1/21/21 – MS1 Schedule Update

Hello MS1 students.

I hope the spring semester is going well for you thus far.

In response to the mandate by SUNY to eliminate Spring Break due to the COVID Pandemic, the MS1 class schedule has been modified. In brief, Unit 7 will start a week earlier and some content from Unit 8 will be moved into Unit 7. Unit 7 and 8 exams will remain as scheduled. Instead of spring break, you will have time off throughout the weeks of units 7 and 8.

Here are the specifics:

- The three vitamin/mineral lectures (Vitamins, Minerals by Dr. Lane; Clinical Correlations by Dr. Schurman) will be moved from Unit 8 into Unit 7.
- These lectures will be updated with Unit 7 lecture numbers (e.g. 7-4) and their related course objectives will be moved from Unit 8 to Unit 7.
- These topics will be included on Unit 7 quiz & exam (questions and points).
- Unit 8 will make appropriate adjustments to their Learning Objectives and Grading Rubric.
- QPR (suicide prevention) training sessions will be held during the first week of Unit 7.

To provide breaks from your classes, and time for rest and relaxation, you will have a half day off on Friday, April 23 and the following full days off:

- Monday, March 8
- Friday, March 26
- Friday, April 9
- Thursday, May 6

We trust that you will use the breaks responsibly, following all recommended guidelines for limiting the spread of coronavirus, as you do on your school days. This includes wearing a mask, not eating, and maintaining physical distance while around anyone other than your daily housemates, washing hands frequently, and limiting the size of gatherings. We encourage you to stay local over these long weekends, but if you do travel, you are urged to follow the aforementioned guidelines around friends or family and also you must adhere to any post-travel requirements. Keep up-to-date on those by reading your Upstate emails.

Best wishes!

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