosimetrists Certification Board (MDCB). She chaired the MDCB's Medical Dosimetrists Scope of Practice Research Committee and presently chairs the Joint Review Committee on Education in Radiologic Technology's Medical Dosimetry Subcommittee.

Medicine names winners of teaching awards; honor society inductees

The College of Medicine has announced the winners of the 2006 Humanism and Excellence in Teaching Award for teaching residents. Third year medical students selected six residents to receive the **Arnold P. Gold Foundation Humanism and Excellence in Teaching Award**, in recognition of the resident's commitment to teaching and compassionate treatment of patients and families, students and colleagues. Recipients receive a stipend from the Foundation and a certificate. This year's winners are:

- **Nick Bennett, MD** (Pediatrics—SUNY Upstate)
- **Brian Hearn, MD** (Obstetrics/Gynecology—SUNY Upstate)
- **Debanik Chaudhuri, MD**, (Internal Medicine—SUNY Upstate)
- **Steven Solano, MD**, (Obstetrics/Gynecology—SUNY Upstate)
- **Igor Yusupov, MD**, (Neurosurgery, —SUNY Upstate)
- **Katherine Demaree, DO**, (Family Practice, Wilson Hospital, Binghamton).

The Gold Humanism Honor Society honors senior medical students for demonstrated excellence in clinical care, leadership, compassion and dedication to service. Candidates are nominated and then elected by class peers. Up to 15 percent of the class at each campus is eligible. Election of exemplars to the **Gold Humanism Honor Society** makes a significant statement to medical school faculty, students, and the public that an institution places high value on the interpersonal skills and attitudes that are essential for excellent patient care. The following students were inducted to the honor society:

• *MSIII Syracuse Campus*

Erin Crosby, Nathan Fedors, Peter Guirguis, Anju Hurria, Luciano Iorizzo, Jennifer Kanapicki, Maryellen Lewis, James Lozada, Ralph Milillo, Nathan Nguyen, Adrienne Socci, Kimberly Stallone, Lisa Tomasulo

• *MSIII Binghamton Campus*

Edward Raytenberg, Kristin Yannetti, Jonida Zeqo

PMR opens four exam rooms in Institute for Human Performance

Four new outpatient exam rooms for SUNY Upstate Medical University's Department of Physical Medicine and Rehabilitation have opened in the Institute for Human Performance, 505 Irving Ave.

The new exam rooms are needed to accommodate increases in patient volume in the University Hospital's rehabilitation therapy programs. University Hospital began seeing rehabilitation therapy patients at the IHP in 2004. Today, the rehabilitation program at the IHP records more than 1,209 patient visits a month.

"We're delighted with the new space," said Lori Holmes, director of rehabilitation. "It provides our patients with more room and greater proximity to a



Tim Stayer, outpatient supervisor for Physical Medicine and Rehabilitation (PMR), and Lori Holmes, director of rehabilitation therapy, in one of four new PMR outpatient exam rooms that recently opened in the Institute for Human Performance.

full array of therapy options, which is ideal for rehabilitation program." Holmes said the additional space also provides the program with the ability to take on additional patients.

The new exam rooms are located on the second floor of the IHP adjacent to the institute's spacious therapy gym and track. Aqua therapy programs are offered in the nearby pool, which has a moveable floor to accommodate patients with limited mobility. The Central New York Sports Concussion Center is also located in the IHP. Parking is available in the lot behind the IHP.

The outpatient rehabilitation program at the IHP is open 8 a.m. to 4:30 p.m. Monday, Wednesday and Friday, and from 8 a.m. to 6 p.m. Tuesday and Thursday.

This new interview-format radio show focuses on health and medical issues affecting Central New Yorkers. As with its parent, University Hospital's free HealthLink seminar series at ShoppingTown, *HealthLink On Air* was created to help Central New Yorkers become smarter health care consumers.

University Hospital's
HealthLink
 On Air

**Tune in Sundays, 9 to 10 a.m.
 570 WSYR-AM**

All languages spoken here: Interpreter Services aids patients, staff

University Hospital employees may access interpreter services for patients through the Department of Continuum of Care, located in 1111 University Hospital. The telephone number is 464-6161.

Interpreter services can be accessed either through the Language Line or by using face-to-face interpreters.

The Language Line connects staff to an interpreter in less than a minute. It can be used in emergencies, in short discussions with simple questions, when a face-to-face interpreter is not available or when a patient's language cannot be identified. The Language Line is available on every unit. Instructions for using the line are available with each speaker-phone. Yellow interpreter cards used to identify a language and the Language Line

phone number can be obtained from Continuum of Care.

Face-to-face interpreters are best used in complex or emotionally intense issues, or in discussions involving several family members. Discussions involving demonstration and follow-up may require a face-to-face interpreter.

Call Continuum of Care for patients who require sign language, foreign language interpreters or written materials. In emergencies or on evenings or weekends, the switchboard operators or administrative supervisor will provide assistance.

The hospital offers interpreter services to every patient who has difficulty with the English language. There is no cost to the patient for these services.

Friends or family are not expected to interpret for the patient. However, in emergency conditions, until a Language Line Services connection is made or the interpreter arrives, friends or relatives may provide interpretation. This is voluntary and for short-term emergency needs only.

Staff should document the identification and agency of any interpreter service in the Medical Record and always use the Language Line Services when uncertain about the need for interpreter services.

For more information on Interpreter Service, refer to policies H02 (Services for the Hearing Impaired) or I07 (Interpreters) for detail or contact Continuum of Care (4-6161) for additional information.

Tips to keep cool and safe in the summer heat

Employee/Student Health offers the following summer safety tips:

- Stay well hydrated especially if you play sports or sweat easily. Alcohol and caffeinated beverages can dehydrate you.
- Avoid extreme heat. Strenuous activity should be done early in the day.
- In a thunderstorm, immediately seek shelter in a car or building, but not under a tree. Avoid open water and put down any metal objects you are carrying.
- Apply sunscreen (SPF 15 or greater) at least 30 minutes before sun exposure. Reapply after swimming or heavy sweating.
- Wear sunglasses and a hat. Seek shade in the middle of the day.
- Wear insect repellent and don't scratch any bites. Mosquitoes are attracted to dark colors, so wear light colored clothing. Use hydrocortisone cream, calamine lotion, baking soda paste or a cold pack on an itchy bite.

- Never swim alone. Make sure there are no dangerous objects in the water and that it is deep enough for diving. Children should always be supervised near the water.

- When boating, make sure that there are enough life jackets for everyone. Non-swimmers should wear one at all times while on the boat. Wear non skid shoes on a boat. When getting in a boat, keep your weight low and step to the middle of the boat.

- Wear closed-toed shoes and long pants while lawn mowing. Clean debris from the yard and move children away from the area being mowed. Wear protective gloves and only service the mower when it is off. Riding mowers should not carry passengers or be operated by anyone under the age of 16.

— Submitted by Susan D. Greetham
Employee/Student Health Services

Celebrate SUNY Upstate's Smoke-Free Initiative

Stop by the Smoke-Free booth on the second floor of University Hospital for free health screenings and information on smoking cessation programs.

Aug. 1
11 a.m. to 2 p.m.

Liver Resection — continued from page 1

or magnetic resonance imaging (MRI) to view how much of the liver can be removed safely, the extent of cancer and whether there is enough of the non-tumor portion of the liver, free of cirrhosis, to sustain the patient's life.

"The liver has the remarkable capacity to reproduce itself in just a matter of weeks," said Dr. Kittur, who gained considerable experience in liver surgery, including resection and transplantation, as a faculty member at Johns Hopkins University prior to joining SUNY Upstate and most recently through continuing medical education at Memorial Sloan-Kettering Cancer Center.

"A cirrhotic liver can reproduce itself but it continues to do so with the cirrhosis, resulting in limited functional liver tissue," said Dr. Kittur. "In cirrhotic patients with primary liver cancer, it may be possible to perform a segmental resection and still preserve sufficient liver function for survival."

To perform a liver resection, Dr. Kittur uses a number of surgical techniques, including the removal of sections and/or lobes of the liver as needed; a wedge resection (the removal of any portion of the liver less than an anatomic lobe); or a left lateral segmentectomy which involves the removal of the liver's right or left lobe.

However, there are risks associated with liver resection, as with any treatment option for liver cancer.

"The liver is the largest organ/gland in the body, surrounded by major blood vessels," said Dr. Kittur. "The important technical challenge of liver resection is hemostasis or the arrest of bleeding in the surrounding blood vessels.

But, Dr. Kittur says that despite the challenges, liver resection is clearly an established operation in the surgical armamentarium. "However the technical demands of these procedures and the potential metabolic consequences indicate that they should not be undertaken lightly," he said.

As with any major surgical undertaking, postoperative complications can occur following a liver resection, including fever, persistent bile drainage, bleeding from a stress ulcer, hemorrhage, wound infection or liver failure.

The hospital stay for liver resection ranges from two to three weeks. Most insurance companies cover costs associated with the operation. Patients may be referred to the Hepatobiliary Program for the procedure by their primary care physician or by their gastroenterologist.

Liver resections at University Hospital are performed by Dr. Kittur who has written more than 70 papers and book chapters, including *Technique of Liver Resection in Shackelford's Textbook of Alimentary Surgery*.

University Hospital's Hepatobiliary Program offers comprehensive treatments for patients with liver cancer or benign liver tumors. Other procedures performed by the program in combination with resection include radiofrequency ablation and chemo-embolization.

According to MedicineNet.com, the five-year survival rate of liver resection is about 30 to 40 percent in patients whose tumors are successfully resected. Many of these patients however may have a recurrence of cancer elsewhere in the liver.

The liver is the largest gland/organ of the body, lying beneath the diaphragm. It secretes bile and is also of great importance in both carbohydrate and protein metabolism. It is the only organ/gland in the body that can regenerate, or reproduce itself.

For more information about liver resection at University Hospital, call the Hepatobiliary Program at 315-464-6297.

JOIN US FOR THE

19th Annual

Children's Miracle Open

Friday, August 11, 2006

**Rogue's Roost,
Bridgeport, NY****Your choice of course: east side or west side****Registration: 11 a.m. Captains' Meeting: 11:45 a.m. Shotgun Start: noon****Lunch served on course. Reception and silent auction. Awards dinner will follow play.**Captain 'n' Crew format **Entry fee includes:** lunch, dinner, greens fees, carts, prizes, refreshments on the course, and hole-in-one registrations. **RSVP by July 25, 2006.****To Benefit the:**

Smoke-free Campus —continued from page 1

Dr. Simmons said the university has had brief discussions with city lawmakers on the possibility of passing local legislation that would prohibit smoking within 20 feet of the property boundary of a healthcare institution, such as hospitals and nursing homes. Simmons notes that the policy can be successful as proven in Sioux City, Iowa, where similar legislation is on the books. Calabasas, Calif., has gone a step further and banned smoking in all public places—indoors and outdoors—in the city.

The primary purpose of the smoke-free effort is to eliminate exposure to second-hand smoke for those that come to SUNY Upstate for healthcare, employment, educational purposes or to visit. However, an additional benefit is that, since the smoke-free policy was instituted, fewer employees identify themselves as smokers.

A recent health survey done as part of the university's annual health screening, shows that the number of SUNY Upstate employees who smoke is now 11 percent, down from 17 percent in 2002. It is estimated that 18 percent of state residents are smokers.

And, it just might be that more employees are kicking the habit. More than 350 employees have taken up the university's offer of free assistance for smoking cessation, including classes and nicotine replacement, since it began offering them last year.

Cynthia Cary, the university's smoking cessation coordinator, says not all have been successful in quitting, but awareness of the hazards of smoking has greatly increased.

"I think the policy and all of the educational outreach associated with its implementation has really helped foster discussion among employees and their families about quitting smoking," she said.

Now after leading the Upstate smoke-free effort, Dr. Simmons has been a most sought-after speaker by other campuses and hospitals that are planning on joining SUNY Upstate in



Visitors to one of SUNY Upstate's Great American Smokeout information exhibits were able to speak with smoking cessation counselors and participate in pulmonary function and carbon monoxide testing. SUNY Upstate went smoke free Aug. 1, 2005.

the growing circle of smoke-free institutions. He has been asked to speak about SUNY Upstate's process to become smoke free at a number of institutions across the state and will speak in Suffern, N.Y., in September at a communitywide forum on how to create a smoke-free healthcare facility. He and Cary have already provided guidance and shared educational materials with a group of Albany-area medical centers that plan to go smoke free in 2007.

"While other institutions went before us elsewhere, it is evident that in New York, SUNY Upstate is viewed as a leader in this area," Dr. Simmons said.

Recent news coverage of SUNY's plan to prohibit smoking in its residence halls, noted that SUNY Upstate was the first SUNY campus to go smoke-free.

As an extension of SUNY Upstate's initiative to go smoke free, efforts are ongoing to provide education and smoking cessation programming to the central New York community.

SUNY Upstate has hosted educational seminars and smoking cessation programs at OASIS and HealthLink in ShoppingTown Mall in DeWitt. A grant from the Advocates for Upstate Medical University has helped fund a smoking cessation program at the Syracuse Community Health Center. SUNY Upstate and the American Cancer Society are also teaming up together to aid area businesses that are considering similar smoke-free workplace initiatives.

"We're pleased by how well this policy has been received, not just here at SUNY Upstate, but across the community and across the state," said Dr. Simmons. "In the past year, particularly with the conclusive evidence stated in the surgeon general's report about the immediate and long-term hazards of second-hand smoke exposure, there should be a clearer understanding of why this policy made sense for SUNY Upstate and hopefully someday, all public places."

C O N F E R E N C E S , W O R K S H O P S , S E M I N A R S

Free Health Seminars are open to all. To register, call Health Connections at 464-8668 or register via www.upstate.edu/healthlink. To register for workshops, visit <http://www.upstate.edu/hr/training/form.shtml>

Register Online for workshops at <http://www3.upstate.edu/hr/training/>

July 31. 8 a.m. to noon. Room D, Institute for Human Performance.

Workshop. "ABN (Advance Beneficiary Notice)" provides information about University Hospital's policy covering ABNs, as well as nCoder and CAIS, and the use and placement of Modifiers in CAIS when entering charges.

Aug. 1. 3:30 to 4:30 p.m. 6500 University Hospital.

Workshop. "Compliance 101" integrates compliance with University Hospital's established mission, vision, and principles; encourages employees to report non-compliance incidents without fear of retaliation; and provides support for each department's compliance initiatives. Intended audience: All University Hospital staff hired prior to Jan. 1, 2005, volunteers and agency staff.

Aug. 3. 9 to 11 a.m. 1328b University Hospital.

Workshop. "From 'Rut-Row' to 'Hello': Telephone Skills For Today" will provide practical and effective techniques regarding telephone etiquette.

Aug. 4, 11, 18 and 25 (must attend four session). 8:30 to 10:30 a.m. 1328b University Hospital.

Workshop. "Getting Started With Medical Terminology II." Participants will apply concepts and information from the introductory class to additional body systems over four weeks. Prerequisite: Completion of Introduction to Medical Terminology Part I.

Aug. 7. 9 a.m. to 2 p.m. 1328B University Hospital.

Workshop. "Communication Skills - Back to the Basics (OTD)" will discuss reflective listening skills and assertion skills and how to build rapport with others. A model of conflict resolution will also be offered.

Aug. 8. 1 to 3 p.m. 205 Jacobsen Hall.

Workshop. "Purchasing Procedures 101" will introduce participants to Hospital Purchasing and its services. Participants will receive a Hospital Purchasing Guide.

Aug. 10. 9 to 11 a.m. Classroom D, Institute for Human Performance.

Workshop. "Online Applicant Employment System" provides an overview of the features of the new On-line Employment System to include preparation of the F1 form, monitoring position status, review of candidates and application materials and submission of selected candidate to Affirmative Action.

Aug. 15. 9 to 10 a.m. 6500 University Hospital.

Workshop. "Sexual Harassment Training For All Employees" discusses SUNY Upstate's policy regarding sexual harassment and conduct that is considered inappropriate and disrespectful.

Aug. 16. 10 to 11:30 a.m. 1159 Weiskotten Hall.

HANYS Summer Workforce Leadership Series. "The Leader's Role in Resolving Conflict in the Workplace" examines typical reactions to conflict, effective and ineffective strategies most frequently used and processes for negotiating win-win solutions and dealing with anger and conflict in meetings. Presented by Jo Manion, PhD, RN, nationally recognized speaker, author and senior management consultant. Advance registration required. Visit <http://www3.upstate.edu/hr/training>. Open to SUNY Upstate leaders and managers.

Aug. 30 and 31. 9 a.m. to 4 p.m. 6500 University Hospital.

Workshop. "Taking the First Steps - Challenges and Advantages of Supervision" is intended for newly promoted and soon-to-be-promoted supervisors to help them understand the role of the supervisor and the challenges and advantages of making the transition to supervision. Participants will have an opportunity to assess their abilities in skill areas that are critical to supervising.

Upstate Update Production Schedule

Issue: Aug. 23 to Sept. 6

Deadline: Aug. 7

Wednesday, July 26
Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Health Sciences Library Tour. Noon. First floor, Wsk. Hall. Meet at New Book area. Call 464-7112.

* **Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

Thursday, July 27
 SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. "Gynecologic Malignancies." Robert Morris, MD, Wayne State University. 8:30 a.m. 2231 Wsk. Hall.

* **Weekly Devotions.** Noon. Interfaith Chapel, University Hospital.

Zen Meditation. 12:30 p.m. Interfaith Chapel, University Hospital.

Friday, July 28
SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Center.

Clinical Hands-On Practice Orientation (CHOP). Noon to 3:30 p.m. East Lounge, C.A.B.

* **Mass.** Noon. Interfaith Chapel, University Hospital.

Spiritual Fitness Group Meeting. 3:45 p.m. 2N Day Rm., University Hospital.

Saturday, July 29
Arts and Crafts Show to benefit Golisano Children's Hospital at University Hospital. 10 a.m. to 4 p.m. Wal-Mart of East Syracuse, 6438 Basile Rowe, East Syracuse. (Rain date: July 30).

* **Mass.** 4 p.m. Interfaith Chapel, University Hospital.

Sunday, July 30
 * **Mass.** Noon. Interfaith Chapel, University Hospital.

Monday, July 31
Workshop. "Advance Beneficiary Notice, Including Ncoder Software Program." Barbara Smith and Nancy Carlson, Upstate Medical University. 8 a.m. to noon. Classroom D, Institute for Human Performance.

* **Communion Service.** Noon. Interfaith Chapel, University Hospital.

AA Open Meeting. Noon. 4137 University Hospital. Call 463-5011 for information.

Tuesday, Aug. 1
Workshop. "I Don't Have Time to Come to the Library." Noon to 1 p.m. 220 Health Sciences Library. To register, visit <http://www3.upstate.edu/hr/training/index.cfm?go=1&category=26>.

Smoke-free Information Exhibit. 11 a.m. to 2 p.m. Second floor, University Hospital.

Weight Watchers at Work Program. Noon to 12:45 p.m. 5303 Wsk. Hall. Call 464-9017 for details.

* **Weekly Prayer Service.** Noon. Interfaith Chapel, University Hospital.

SUNY Upstate Smoking Cessation Class including nicotine replacement. 2 to 3 p.m. 1106 University Hospital.

Workshop. "Compliance 101." 3:30 to 4:30 p.m. 6500 University Hospital.

Pilates Class. 5:15 to 6:15 p.m. Gym, Institute for Human Performance. Call 464-4579 for more information.

JPMorgan Chase Corporate Challenge. 6:25 p.m. Onondaga Lake Parkway, Liverpool.

Wednesday, Aug. 2
Anesthesiology Grand Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Health Sciences Library Tour. See 7/26 listing.

* **Rev. Weez's Storytime.** See 7/26 listing.

Burn Survivors Support Group. 5 to 7 p.m. 6551 University Hospital.

Thursday, Aug. 3
Medical Grand Rounds. "Infectious Disease Management: Bugs, Drugs, Dollars and Resistance: Who is Managing the Future?" Roy Guharoy, PharmD, Upstate Medical University. 8:30 a.m. 1159 Wsk. Hall.

Workshop. "From Rut-Row to Hello: Telephone Skills for Today." Renae Rokicki, Upstate Medical University. 9 to 11 a.m. 1328b University Hospital.

* **Weekly Devotions.** See 7/27 listing.

Biochemistry and Molecular Biology Department Seminar. "Characterizing the role of the Conserved Kinase Ssk2p/MEKK4 in the Recovery of the Actin Cytoskeleton After Osmotic Stress." Blaine Bettinger Thesis Defense Seminar. 1 to 2 p.m. 2231 Wsk. Hall.

Zen Meditation. See 7/27 listing.

Friday, Aug. 4
 Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Center.

Workshop. "Getting Started With Medical Terminology

II." 8:30 to 10:30 a.m. 1328B University Hospital.

* **Mass.** Noon. See 7/28 listing.

Spiritual Fitness Group Meeting. See 7/28 listing.

Saturday, Aug. 5
 Boston Overnight Trip. Sponsored by C.A.B. and Campus Activities Governing Board. Reservations only.

* **Mass.** See 7/29 listing.

Sunday, Aug. 6
 Boston Overnight Trip. See 8/5 listing.

* **Mass.** See 7/30 listing.

Monday, Aug. 7
Workshop. "Communication Skills - Back to the Basics." Holly Haines McCurdy, Upstate Medical University. 9 a.m. to 2 p.m. 1328B University Hospital.

* **Communion Service.** See 7/31 listing.

AA Open Meeting. See 7/31 listing.

Tuesday, Aug. 8
Workshop. "Finding Evidence-based Information." Noon to 1 p.m. 220 Health Sciences Library. To register, visit <http://www3.upstate.edu/hr/training/index.cfm?go=1&category=26>.

Weight Watchers at Work Program. See 8/1 listing.

* **Weekly Prayer Service.** See 8/1 listing.

Workshop. "Purchasing Procedures 101." Ken Baker, Upstate Medical University. 1 to 3 p.m. 205 Jacobsen Hall.

SUNY Upstate Smoking Cessation Class including nicotine replacement. 2 to 3 p.m. 1106 University Hospital.

Pilates Class. See 8/1 listing.

Wednesday, Aug. 9
Anesthesiology Grand

Rounds. 7 a.m. Wsk. Hall Auditorium.

Surgery Morbidity/Mortality Conference. 7 to 8 a.m. 2231 Wsk. Hall.

Orthopedic Grand Rounds. 8 a.m. 6500 University Hospital.

Multidisciplinary Orientation (MDO). 8 to 10:15 a.m. East Lounge, C.A.B.

30-Day Retention Program. 10:30 a.m. to noon. East Lounge, C.A.B.

Trauma Conference. Noon to 1 p.m. 2231 Wsk. Hall.

Health Sciences Library Tour. See 7/26 listing.

* **Rev. Weez's Storytime.** See 7/26 listing.

Thursday, Aug. 10
SUNY Upstate New Employee Orientation. 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

Medical Grand Rounds. "Patient Safety." Eric Alper, MD, UMASS Memorial Medical Center. 8:30 a.m. 1159 Wsk. Hall.

Workshop. "Online Applicant Employment System." Patricia Brecht, Upstate Medical University. 9 to 11 a.m. Classroom D, Institute for Human Performance.

* **Weekly Devotions.** See 7/27 listing.

Zen Meditation. See 7/27 listing.

Friday, Aug. 11
SUNY Upstate New Employee Orientation. 7 a.m. to noon. East Lounge, C.A.B.

Obstetrics/Gynecology Grand Rounds. 7:30 a.m. Marley Education Center.

Workshop. "Getting Started With Medical Terminology II." 8:30 to 10:30 a.m. 1328B University Hospital.

Children's Miracle Open. Registration: 11 a.m. Shotgun Start: Noon. Rogue's Roost, Bridgeport, NY. Call 464-KIDS (5437)

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Calendar —continued from page 10

for more information.

* **Mass.** Noon. See 7/28 listing.

Nursing Grand Rounds.

"Current State of Stroke Care in CNY: What Does it Mean to be a Designated

Stroke Center?" Rochele Clark, BS, RN, and Mike Allain, Rn, CNRN, Upstate Medical University. 1:30 to 2:30 p.m. 6500 University Hospital.

Spiritual Fitness Group Meeting. See 7/28 listing.

Saturday, Aug. 12

* **Mass.** See 7/29 listing.

Ride for Research. Beginning at 8:a.m. Marcellus Park, Main St., Marcellus. Call

673-1950 for more information.

Sunday, Aug. 13

* **Mass.** See 7/30 listing.

* *Broadcast live from the Chapel on in-house Channel 40.*

*Watch SUNY Upstate's news program **Upstate Magazine** on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>*

I N T H E N E W S

Ann Roman, RN, was interviewed on Newsradio 570-WSYR regarding a new state law that provide tax breaks for people who donate their organs.

Sue Greetham discussed women's health issues on WCNY's HourCNY program.

David Lehmann, MD, PharmD, was interviewed by NewsChannel 9-WSYR regarding coffee addiction.

The May issue of *Physicians Practice* magazine featured University Hospital's **Institute for Spine Care** and **Amir H. Jayyazi, MD**, and **Mike H. Sun, MD**; **Charles Hodge, MD**, and the **Everest Stroke Recovery trial**; **SUNY Upstate's Visualization lab** and **volume computed tomography imaging**; and **Bristol Myers Squibb's** \$1 million gift to the Golisano Children's Hospital at University Hospital.

The July issue of *Physicians Practice* magazine features **Matthew Scuderi, MD**, University Hospital's Stroke Team (**Satish Krishnamurthy MD**, **Amar Swarn - kar MD**, **Tarakad Ramachandran MD**, **Rochelle Clark RN**, and **Thomas Lavoie MD**, and the Stroke Center designation; and the new healthcare consumer radio show, **HealthLink On Air**.

The **Summer Undergraduate Research Fellows Program** was the focus of a feature on NewsChannel 9-WSYR.

Frederick Rose, MD, spoke of the dangers of Lyme disease in interviews with Newsradio 570-WSYR and NewsChannel 9 and WAER-FM88.

Brian Stout, MD, was interviewed by Newsradio 570-WSYR, WSTM-TV3 and WTVH-TV 5 regarding precautions to take to avoid heat stroke and other hot-weather related health problems.

Sharon Brangman, MD, was quoted in the *Post-Standard* about how University Hospital is planning to develop a geriatric unit for patients and is providing care through a multidisciplinary team approach. Dr. Brangman was also featured on the cover of the *Central New York Magazine's* July/August issue, which includes a story on the 111 best doctors in Central New York, of which she is named. Among those physicians from SUNY Upstate featured in the magazine with mini-profiles are **Patricia J. Numann, MD**, and **Hansen A. Yuan, MD**. Other SUNY Upstate physicians listed include **Michael Hauser**, **Susan Nostrame**, **Colleen O'Leary**, **Bettina Smallman**, **Ruth Weinstock**, **Joel Potash**, **John Smucny**, **Philip Holtzapple**, **Andrew Palmer**, **Thomas Coyle**, **David Duggan**, **Teresa Gentile**, **Stephen Graziano**, **Sheila Lemke**, **Jonathan Wright**, **Steven J. Scheinman**, **Charles Hodge**, **Burk Jubelt**, **Carol Crosley**, **John Hoepner**, **Stephen Albanese**, **Bruce Frederickson**, **Robert Kellman**, **Charles Woods**, **Anna-Luise Katzenstein**, **Ran Anbar**, **Ann Botash**, **Robert Cavanagh**, **Joseph Domachowske**, **Ronald Dubowy**, **Scott Schurman**, **Leonard Weiner**, **Thomas Welch**, **John Andrade**, **Steven Blatt**, **Paul Fuller**, **Anne Sveen**, **Margaret Turk**, **Robert Weber**, **Steven Batki**, **Mantosh Dewan**, **Robert Gregory**, **William Hardoby**, **Giampaolo Huober**, **Joseph Huszonek**, **Marvin Koss**, **John Manring**, **James Megna**,

Thomas Schwartz, **Jennifer Yolles**, **Ja Kwei Chang**, **Ernest Scalzetti**, **John Wasenko**, **Paul Phillips**, **Michael Ratner**, **George Alfieris**, **Charles Lutz**, **Gabriel Haas** and **Frank Smith**.

MedQuest Careers Exploration Camp members and organizers were interviewed by NewsChannel 9-WSYR and News10Now during a demonstration of Air One on the University Hospital helipad. The camp is co-sponsored by SUNY Upstate.

David Gilbert, PhD, was interviewed by Newsradio 570-WSYR on the U.S. Senate debate over federal funding for embryonic stem cell research.

Richard O'Neill, PhD, was interviewed by News10Now on the psychological issues raised by the defense in the sentencing of convicted former Oswego Mayor John Gosek.

Thomas Donovan was quoted in *In Good Health* in the cover story on the impact uninsured patient population has on hospital finances.

Tarakad Ramachandran, MD, was quoted in *In Good Health* regarding University hospital's recent stroke center designation and the importance of proper, timely treatment for stroke.

Philip Ferro, MD, was quoted *In Good Health* regarding how more women are taking medications to change their menstrual cycles.



Photograph by Bill Mueller

Heart Walk team members, front row, from left: Linda Mahan, Becky Cerio, Stephanie DeJoseph, Nancy Prott, Rod Murad. Back row, from left: Dave

George, Ken Peek, Sue DeRienzo, Carol Turiello, Zanette Howe. Not all of the team members are featured in the photograph.

SUNY Upstate's Heart Walk team wins high honors

SUNY Upstate's 2006 American Heart Walk team received the HSBC Team 2006 Challenge trophy at the Heart Association's VIP celebration, held June 8 at the Country Club of Syracuse. The award is presented annually to a team for its superior fundraising efforts for the Heart

Walk. SUNY Upstate also won an award at the event for raising the most money in the category of Top Team — Hospital Division. The team raised \$33,178. The Heart Walk was held April 22 at Long Branch Park in Liverpool.

Note: Contact the Human Resources Department for address changes and corrections.

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Upstate Update is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

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