

U P S T A T E  
update

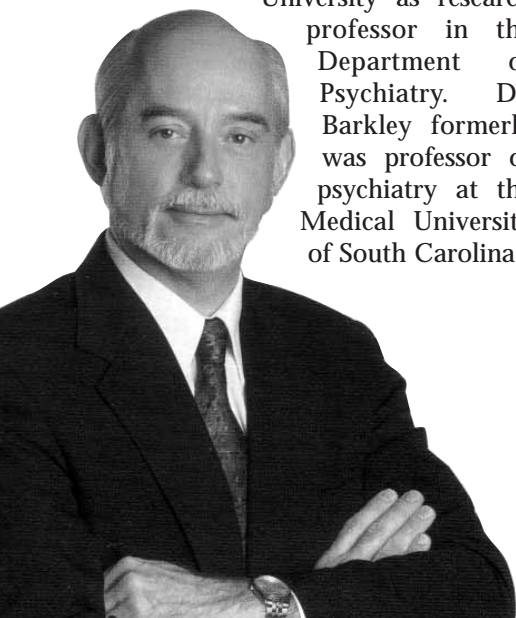
A publication for the SUNY Upstate Medical University community

NOVEMBER 30 THROUGH DECEMBER 14, 2005

## Russell Barkley, PhD, leading authority on ADHD joins SUNY Upstate faculty

Russell Barkley, PhD, a clinician, scientist and educator and one of the nation's leading authorities on Attention Deficit Hyperactivity Disorder (ADHD), has joined the faculty at SUNY Upstate Medical

University as research professor in the Department of Psychiatry. Dr. Barkley formerly was professor of psychiatry at the Medical University of South Carolina.



Russell Barkley, PhD

Considered by many to be the leading expert on ADHD, Dr. Barkley has made the disorder his chief research focus for more than three decades. His research has helped illuminate the genesis of the disorder and has provided clinicians with a new understanding of the best treatment options for ADHD sufferers.

To parents of children with ADHD, Dr. Barkley is a household name. His research, treatment and parenting tips are presented on more than 30,000 websites and his mass market manuals for how to parent an ADHD child, *Taking Charge of ADHD: The Complete Authoritative Guide for Parents* (Guilford Press, 2000. 2nd edition) and *Your Defiant Child: Eight Steps to Better Behavior* (Guilford Press, 1998) top the list of essential reading for parents of children with ADHD.

Individuals with ADHD, which is diagnosed in both children and adults, usually suffer from inattention, hyperactivity and impulsivity. While these symptoms can occur in normal youngsters, they occur frequently in children with ADHD in a variety of settings and often interfere with a child's ability to function normally.

Dr. Barkley's research, along with that of others, has helped debunk what was a common perception in the 1950s and 1960s that ADHD was a result of bad parenting or immature personalities and that children would grow out of this "bad habit" as they became adolescents. Today, much more is known about the disorder — that biology and genetics contribute to the disorder — and that second to autism, it is one of the most inherited psychiatric disorders.

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## Topflight med management system is highlight of UH's new pharmacy

University Hospital's new \$6 million state-of-the art pharmacy, which opened in November, brings to Central New York one of the most technologically advanced medication management systems in the state.

The new system uses bar code technology and a new drug storage and retrieval system to triple check drug orders, drastically reducing the potential for medication errors.

The new pharmacy also provides

University Hospital with a fully compliant operation for mixing intravenous drugs, including chemotherapy drugs. New regulations now require hospitals to have a clean room environment for the preparation of low, medium and high-risk intravenous products.

"From enhancing patient safety to more effective management of our drug inventory, this new system is second to none," said Roy Guharoy, PharmD, director of pharmacy

services and associate professor of medicine at University Hospital.

A technologically advanced pharmacy is essential especially given the breadth of activity handled each day by the pharmacy: 10,000 medication orders, 1,000 intravenous drug orders and management of 2,000 different medications. "There are so many checks and balances that need to be made when dealing with medications: is the prescription accurate, does the

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## C A M P U S B R I E F S

**A display table featuring information about registered nursing degree programs and educational opportunities offered through CSEA, PEF, UUP and GSEU will be exhibited Dec. 5 and 6, from 11 a.m. to 1 p.m. outside the second floor University Hospital cafeteria and Dec. 7, from 11 a.m. to 1 p.m. in the fifth floor main conference room at University Health Care Center. For more information, call 464-4964.**

**The SUNY Upstate community is invited to a reading of the Tom Ziegler play, "Grace and Glorie" Dec. 7, at 4 p.m. in the ninth floor auditorium of Weiskotten Hall. The play centers around a 90 year-old Blue Ridge mountain woman who is dying, her hospice volunteer who is coping with the death of her 12 year-old, and how both women help with each other's healing. Professors Deirdre Neilen, PhD, and Joel Potash, MD, will lead a discussion following the reading.**

**Applications for Children's Miracle Network (CMN) funding are due Dec. 16 in the CMN office, 326 Campus Activities Building. Requests will be considered for pediatric-related projects, equipment or materials. For more information or for an application, contact CMN Director Toni Gary at 464-4264 or e-mail garyt@upstate.edu.**

## C O N F E R E N C E S , L E C T U R E S , S E M I N A R S A N D W O R K S H O P S

**Nov. 30 and Dec. 1. Atrium, Institute for Human Performance.**

The 19th Annual Charles R. Ross Research Poster Session showcases SUNY Upstate research. A reception will be held Nov. 30, from 3 to 5 p.m., when presenters will be available to discuss their research.

**Nov. 30. Atrium, Institute for Human Performance.**

Student Research Day features poster presentations by medical students, including basic science, clinical research, clinical vignettes and case reports. See 11/30 Calendar listing for Student Day events.

**Dec. 2. 11:45 a.m. Suite 406, 725 Irving Ave.**

Bioethics and Humanities Seminar. Dave Pasinski of Hospice and Palliative Care of CNY, explores the ethical aspects of changing roles that can occur for patient caregivers.

**Dec. 5. 1 to 3 p.m. 205 Jacobsen Hall.**

"Understanding Compliance at University Hospital" discusses what individual responsibilities are to maintain compliance.

**Dec. 6. 9 a.m. to noon. East Lounge, C.A.B.**

"Training for Directors, Managers and Supervisors: Counseling and Discipline" gives tools to address concerns regarding employee work performance and/or job related behaviors.

**Dec. 6. 10 a.m. to 5 p.m. Healthlink at ShoppingTown Mall, DeWitt.**

"Attention: Snow Lovers" offers prevention and safety tips along with an opportunity to purchase certified ski helmets. Call 464-8668 to register.

**Dec. 6. 6 to 7 p.m. Healthlink at Shopping-Town Mall, DeWitt.**

"If the Holidays Are So Great, Why Do I Feel So Bad: Minimizing Anxiety/Depression During the Holiday Season" discusses how expectations contribute to stress and gives strategies to prevent and minimize emotional responses. Call 464-8668 to register.

**Dec. 7. 9 a.m. to noon. East Lounge, C.A.B.**

"The FISH Philosophy" training session offers tips on reconnecting with the energy and enjoyment in the workplace.

**Dec. 7. 3:30 to 4:30 p.m. Healthlink at ShoppingTown Mall, DeWitt.**

"Save Your Skin: The Winter Version" discusses environmental exposure, aging and when it is more than just a case of cold hands and rosy cheeks. Call 464-8668 to register.

**Dec. 7. 6 to 7 p.m. Healthlink at Shopping-Town Mall, DeWitt.**

"High Tech Medicine: The Role of the daVinci Robot in Today's Surgery" discusses the role of the robot, how it is used and its advantages to patients. Call 464-8668 to register.

**Dec. 8. 8:30 a.m. to noon. East Lounge, C.A.B.**

"Healthcare Diversity Management: explores the historical context for understanding diversity and looks at the legal, moral and business case for valuing diversity in a healthcare environment.

**Dec. 8. 6 to 7:30 p.m. Healthlink at ShoppingTown Mall, DeWitt.**

"The Health Benefits of Aerobic Exercise" discusses how exercise benefits people who live with high blood pressure, high cholesterol, diabetes and obesity. Call 464-8668 to register.

**Dec. 12. 1 to 4 p.m. 205 Jacobsen Hall.**

"It's All About Respect." Participants will learn to define the concept of a respectful workplace and design an action plan enabling them to be part of a respectful workplace.

**Dec. 20. 9 a.m. to noon. 1328b University Hospital.**

"Just Your Type: Myers-Briggs Personality Type Indicator" gives participants opportunities to explore their personality type through the Myers-Briggs Type Indicator, an instrument that examines how we perceive the world and make decisions.

## 2005 Gala and Patron Party is Dec. 9 at Oncenter

Dance to the music of the Skycoasters and the Joey Thomas Big Band at the 2005 Gala: A Class Affair, presented by the Upstate Medical University Foundation Friday, Dec. 9, beginning 8 p.m. at the Convention Center at the Oncenter, 800 S. State St., Syracuse.

A patron party will precede the Gala, from 7 to 8 p.m. in the Oncenter's Exhibit Hall. Serving as 2005 Gala co-chairs are Dr. Michael ('68) and Rissa Ratner and Thomas and Gloria Young.

Proceeds from the Gala will support scholarships for students in SUNY Upstate's colleges of Medicine, Nursing, Health Professions and Graduate Studies; and the Golisano Children's Hospital at University Hospital.

The Gala features hors d'oeuvres; desserts; continuous beverages; chocolate diversions; salad, pasta, carvery and coffee stations; and a gourmet dessert display. Assorted truffles and chocolate liqueur cups will be served as a late night treat, from 10:30 p.m. to midnight.

The Patron Party will feature an assortment of specialty hors d'oeuvres; grilled vegetables; fruit skewers; imported cheeses and spreads served with crostini and bread sticks; and marinated shrimp wrapped in snow peas.

Minimum Gala contribution is \$200 per person; the patron minimum contribution of \$300 per person includes Gala admission.

For more information, contact the Foundation at 464-4416.

## Faculty to meet Dec. 14

SUNY Upstate Medical University faculty, staff and students are invited to the semi-annual meetings of the Faculty Organization and Medical College Assembly Dec. 14 in the Weiskotten Hall Medical Alumni Auditorium.

The Faculty Organization, whose Council is chaired by Paula Trief, PhD, will meet from 4 to 5 p.m. Steven Scheinman, MD, executive vice president and dean of the College of Medicine, will present "The Year That's Past and the Years Ahead."

Laura Schweitzer, PhD, vice dean of the College of Medicine, will present "Chair Reviews at the University of Louisville School Medicine" at the Medical College Assembly, to be held from 5 to 6 p.m.

## Option transfer period for health insurance runs through Dec. 16

The New York State Health Insurance Program (NYSHIP) option transfer period for 2006 runs through Dec. 16. State employees who participate in NYSHIP will receive *Rates and Deadlines*, a publication of the Department of Civil Service Employee Benefits Division, to be mailed to home addresses. No action will be required by individuals who wish to retain their current option. There will be no pre-existing condition exclusions or limitations for individuals (or their covered family members) who wish to change to a new option.

State employees who wish to cancel coverage or change from family to individual coverage must submit the required form to the Human Resources Benefits Office, 206 Jacobsen Hall by Nov. 30.

### NYSHIP 2006 bi-weekly employee rates:

NYSHIP Option	Individual	Family
Empire	\$21.07	\$ 85.25
HMO-Blue	\$55.25	\$181.40
MVP	\$25.15	\$127.83

The benefit changes for 2006 will be effective Dec. 29. The 2006 rates will be effective in the Dec. 28 paycheck for individuals who do not change their option. Most deduction changes will be effective later in January and will include retroactive adjustments for individuals who change to a new option.

The three options noted above will have some benefit changes in 2006. Review the *Choices, Rates and*

*Deadlines, Planning for Option Transfer* publications on the Human Resources web page at <http://www.upstate.edu/hr/benefits/> and look for "New York State Employees 2006 Option Transfer." Printed copies of these publications should be available soon. To request a printed copy, e-mail Kathi Exner at [exnerk@upstate.edu](mailto:exnerk@upstate.edu).

### Research Foundation (RF) employees

The health insurance and flexible spending account open enrollment period for RF employees will end Nov. 30. A "Benefits Bulletin" and voluntary short-term disability and optional life insurance enrollment materials were mailed to the homes of all eligible RF employees. For additional information, visit the Human Resources web page at <http://www.upstate.edu/hr/benefits/> and look for "Research Foundation 2006 Open Enrollment."

### Upstate Update

Issue: Dec. 28 to Jan. 11

Deadline: Dec. 12

CLIP AND SAVE

## MAIL CENTER TIPS AND REMINDERS

- Check the address on the back of this newsletter, *Upstate Update*. If your address is incorrect, contact the Mail Center and Human Resources to correct your internal mailing address.
- Personal mail and packages will not be processed and will be returned. The mailroom reserves the right to inspect mail.
- Outgoing mail to be put through the postal machine must include the SUNY Upstate Medical University return address and the name and department of the person sending the item.
- Mail with a return address other than that of SUNY Upstate Medical University will be returned.
- Separate outgoing mail into three categories:
  - 1) Outgoing mail (to be metered).
  - 2) Stamped mail.
  - 3) Interoffice and campus mail (place in manila/brown interoffice envelopes).
- Envelopes should be sealed or individually flapped—not flapped over each other. Contents must be folded so that no part is above the envelope flap crease.
- Clip together special services mail. Examples: foreign mail, certified, Canadian mail, etc.
- Overstuffed, unsealed envelopes will not pass through the postage machine and will be returned to the department for sealing.
- Handwritten envelopes incur an additional postal charge. Help cut costs by computer generating or typing the labels on outgoing mail.

Contact the Mail Center at 464-5391 or email [rodrigb@upstate.edu](mailto:rodrigb@upstate.edu) with questions.

### LOCATIONS SERVED BY THE SUNY UPSTATE MEDICAL UNIVERSITY MAIL CENTER

#### Presidential Plaza,

##### First Floor:

- Clinical Data
- Joslin Diabetes Center
- Admitting
- Radiology
- Clinical Pathology
- Central Sterile/Materials

##### Second Floor:

- Firm Administration
- Firms: A, B and C

##### Third Floor:

- Peds Clinic
- OB/GYN Clinic
- Perinatal Center

##### Fourth Floor:

- Dental Clinic
- I-Match/C-Match OB/GYN
- Neurology Clinic

##### Fifth Floor:

- UHCC Administration
- Breast Care Clinic

#### 550 E. Genesee St.

- Design & Const., Suite 200
- CPDT (Training Ctr.), Suite 107
- Medical Billing, Suite 201
- ALS Training, Suite 103

#### 1127 E. Genesee St.

- University Dialysis Center

#### 1000 E. Genesee St.

- Hill Radiation Oncology, Suite 101

#### 550 Harrison Center

- Orthopedics, Suite 128/130
  - Pain Treatment, Suite 102
  - Internist, Suite 200
  - Pathology Labs, Suite 220
  - Infusion Center, Suite 210
  - Cardiology, Suite 300
  - Physical Therapy, Suite 100
  - Ophthalmology, Suite 340
  - Surg Specialties, Suite 330
  - University Imaging, Suite 105
  - MR Center of Syr., Suite 125
- Note:* Outpatient Surgery, Suite 230 is *not* serviced by the Mail Center and is considered an outside address.

#### 600 E. Genesee St.

- Risk Management, Suite 124

#### 250 Harrison St.

- Second Floor, Poison Control
- Third Floor, Peds Speciality
- Fourth Floor, Marketing
- Fifth Floor, Pathology
- Sixth Floor, Healthcare/MD Direct

#### 60 Presidential Plaza

- Madison Towers
- Compliance, Suite 210
  - UUP Office, Suite 203
  - Inst. Privacy, Suite 200
  - Radiology Billing, Suite 207
  - Contracts, Suite 209
  - Radiation Onc., Suite 208
  - Accts. Payable-Travel, Suite 201
  - Campus Purchasing, Suite 205

- Legal Council, suite 105
- Property Management, Suite 105

#### 475 Madison Irving

- Family Med. Suite 200 & 300
- Eye Bank, Suite 100

#### 713 Harrison St.

- Psychiatry, TU3

#### Crouse Hospital deliveries

- 725 Irving Ave.
- 735 Irving Ave.
- 736 Irving Ave.
- 739 Irving Ave.
- 730 S. Crouse Ave. (POB)

#### St. Joseph's Hospital

- 516 Prospect Ave.
- 301 Prospect Ave.
- 101 Union Ave.

#### IHP-Institute for Human Performance

- IHP mail drop, first floor
- CRU Clinic
- Neurosurgery Lab

#### 620 Madison Ave.

Hutchings Psychiatric Center

#### 819 Salina St.

Syracuse Community Health Center

#### 175 Eliz. Blackwell St.

Jacobsen Hall

#### 6712 Brooklawn Pkwy.

Occupational Health

#### Genesee Street

Continental Can

#### 936 E. Genesee St.

Duplicating and Printing Services

#### 545 Cedar St.

College of Nursing

#### 155 Eliz. Blackwell St.

Campus Activities Building

#### Widewaters Plaza, DeWitt

IMT

#### 102 W. Seneca St. Manlius

HSC @ Manlius

#### Binghamton, NY

Clinical Campus

#### 215 Bassett St.

DEC

#### 800 Irving Ave.

VA Hospital

#### 618 Irving Ave.

Daycare Center

#### 105 Eliz. Blackwell St.

Clark Tower

#### Salina Meadows

MedBest

#### Liverpool

- Attorney General
- Hospital Purchasing
- Stores
- PDC-Fiscal Services
- Managed Care & Business Development

The addresses shown above are internal/interoffice mail. This mail should be sent using interoffice envelopes and separated from regular outgoing first class mail when being sent through the Mail Center.

**Pharmacy Technology**—continued from page 1

patient have any drug allergies, is the medication's expiration date still valid, is the correct patient getting the correct medication?" Dr. Guharoy said. "If we can be aided by technology in these reviews, we are that much more accurate in our job."

A highlight of the new system is the carousel automated medication management system, manufactured by Omnicell Inc. of Mountain View, Calif. Instead of storing drugs on shelves, like many pharmacies, medications at University Hospital are stored in a carousel and organized with bar-code technology. When a medication is ordered, the pharmacist processes it after thorough clinical review. The carousel finds the correct drug and delivers it to the pharmacy assistant.

Another scan of the bar-code ensures that the drug taken from the carousel is indeed what the doctor ordered. When the drug is delivered to the floor it is checked again by the nurse before it is given to the patient. The bar-code system also interfaces with medication distribution units on patient floors.

For added security the system can only be accessed by certified users with password. Additionally, a database of all transactions can be accessed at any time.

The system not only enhances safety and reduces errors, but helps manage the drug inventory. "The new technology provides us with an instant analysis of drug usage, expiration dates and other vital information that enables us to implement a 'just in time' inventory system," Dr. Guharoy said. "As a result we are more efficient in ordering drugs and have less waste from having to dispose of outdated drugs."

Another significant upgrade for University Hospital's pharmacy is the addition of three separate "clean rooms" for mixing low, moderate and high-risk intravenous medications and chemotherapy drugs. A new federal regulation now requires hospitals to have manufacturing facility for preparation of intravenous admixtures using optimal sterile process and quality control. "This new regulation greatly reduces the possibility of medication errors and enhances the safety of those making the medications," said Dr. Guharoy, who noted that University Hospital processes about 1,000 intravenous drug orders daily. "This new set-up ensures patients that we are providing these medications in compliance with the most stringent regulations."

In addition to the technological safeguards, University Hospital clinical pharmacists actively monitor drug therapy



*Pharmacy assistant Sandra Krasniak processes a medication order using the carousel automated medication management system that is part of University Hospital new pharmacy located on the third floor of the hospital. The new system uses bar-code technology to reduce the risk of medication errors.*

of all patients and work with physicians to ensure that patients receive the best therapy during their hospital stay.

The pharmacy upgrade at University Hospital comes at a time when hospitals across the country are examining ways to reduce the risk of medication safety errors. University Hospital is an acknowledged frontrunner in this area, having been ranked as the best performer among academic medical centers in a national medication safety benchmarking project by the University Health Consortium.

University Hospital already has implemented the most advanced automated drug dispensing management system, manufactured by Pyxis Corp., of San Diego in all nursing units, operating suites and clinics. The system allows a triple checking process by which a medication order is reviewed by a pharmacist for accuracy and then rechecked by a nurse once the drug shows up on the dispensing cabinet console after review by the pharmacist. All dispensing cabinet stocking is done via bar code verification to ensure accurate storage.

"Medication safety is one of the most significant issues hospitals face today," said Phillip S. Schaengold, JD, interim executive director at University Hospital. "This significant upgrade of our pharmacy operations, and our past work on this issue, is a testament to our commitment to ensuring the safety of our patients."

University Hospital will soon implement computerized physician order entry throughout the entire institution, which will provide another level of safety for patients. CPOE, which requires computer entry of all physician orders, has the potential of reducing errors in a number of areas, especially those caused by illegible hand-writing.

**New Pharmacy Open House: Dec. 9, from 2 to 4 p.m., Third Floor, University Hospital**

**Wednesday, Nov. 30**

**Charles R. Ross Research Poster Session.** All day. Institute for Human Performance. Reception: 3 to 5 p.m.

**Student Research Day.** All day. Institute for Human Performance. Luncheon for Faculty and Students; Noon to 2 p.m.; presentations, 5 to 6 p.m. 318 Health Sciences Library; awards ceremony follows 1164 Wsk. Hall.

**Holiday Craft Fair and Bake Sale.** 6335 University Hospital.

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Otolaryngology Grand Rounds.** Brian Park, MD. 7 a.m. 6500 University Hospital.

**Workshop.** "Train the Trainer." 8 a.m. to 4 p.m. 305 Jacobsen Hall.

**Orthopedic Grand Rounds.** "Evolution of the Human Hand." Brandon Massey, MD. 8 a.m. 6500 University Hospital.

**Neuroscience Grand Rounds.** Helen Barkan, MD, PhD. 8 a.m. Marley Education Ctr.

**Pediatric Grand Rounds.** Allan H. Jobe, MD, PhD, Cincinnati Children's Hospital. 9:15 a.m. 6500 University Hospital.

**Health Sciences Library Tour.** Noon. First floor, Wsk. Hall. Meet at New Book area. Call 464-7192.

**\* Rev. Weez's Storytime.** Noon. Interfaith Chapel, University Hospital.

**NIH Wednesday Afternoon Lecture Series.** Tania Baker, PhD, MIT. 3 p.m. 318 Health Sciences Library, Wsk. Hall.

**Thursday, Dec. 1**

**Charles R. Ross Research Poster Session.** Institute for Human Performance.

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** "HIV Update 2005." Donald Blair, MD, Upstate Medical University. 8:30 a.m. 1159 Wsk. Hall.

**Biochemistry and Molecular Biology Seminar.** "A DNA-array Based Approaches to Analyze Replication Origins in Mammalian Cells." Chiharu Kumagai. 10 a.m. 2231 Wsk. Hall.

**Biochemistry and Molecular Biology Seminar.** "Influence of Transcription on Specification of Replication Origins." Seemab Shaikh. 10:45 a.m. 2231 Wsk. Hall.

**\* Devotions.** Noon. Interfaith Chapel, University Hospital.

**Psychiatry Grand Rounds.** George I. Papakostas, MD, Massachusetts General Hospital. 12:30 to 2 p.m. 713 Harrison St.

**Faculty and Staff Assoc. for Diversity Meet and Greet Welcome Reception.** 4:30 to 7 p.m. Medical Alumni Auditorium, Wsk. Hall.

**Friday, Dec. 2**

**Obstetrics/Gynecology Grand Rounds.** "Hormone Therapy and Cardiovascular Disease: Timing is Everything." Thomas B. Clarkson, MD, Wake Forrest University. 7:30 a.m. Marley Center.

**SUNY Upstate New Employee Orientation.** 8 a.m. to noon. East Lounge, C.A.B.

**Bioethics and Humanities Seminar.** Dave Pasinski, Hospice and Palliative Care of CNY. 11:45 a.m. Suite 406, 725 Irving Avenue.

**\* Mass.** Noon. Interfaith Chapel, University Hospital.

**SUNY Nursing Services Orientation.** 1 to 3 p.m. East Lounge, C.A.B.

**Comedy Performance by Dan Ahdoot.** 6:15 p.m. C.A.B. Door Admission: \$3.

**Saturday, Dec. 3**

**\* Mass.** 4 p.m. Chapel, University Hospital.

**Sunday, Dec. 4**

**\* Mass.** Noon. Chapel, University Hospital.

**Monday, Dec. 5**

**\* Communion Service.** Noon. Chapel, University Hospital.

**AA Open Meeting.** Noon. 4137 University Hospital. Call 463-5011.

**SUNY Nursing Services Orientation.** 12:45 to 3:30 p.m. East Lounge, C.A.B.

**Workshop.** "Understanding Compliance at University Hospital." 1 to 3 p.m. 205 Jacobsen Hall.

**Kirpalu Yoga Class.** 5 to 6:15 p.m. East Lounge, C.A.B.

**Tuesday, Dec. 6**

**Ski Helmet Sale.** Call 464-4773 for an appointment.

**Watcher Orientation.** 8 to 10 a.m. E6408 University Hospital.

**Workshop.** "Training for Directors, Managers and Supervisors: Counseling and Discipline." 9 a.m. to noon. East Lounge, C.A.B.

**Free Health Seminar.** "Attention: Snow Lovers." Maryann Fields, RN, Upstate Medical University. 10 a.m. to 5 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Weight Watchers at Work.** 11:30 a.m. to 1:30 p.m. 5303 Wsk. Hall.

**Workshop.** "I Don't Have Time to Come to the Library. Finding Those Elusive E-Journals." Noon to 1 p.m. 220 Health Sciences Library.

**\* Weekly Prayer Service.** Noon. Chapel, University Hospital.

**Workshop.** "Understanding Compliance at University Hospital." 1 to 3 p.m. 205 Jacobsen Hall.

**Department of Medicine Infectious Disease**

**Conference.** "Pertussis Vaccine for Adults: New Recommendations From ACIP." Joseph Domachowske, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

**Vascular Conference.** "Strategies in the Diagnosis and Management of PAD." 5 p.m. 6500 University Hospital.

**Free Health Seminar.** "If the Holidays Are So Great, Why Do I Feel So Bad: Minimizing Anxiety/Depression During the Holiday Season." 6 to 7 p.m. HealthLink, ShoppingTown Mall, DeWitt.

**Wednesday, Dec. 7**

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Otolaryngology Grand Rounds.** Amar Suryadevara, MD. 7 a.m. 6500 University Hospital.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Surgery Grand Rounds.** "Practice Parameters of Colorectal Cancer." David Carney, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** "MS Therapeutic Update." Fred Lublin, MD. 8 a.m. Marley Education Ctr.

**Workshop.** "The FISH Philosophy." 9 a.m. to noon. East Lounge, C.A.B.

**Pediatric Grand Rounds.** "Applying Lessons from Thalidomide: Avoid Repeating the Past." William O. Cooper, MD, MPH, Vanderbilt University Medical School. 9:15 a.m. 6500 University Hospital.

**Health Sciences Library Tour.** See 11/30 listing.

**Biochemistry & Molecular Biology Department Seminar.**

"Transcriptional Regulation of the Drug Transporter Gene PDR5 in *Saccaromyces Cerevisiae*." Chen Gao, PhD. Noon to 1 p.m. 2231 Wsk. Hall.

**\* Rev. Weez's Storytime.** See 11/30 listing.

**NIH Wednesday Afternoon Lecture Series.** Philippa Marrack, PhD., National Jewish Medical and Research Center. 318 Health Sciences Library, Wsk. Hall.

**Free Health Seminar.** "Save Your Skin: The Winter Version." Dona Ferguson, RN, Upstate Medical University. 3:30 to 4:30 p.m. HealthLink at ShoppingTown Mall, DeWitt.

**Burn Survivors Support Group.** 5 to 7 p.m. 6551 University Hospital.

**Free Health Seminar.** "High Tech Medicine: The Role of the daVinci Robot in Today's Surgery." Patricia Kuntz, RN, Upstate Medical University. 6 to 7 p.m. HealthLink at ShoppingTown Mall, DeWitt.

**Thursday, Dec. 8**

**Medical Grand Rounds.** Kiron M. Das, MD, PhD, UMGNJ-Robert Wood Johnson Medical School. 8:30 a.m. 1159 Wsk. Hall.

**Workshop.** "Healthcare Diversity Management." 8:30 a.m. to noon. East Lounge, C.A.B.

**\* Devotions.** See 12/1 listing.

**Psychiatry Grand Rounds.** Stephen Seligman, PhD, University of California at San Francisco. 12:30 to 2 p.m. 713 Harrison St.

**Free Health Seminar.** "The Health Benefits of Aerobic Exercise." Kevin Neville, PT, Upstate Medical University. 6 to 7:30 p.m. HealthLink at ShoppingTown Mall, DeWitt.

**Friday, Dec. 9**

**Obstetrics/Gynecology Grand**

**Rounds.** "Improving Contraceptive Outcomes." Adam Duhl, MD, Thomas Jefferson School of Medicine. 7:30 a.m. Marley Education Center.

\* **Mass.** See 12/2 listing.

**New Pharmacy Open House.** 2 to 4 p.m. Third floor, University Hospital.

**Patron Party for the 2005 Gala.** 7 to 8 p.m. Convention Center at Oncenter.

**2005 Gala: A Class Affair.** 8 p.m. to midnight. Convention Center at Oncenter.

**Saturday, Dec. 10**

\* **Mass.** See 12/3 listing.

**Sunday, Dec. 11**

\* **Mass.** See 12/4 listing.

**Monday, Dec. 12**

\* **Communion Service.** See 12/5 listing.

**AA Open Meeting.** See 12/5 listing.

**Workshop.** "It's All About Respect." 1 to 4 p.m. 205 Jacobsen Hall.

**Kirpalu Yoga Class.** See 12/5 listing.

**Tuesday, Dec. 13**

Weight Watchers at Work. See 12/6 listing.

**Workshop.** "InfoPoems and UpToDate." Noon to 1 p.m. 220 Health Sciences Library.

\* **Weekly Prayer Service.** See 12/6 listing.

**NIH Afternoon Lecture Series.** C. David Allis, Rockefeller University. 318 Health Sciences Library, Wsk. Hall.

**Department of Medicine Infectious Disease**

**Conference.** "Interferon Gamma Assays For tuberculosis Revisited." Frederick B. Rose, MD, Upstate Medical University. 4 p.m. 118 University Hospital.

**Vascular Conference.** "Case Presentations/Pre-op Conference." 5 p.m. 8800

University Hospital.

**Wednesday, Dec. 14**

**Anesthesiology Grand Rounds.** 7 a.m. Wsk. Hall Auditorium.

**Surgery Morbidity/Mortality Conference.** 7 to 8 a.m. 2231 Wsk. Hall.

**Otolaryngology Grand Rounds.** Joseph Smith, MD. 7 a.m. 6500 University Hospital.

**Orthopedic Grand Rounds.** 8 a.m. 6500 University Hospital.

**Surgery Grand Rounds.** "The role of Robotics in Urologic Surgery." Gabriel Haas, MD, Upstate Medical University. 8 to 9 a.m. 2231 Wsk. Hall.

**Neuroscience Grand Rounds.** Piera Pasinelli, PhD. 8 a.m. Marley Education Ctr.

**Pediatric Grand Rounds.** "The Treatment of Cystic Fibrosis: What's New, What's Next." Michael W. Konstan, MD, Case Western Reserve University School of Medicine. 9:15 a.m. 6500 University Hospital.

**Emergency Medicine Grand Rounds.** "Chest Pain, Syncope and Sudden Death Risk in the Teenage Patient." Craig Byrum, MD, Upstate Medical University. 11 a.m. to noon. 2231 Wsk. Hall.

**Interactive Trauma Conference.** Noon to 1 p.m. 2231 Wsk. Hall.

**Health Sciences Library Tour.** See 11/30 listing.

\* **Rev. Weez's Storytime.** See 11/30 listing.

**Holiday Happening.** 2:30 to 4 p.m. Second Floor Cafeteria, University Hospital.

**NIH Wednesday Afternoon Lecture Series.** John Hardy, NIA. 318 Health Sciences Library, Wsk. Hall.

**Faculty Organization Mtg.** 4 to 5 p.m. Medical Alumni Auditorium, Wsk. Hall.

**Medical College Assembly.** 5 to 6 p.m. Medical Alumni Auditorium, Wsk. Hall.

**Thursday, Dec. 15**

**Holiday Happening.** 5 to 6 a.m. Second Floor Cafeteria, University Hospital.

**SUNY Upstate New Employee Orientation.** 7 a.m. to 3:30 p.m. East Lounge, C.A.B.

**Medical Grand Rounds.** 8:30 a.m. 1159 Wsk. Hall.

**Seminar.** "The Art of Budget Review." Kathi Durdon, Welch Allyn, Inc. Lunch: 11:30 a.m. Presentation: Noon. 318 Wsk. Hall. R.S.V.P. to 464-5476.

\* **Devotions.** See 12/1 listing.

**Psychiatry Grand Rounds.** "The Role of Psychotherapy in the Future of Psychiatry." Eugene Kaplan, MD, Upstate Medical University. Noon to 2 p.m. 713 Harrison St.

**Friday, Dec. 16**

**Obstetrics/Gynecology Grand Rounds.** "Reproductive Health Update, Mood Disorders and Beyond." Joseph Sanfilippo, MD, Allegheny General Hospital. 7:30 a.m. Marley Education Center.

**SUNY Upstate New Employee Orientation.** 8 a.m. to noon. East Lounge, C.A.B.

\* **Mass.** See 12/2 listing.

**SUNY Nursing Services Orientation.** 1 to 3 p.m. East Lounge, C.A.B.

**Saturday, Dec. 17**

\* **Mass.** See 12/3 listing.

**Sunday, Dec. 18**

\* **Mass.** See 12/4 listing.

\* **Broadcast live from the Chapel on in-house Channel 40.**

Watch SUNY Upstate's news program *Upstate Magazine* on Staff Ed TV Channel 62 or by visiting <http://www.upstate.edu/edcom/upstatemag>

# The Holidays

*A Time for Sharing and Caring*



## JOIN US FOR HOLIDAY HAPPENING

University Hospital's second floor cafeteria

**Wednesday, December 14**  
2:30 to 4 p.m. (ice cream social)

**Thursday, December 15**  
5 to 6 a.m. (breakfast)

The "Happening" is free and open to all Upstate Medical University individuals.

Carolers will perform throughout patient care units.

The University Hospital second floor cafeteria will be closed on Wed., Dec. 14 from 1:30 p.m. to 5 p.m. for the Holiday Happening celebration.

### Rescue Mission Canned Food Drive (Dec. 5-15)

#### All Donations Appreciated!

SUGGESTIONS:  
Vegetables (peas, corn, yams)  
Soups  
Hard Candy  
Plastic Wrap  
Aluminum Foil

Please bring items to these locations:  
Jacobsen Hall Lobby  
UH 2nd Floor Lobby  
Weiskotten Hall Lobby  
250 Harrison, 4th Floor  
University Health Care Manlius  
UHCC Lobby  
CAB Lobby  
Silverman Hall Lobby  
PDC Liverpool Lobby  
550 Harrison Lobby  
Widewaters

*A Recognition Activity to Highlight Staff Excellence*

**Russell Barkley, PhD joins faculty**—continued from page 1

Dr. Barkley said ongoing research indicates that brain function—or lack of—is bearing out to be a significant factor in ADHD. Recent studies show that the brain in children with ADHD does not respond to certain kinds of stimulation, particularly unresponsive is the area of the brain that provides the stimulus to stop or halt a behavior or action.

“It is gratifying to be involved in the study of ADHD today, because we are making progress on so many fronts,” Dr. Barkley said. “Each day we understand more about the disorder and can be that much more helpful to the parents and their children afflicted with this disorder.”

Dr. Barkley, a member of the Attention Deficit Disorder Hall of Fame, has been honored for his work on ADHD by numerous organizations, including the American Psychological Association and the American Board of Professional Psychology.

As a professional advisory board member of the Attention Deficit Disorders Association, he has worked closely with parent support groups for families with ADHD children, and in 1987 founded the New England Attention Disorders Association.

In 1989, Dr. Barkley was named as chair of an American Psychological Association task force examining the appropriate role of psychologists in prescribing psychoactive medications to children.

Prior to joining the Medical University of South Carolina in 2002, Dr.

Barkley served as professor of psychiatry and neurology at the University of Massachusetts (1985 to 2002), where he founded and supervised the university’s ADHD clinical research program. He also was on the faculty of the Medical College of Wisconsin and served as a child neuropsychologist at Milwaukee Children’s Hospital (1977 to 1985).

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“Dr. Russell Barkley is arguably the world’s expert on Attention Deficit Hyperactivity Disorder.”

—James Hudziak, MD  
University of Vermont

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Dr. Barkley’s research, funded largely by the National Institutes of Health, has looked at many issues related to ADHD, including treatments, interventions, family conflicts with ADHD adolescents and the adult outcome of ADHD children. He also has served as principal investigator on a number of studies assessing the driving skills of ADHD teens and adults.

Dr. Barkley is a prolific writer on ADHD, having authored dozens of book chapters and 17 books. *Taking Charge of ADHD*, has been cited as one of the most valuable resources on

this subject. In addition to his books, Dr. Barkley has published more than 100 scientific papers.

“Dr. Russell Barkley is arguably the world’s expert on Attention Deficit Hyperactivity Disorder (ADHD),” said James Hudziak, MD, a leading ADHD researcher and professor and director of the child and adolescent psychiatry and behavioral genetics at the University of Vermont. “Dr. Barkley is a great clinician, researcher, and author who will add expertise to an already strong child division, particularly in concert with his long time colleague, Michael Gordon, PhD. He will undoubtedly generate new research projects and findings, but almost more importantly will serve as a mentor for young scientists on the SUNY Upstate campus.”

Dr. Barkley’s appointment to SUNY Upstate and that of Stephen V. Faraone, PhD, announced Jan. 14, brings to campus two of the most celebrated minds in ADHD. They join a psychiatry department that is already seen as a leader in the field.

“To have Dr. Barkley, Dr. Faraone and Dr. Gordon on the faculty of the same department enhances our research focus by leaps and bounds,” said Mantosh Dewan, MD, professor and chair of the Department of Psychiatry at SUNY Upstate. “These researchers, working in collaboration, are poised to make even more significant progress in understanding and treating ADHD.”

**Note: Contact the Human Resources Department for address changes and corrections.**

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**Upstate Update** is published by the Public and Media Relations Department at SUNY Upstate Medical University, Syracuse, NY. To submit news or calendar items, contact editor Doretta Royer, Fourth Floor, 250 Harrison Street, 464-4833; e-mail: royerd.

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