

# UPSTATE MEDICAL UNIVERSITY

## Undergraduate Medical Education Newsletter

November  
2020

*Improve the health  
of the communities  
we serve through  
education,  
biomedical  
research and  
health care.*



### Letter from the UME Office

*The UME Office is responsible for managing, coordinating and evaluating the medical school curriculum.*

[www.upstate.edu/ume/](http://www.upstate.edu/ume/)



Greetings from the UME Office!

As I write this, the Binghamton students are temporarily suspended from clinical settings and I am in Florida – both due to the coronavirus pandemic. Broome County experienced a significant spike in coronavirus cases over a few weeks period, which included many healthcare workers, prompting the local hospitals to limit visitation and student participation. Florida also experienced a spike in cases, which included my 80-year-old mother.

These situations are reminders of the need to be vigilant with the recommendations for minimizing coronavirus transmission, both in our workplace and personal practices. The number of cases in Broome County is decreasing again and hopefully the students will have returned by the time this newsletter is released. However, this pandemic is a marathon, not a sprint. We likely will be wearing masks and limiting gatherings for many months, and we may have stops and starts of various clinical activities – but we will work to ensure that our students meet their educational goals and objectives, and feel ready for residency when that time comes. Together we can stay Upstate strong!

I have been trying to manage my mother's care from a distance – there was no visitation for patients in the hospital COVID unit, nor in the rehab facility. I wish that an attentive medical student had cared for her, one that read her whole chart thoroughly and pointed out to the team elements in her medical history that might complicate her current situation, one that noticed that her skin was breaking down from not moving in her bed, or one that offered to call her family each day to update us on her condition.

I am proud to read the letters that patients regularly write about our Upstate students and the care and compassion that they provide. I am also proud of our dedicated and talented faculty who day after day deliver quality care to our patients while training our students to do the same. I urge each of you to continue to provide the high value care that you do – your patients and their families are counting on you!

Sincerely,  
Leann Lesperance, MD PhD FAAP  
Associate Dean for Undergraduate Medical Education



For questions regarding this publication, please contact Susan at [AndersSu@upstate.edu](mailto:AndersSu@upstate.edu)





# Phase 1

It is great to be in the middle of the fall semester with the leaves changing and falling. With the changing of the seasons, our thoughts turn toward Thanksgiving and the winter holidays, please; **Be responsible ... wear a mask ... social distance ... travel safely!**

Everyone is getting adjusted to the pace of studying in the units and longitudinal courses in both the MS1 and 2 years.

MS2 students, we know the Step 1 exam is weighing on many of your minds. We have been working with the Academic Success office to help you through this process and continue to work to establish better predictors which will help students through this process earlier. Know that Course Directors and faculty are here to help you in any way possible to ensure your success. Please take advantage of the Individual Step 1 Advising appointments with faculty and staff that are available.

MS1 students, we hope that your first year has been successful and enjoyable this far. Start considering the various options you have for the summer; clinical shadowing, research, or spending time at home. We encourage you to seek out these opportunities. As we close out the year, make sure you are planning ahead for assignments in your longitudinal courses and units. Spring can be a busy time of year, be prepared.

## Updates/Reminders

- Reach out to University support for study or wellness concerns – we have many resources.
- Course Annual Reviews continue on a rolling basis. Phase 1 Meetings hold annual reviews of courses throughout the year. Peer Reviewers and Class Officers provide additional feedback to each unit.
- It is vitally important that you attend course introductions so that you don't miss important pieces of information. Directors and Thread Leaders use this time to illustrate the expectations of each unit – which are not alike. At a minimum, be sure to check out the course introduction ppt uploaded to the “course overview” section on each blackboard site.
- The Undergraduate Medical Education Office is located in SET 4508, and is currently open five days a week. In addition, there are virtual office hours available if you need to meet with someone.





## What's New in Phase 2

Dear students, faculty, and staff,

Congratulations to our fourth-year students, having successfully submitted their ERAS residency applications on October 21! We wish you all many interview offers and a successful residency interview season!

In clerkships, our third-year students have been diligently working in the clinical realm, which has the added challenges caused by COVID such as less plentiful patient care interaction opportunities, more difficulty finding work and study space, and a more rapid clerkship pace (this year the in-person time on clerkships is 20% shorter than usual). Our students and educators continue to inspire us, as they have remained flexible and continue to adapt and learn however possible. We are sad to have seen cases rise in Broome county and our Binghamton campus students pulled from their clinical rotations. We are working toward continuing their education and getting them back into patient rotations as soon as possible. We want to keep all our clinical students safely in their rotations, as we consider them essential to the healthcare force. Soon enough they will be in residency, and their clerkship experiences are critical to be able to choose their career path and care for patients.

We know this is a challenging time, and we thank you all for your continued flexibility, adaptation, and motivation! We continue to be proud of the entire Upstate team since the COVID pandemic was declared, including all faculty, staff, and students.

Matt Mason, MD

Assistant Dean for Clinical Sciences





# Tech Corner

## Testing

### NBME

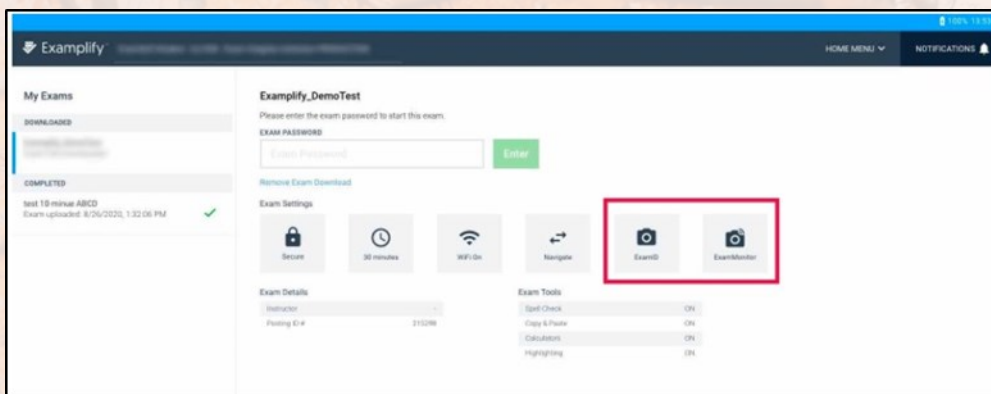
Calling all MS3 students!! NBME will be doing a pilot program for testing with iPads. If anyone is interested in taking their clerkship exam on an iPad, please let me know as soon as possible so I can set up the logistics. [dennistc@upstate.edu](mailto:dennistc@upstate.edu)

### Exemplify

Testing from the technology side seems to be going well. I will give everyone some tips to knowing when you need to do security checks (360 view and mirror) and when you do not.

Once you have downloaded the exam, you will see the Exam information. If you see Exam ID AND Exam Monitor, you will have to complete the facial recognition and the exam will be recorded. If you only see Exam ID, you will have to complete the facial recognition portion only. If neither are there, you can just enter the test without having to complete anything.

Regardless of these, you always have to maintain exam integrity.



## Student Access

I am so excited to reveal to you the Request Access section of our website. Students can now find all the information they need on the COM Student Resources page under "Request Access". You can learn out how to gain access to Epic, PACS/Synapse, Remote Access, Haiku, Canto and much more. Please note that access will only be granted to those that have a valid request.

[https://www.upstate.edu/ume/com\\_students.php](https://www.upstate.edu/ume/com_students.php)

Please also see the newly updated Research Portal for logging your research projects, awards and publications. <https://www.upstate.edu/comorms/intra/index.php>

## Compliance

Please make sure that you are up-to-date on all of your compliance items for Upstate and any of our affiliated hospitals (VA, Crouse). This includes but is not limited to: Annual Health Assessments, Annual Flu Vaccines, RTK and SAW trainings, etc. If you have any questions regarding whether you are required to be compliant in an item, please contact Colleen Denniston in the UME office at 315-464-5190 or at [dennistc@upstate.edu](mailto:dennistc@upstate.edu).





## Tech Corner (continued)

### Osmosis Items – Weekly deadline

Please remember that the Osmosis items are due on **Sundays at 12 noon** due to the server processing issues. We encourage you to have them completed earlier in the week if possible. Additionally, use the rest of Sunday as a re-charge and start back with questions on Monday. If you have questions on whether your items were counted, contact Colleen Denniston in the UME office.

### Outlook Migration

The Academic offices have recently migrated to Outlook and are fully functional now with Outlook and Office 365 capabilities. The UME office staff are using the Teams and Webex integrations to their fullest. We are learning new tricks with Outlook every day. It is a great program with many features and we are looking forward to having the whole campus converted.



## UPDATE FROM THE OFFICE OF ACCREDITATION

At its October 13-14, 2020 meeting, the Liaison Committee on Medical Education (LCME) reviewed the status report submitted on August 17, 2020 on behalf of the medical education program leading to the MD degree at Upstate Medical University College of Medicine.

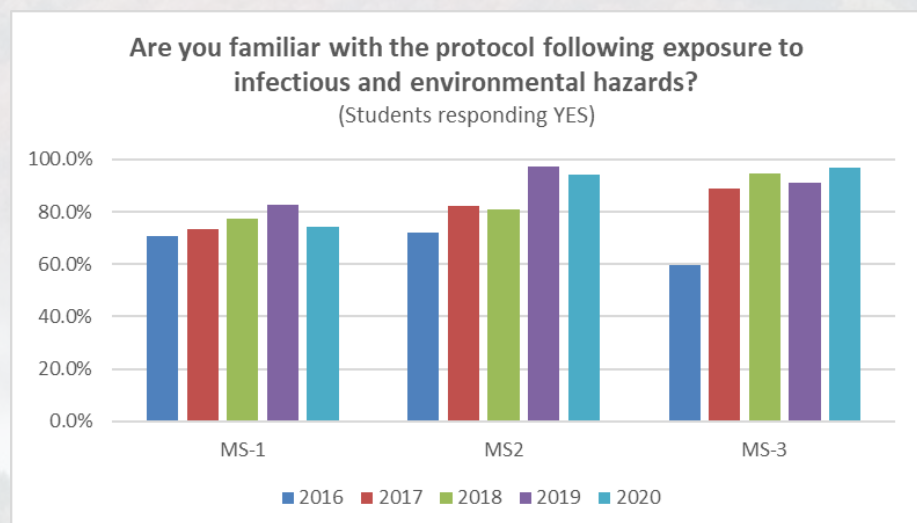
In order to maintain accreditation, Upstate must be in compliance with the 12 standards and the accompanying set of elements specifying the components that collectively constitute the standard. The August 17, 2020 status report addressed Upstate's performance in the following elements: Element 3.3 (diversity/pipeline programs and partnerships), Element 7.1 (biomedical, behavioral, social sciences), Element 9.7 (formative assessment and feedback), Element 9.9 (student advancement and appeal process), Element 11.2 (career advising), Element 12.1 (financial aid/debt management counseling/student educational debt), Element 12.5 (non-involvement of providers of student health services in student assessment/location of student health records), and Element 12.8 (student exposure policies/procedures).

Upstate was found to be in compliance with all 12 LCME standards, but will require monitoring in two elements: Element 11.2 (career advising) and Element 12.1 (financial aid/debt management counseling/student educational debt). Plans have already been implemented to address these areas, and we will continue to focus on how to show progress toward achieving full compliance with these two elements for the April 1, 2021 status report.

For more information on the LCME, check out their website [www.lcme.org](http://www.lcme.org).

### Infectious & Environmental Hazards

On the end-of-course and end-of-clerkship evaluations, students are asked about their familiarity with the protocol following exposure to infectious and environmental hazards?



#### Upstate's Policy on Student Occupational Health Exposure

<https://upstate.ellucid.com/documents/view/3042>

#### Upstate's Policy on Blood Body Fluid Exposure Follow-Up

<https://upstate.ellucid.com/documents/view/3041>

### POLICIES & PROCEDURES—WHERE ARE THEY WHEN YOU NEED THEM?

<https://www.upstate.edu/ume/procedures.php>







## AAMC Y2Q Student Questionnaire

One very important survey that was recently sent to the MS2 students by the AAMC was the 2020 Year 2 Questionnaire (Y2Q). 24.7% of the class has completed the survey.

This is so important that we're going to provide you with an incentive! If at least 75% of your class completes the survey by Thanksgiving, my office will donate \$300 to your class funds. If you get to 90% by the end of the calendar year, you'll realize an additional \$200.

The survey is completely anonymous and we will only receive the data from the AAMC in aggregate. If you have any questions about the survey, please contact the AAMC directly Y2Q@aamc.org

Lawrence Chin, MD,  
Dean, College of Medicine

## Y2Q Questionnaire

The current response rate to the 2020 AAMC Year 2 Questionnaire (Y2Q) for Upstate Medical University:

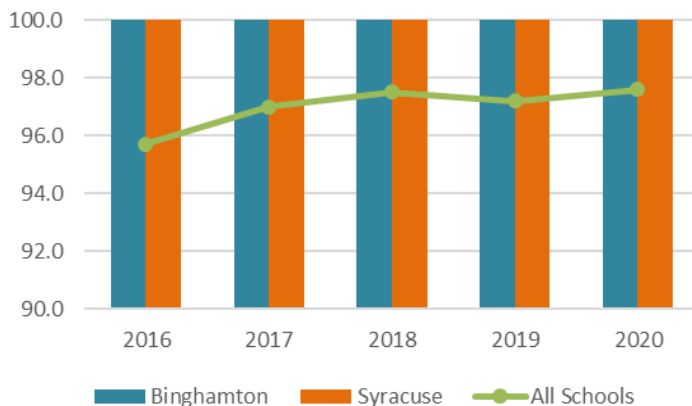
	Total	Percent
Completed	40	24.7%
In Progress	8	4.9%
Not Started	114	70.4%
Total Eligible	162	100%

The survey is open through January 3, 2021.  
If you are missing your unique Y2Q link, contact  
Y2Q@aamc.org directly.

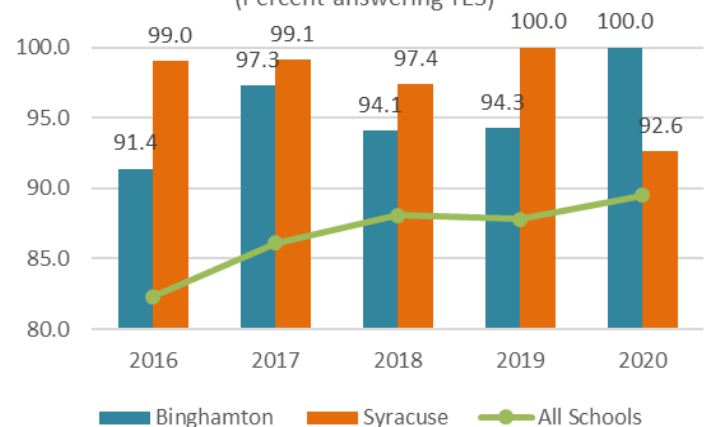
## MISTREATMENT DATA ON THE AAMC GRADUATION QUESTIONNAIRE AND Y2Q

Consistently, 100% of our graduating students indicated on the GQ that they were aware that Upstate has a Mistreatment Policy, and for the class of 2020, 100% in Binghamton and 92.6% in Syracuse knew the procedures for reporting mistreatment! The 2017 Y2Q results of our 2nd year medical students were also encouraging with 100% of our students aware of Upstate's Mistreatment Policy and 94.8% aware of mechanisms for reporting mistreatment. The Mistreatment QR code is in every syllabus and on the cards handed out at all orientations. You can always type "mistreatment" in the search bar of the Upstate website to give you the link for the policy and procedures. <https://www.upstate.edu/currentstudents/support/rights/mistreatment.php>

Are you aware that your school has policies regarding the mistreatment of medical students? (Percent answering YES)



Do you know the procedures at your school for reporting the mistreatment of medical students? (Percent answering YES)



### Year 2 Questionnaire - GQ MISTREATMENT POLICIES & PROCEDURES CLASS OF 2020

Are you aware that your school has <b>policies</b> regarding the mistreatment of medical students? (Percent answering YES)	2017	2020
Upstate	100.0	100.0
All Schools	89.8	97.6
Do you know the <b>procedures</b> at your school for reporting the mistreatment of medical students? (Percent answering YES)	2017 Y2Q	2020 GQ
Upstate	89.5	94.8
All Schools	68.6	89.5

## STUDENT COMPLAINTS

Any student who would like to register a complaint regarding Upstate Medical University or any of its schools or colleges may file a formal complaint with the Dean of Student Affairs within 90 days of the occurrence or event giving rise to the grievance. Please fill out this electronic form.

[http://cfbanner.upstate.edu/forms/index.cfm?action=NEW&type\\_id=6](http://cfbanner.upstate.edu/forms/index.cfm?action=NEW&type_id=6)





## Gold Stars

In efforts to monitor positive influences on the learning environment within the College of Medicine, the Office of Undergraduate Medical Education website has a "Gold Star" function that allows faculty, students and staff to highlight individuals who have enhanced their experience on campus.

**"Gold Star" Reports can be filled out by students, faculty, or staff** to nominate those who demonstrate exemplary professional behaviors or contribute to a positive learning environment. Nomination link: <http://www.upstate.edu/currentstudents/support/rights/mistreatment.php>

**We would like to congratulate the following for recently receiving Gold Star nominations from students:**

**Ashley Arnold, Joslin Diabetes Center**

Ashley goes above and beyond to help our patients! Her dedication to responding to their needs is fantastic! Always willing to do whatever is asked-a real team player! Our patients are so Lucky to have her! I am truly grateful!!

**Adam Blanden, Neurology**

Adam is one of the best teachers I've had. He loves teaching and he really takes time to talk to medical students and discuss about difficult topics. Adam took the time to teach me how to write succinct notes and call consults when I was struggling with notes and calls during my first week of inpatient internal medicine clerkship, which was extremely helpful. He also took time during busy daytime to teach us neuro physical exams, high yield topics like hyponatremia, and clinical pearls. He is very knowledgeable and always ready to share. My clinical exam skills and reasoning skills improved so much during the short 2 weeks with him. He is always patient and humble with students, coworkers, and patients and a wonderful person to work with. I'm very thankful to be placed with Adam during IM!

**Daniel Jaeger, Cell & Developmental Biology**

As an MS3 at the Binghamton Clinical Campus, I still get updates and emails from Dan checking in on me and making sure I am doing well. He has gone above and beyond what has been expected of him in his role in the anatomy lab. He is always a friendly, comforting face that has made my experience at Upstate a great one.

**Jocelyn Lavier, Materials Management Warehouse**


Jocelyn has assisted Joslin in getting supplies needed in a short time frame. She has gone above and beyond in making sure our order comes on time and that they get everything they need.

**Tracy Pileski, Supply Chain Optimization**

Tracy has assisted Joslin in getting supplies needed in a short time frame. She has gone above and beyond in making sure our order comes on time and that they get everything they need.

**George Stanley, MD, Obstetrics and Gynecology**

I want to commend Dr. Stanley for being very welcoming into the operating room, and allowing me to participate. He put me at ease and was very forthcoming about the procedure, and provided a great atmosphere for me to learn. The best OR experience I have had to date.

More  on the next page...





## Gold Star Submissions continued...



### **Adesh Tandon**

Dr. Tandon was an absolute joy to work with. Despite being a very successful and busy neurosurgeon, he took the time to get to know his students. He was incredibly approachable and demonstrated willingness to teach and help students in whatever way he could. He was very receptive to questions and engaged with thoughtful discussions with students.

### **Prashant Upadhyaya, MD , Surgery**

Dr. Upadhyaya is an excellent example of what teaching in medicine should be. He has a kind and laid-back demeanor, while being an outstanding surgeon. It's obvious he loves to teach, making every effort to keep me engaged as a medical student. He is always open to questions and does a great job of explaining things. It has been a pleasure to work with him.

### **Digant Nanavati, MD, Family Medicine**

Dr. Nanavati has many positive qualities as a physician, mentor, and individual, but I would like to draw attention to something that personally impacted me while under his tutelage. About a decade ago, I had the privilege to shadow a wide range of physicians as a high school student and peek my head behind the curtain of medicine. There were a select few that truly loved to teach, and they took the time to share with me their zeal for patient care. Dr. Nanavati is one of those physicians that reinvigorates your love of medicine from the second you step into his office. He approaches each patient like family and thrives off the connections he fosters from generation to generation. People pursue the field of medicine for many reasons, but I believe the best physicians are simply addicted to the act of helping others, as corny as it may sound. Dr. Nanavati goes beyond the border of medical care and reaches into people's lives in the genuine pursuit of betterment. He sees 40-60 patients a day while remembering when their daughter is to be married, whether their financial wellbeing is secure, and if they are dealing with any psychosocial inhibitors to their holistic health. He extends this policy to everyone around him, whether it be employing one of his employees' family members or taking an unsolicited effort to help one of his students with their physical wellbeing. Dr. Nanavati does it all while smiling and elegantly communicates these lessons to his students with the glance of an eye or a word in their ear before they enter the room. He allowed me to share his love for family medicine in an altruistic way that few physicians take the time to do. Dr. Nanavati deserves recognition for fully exposing his students to the art of medicine while teaching them the intricacies of care in a technical and personal way.

### **Melissa Nelson, MD, Pediatrics**

Dr. Nelson is one of the most wonderful attendings I have had the opportunity to work with as a medical student. She balances the management of a regional NICU with the greatest dedication to teaching I have seen. She is always positive and kind, and makes every effort to provide a safe and supportive learning environment. During the afternoon, after rounds she took us to the conference room to provide a lecture and explanation on any topic of our choice. These on the fly teaching sessions were immensely informative and showed her significant breadth of knowledge. One afternoon we discuss fluids and nutrition in NICU infants. She took the time to explain the components of standard TPN and how the formula could be adapted for each infant's needs. She taught us how to calculate the total fluids and flow rate for an infant, and how to advance nutrition as the infant aged. We then were able to go through several examples where she helped us calculate fluid needs for infants in the NICU. Throughout the course of my time in the NICU, Dr. Nelson held several of such teaching sessions which were appropriate, concise, and very helpful. During rounds she would encourage us to make active decisions for our patients and think critically about goals of care and orders we would like to make for the day. I am extremely grateful to have been able to work with Dr. Nelson and hope someday, when I become an attending, I can emulate her eagerness and dedication to student education.



## Greetings from the Office of Evaluation, Assessment and Research



MS2 Students: Congratulations on completing your Gateway exam. Did you know that our office helps run the analytics to ensure your Gateway score is an important and relevant piece of data for you to have as you prepare to study for Step 1? If you have questions about your Gateway score, or would like advice on how to interpret the results, please contact Mary Ann Grandinetta, [AcademicSupport@upstate.edu](mailto:AcademicSupport@upstate.edu)

MS4 students: As you plan your away electives, we hope you'll make use of the MSIV Away Elective Survey Report: <https://www.upstate.edu/com/pdf/intra/away-electives-feedback.pdf>

Additionally, each year we collect the names and non-Upstate email addresses of recent graduates who have graciously agreed to help advise and guide current forth years as you start navigating the match process. Dr. Maimone has the list of contact information.

We want to thank you all for diligently and thoughtfully completing your MedHub evaluations of faculty, presenters, residents, and courses/clerkships. Already this year, there have been thousands of evaluations completed! These evaluations play a critically important role in continuous quality improvement of our curriculum.

We are in the process of beginning course and clerkship annual reviews, during which each course and clerkship will review student performance and evaluations from the prior year. During this process, faculty, staff and College of Medicine leadership pour over your evaluations and use your feedback as they begin to plan for the year ahead.

MS3 Students: We hope your clerkship year is going well! We are always working to ensure comparability between the two clinical campuses. Included in that initiative are three reports we have shared with the Phase II committee. The first is the annual clerkship comparability report where we compare overall student performance in the SPE, clinical evaluations, and shelf exam between the two campuses. Secondly, we have produced an in-depth report looking at clinical evaluations between the campuses, examining student performance on each individual domain on the clinical evaluation form. Finally, we have shared a report on SPE comparability, examining differences in student performance on each history, physical, and communications checklist item between the campuses.

As always, please feel free to reach out to us with any questions or concerns.

Dr. Lauren Germain: [germainl@upstate.edu](mailto:germainl@upstate.edu)

Ms. Josie Suser [suserj@upstate.edu](mailto:suserj@upstate.edu)



# IPE (Interprofessional Education) and Communication Thread Director's Corner

## University Interprofessional Sessions

Upstate 101 kicked off this year on September 16, 2020 with a new look and a new focus on creating connections! As we have spent this unprecedented year adapting our programming to fit new restrictions to reduce the spread of COVID, we on the IPE team have been thinking even more about how the need for social distancing should not lead to reducing student connectedness both with each other and with the University.

We asked the student body from the Colleges of Health Professions, Medicine, Nursing and Graduate Studies to help us adapt our new program. We are thankful for the energy and creativity of this sensational student team of advisors:

COM- MS2: Kristina Boucher; Michelle Chisdak; Kristina Dolan MS2; Richard Musacchio;  
and Aria Soltani

CON- FNP: Keith Hornbrook and Elizabeth Tenney-Domanski

CHP: Alexis Marchitte

These students heavily re-directed this session and contributed to the small group discussion prompts. They really wanted to engage all participants in connecting on the theme of how each individual has contributed to teamwork in the past and how they might define the characteristics of a great team member.

Upstate 101 was well attended by 158 students and 34 facilitators, creating small groups of 6 in total to engage in conversation through guided questions designed by this student advisory team. *The icebreaker question: "What do you think you bring to the table that will help make you a good healthcare provider or member of a team?"* and the question *"What can you do to promote a highly successful team culture?"* drew stories and shared perspectives from students regarding good communication and listening skills, being able to hear what matters for their patients, and being able to exemplify strong character traits such as being "genuine", "honest", and being able to work well with others.

The Deans of all four Colleges at Upstate attended this virtual session as well to represent their commitment to connecting students and creating a welcoming community at Upstate. We thank each of the Deans for their important contributions to interprofessional education at Upstate: Dean Tammy Austin-Ketch (CON); Dean Katherine Beissner (CHP); Dean Mark Schmitt (CGS); and Dean Lawrence Chin (COM)!

On October 26, 2020 the Case-based study also launched on the virtual platform to engage students and facilitators in a progressive, guided case-based study to learn how the various healthcare professionals may approach the care of this patient in their healthcare setting. Students will learn how the members of each profession learn their skills, and receive their training and they will discuss how this helps shape the approach to this particular patient's care as the case progresses. This case opens the dialogue to learn from and with each other across the various healthcare professions. As students learn more about each other, this can help to encourage connections in the healthcare team and encourage a patient-centric focus on the continuum of care this patient receives as the case unfolds.

We welcome student engagement, feedback and contributions to our learning platform! Please do contact Dr. Angela Wratney at [wratneya@upstate.edu](mailto:wratneya@upstate.edu) if you wish to participate.



## IPE (Interprofessional Education) and Communication Thread Director's Corner (continued)

### Training in Facilitation Skills

Our IPE team leaders, Carol Ann Kozik (CON), Angela Wratney (COM), Carol Recker-Hughes (CHP) and Darren Carboni have partnered with the Academy of Upstate Educators to deliver Faculty Development training workshops focused on further development of facilitation skills. Throughout your education, you may be exposed to various teaching styles (which is a good thing!) The use of facilitation can be a good fit for some, but not all methods of learning. Facilitation is best used when team members can engage with the content from different perspectives and perhaps spend time developing the ideas shared, re-model thinking, and create collaborative relationships among participants. The sessions do not always develop closure or consensus, in fact, some of the best sessions can be complex and continue to generate ideas and create ways to communicate and share ideas that may conflict, so as to elaborate on various viewpoints. This can be demonstrated when "you leave the class still thinking about or talking about the content or discussion." Facilitation skills are pretty useful in nearly every situation, and throughout your career, as these skills help to build dialogue and active listening skills. We know that you will continue to develop your facilitation skills in some of your coursework this year.

**Communication tip:** We really liked these four facilitator skills and hope that you can use these as a student in your group discussion sessions. Try them out! Watch the impact you will have on the ability you have to understand the viewpoint of another group member as well as to positively contribute your own viewpoints to the discussion.

With credit to Dr. Carol Ann Kozik DNS FNP\_BC team lead for the College of Nursing for preparing this excellent table of key tips below.

<b>Paraphrasing (reflecting)</b>	Using your own words to clarify. Keep it short, validate feelings	"So, you're thinking that..." "You sound disappointed that...."
<b>Inquiring</b>	Asking a question that encourages the other group member to expand on what has been said, or to invite other perspectives.	Can you give some specific examples of ...?" "What led you to this conclusion?" "Did anyone come up with a different conclusion?"
<b>Summarizing</b>	Offering observations on an entire thread of a discussion to highlight recurrent themes or ideas	Based on our conversation, what are we thinking so far? If we had to pick two themes from this dialogue, what would they be?
<b>Appreciating</b>	Noting specific insights and the value of another members' contributions.	"Thanks for saying that. No one had mentioned that before." "Thanks for that contribution. It is not easy to share such a personal experience. That was very courageous." " I appreciate your offering a different view."

Angela Wratney MD College of Medicine IPE Team Lead



# EXCEPTIONAL MOMENTS IN TEACHING



**Digant Nanavati, MD**, is clinical assistant professor in the Department of Family Medicine. He is the **September 2020** Recipient of the **Exceptional Moments in Teaching** honor.

## COMMENTS FROM DR. NANAVATI'S STUDENTS:

*"Dr. Nanavati is very knowledgeable and passionate about family medicine—committed to his greater Syracuse community at large."*

*Dr. Nanavati proved both an exemplary mentor and educator, offering daily teaching points and treating me as his colleague and not just a trainee. An extraordinary experience."*

*"Dr. Nanavati truly cares about his patients, students, and staff. He is a role model for future physicians, as he goes above and beyond for his patients. He takes initiative to teach students about both medicine and about life as a physician. Dr. Nanavati passed on many pearls that I plan to utilize in my career to give my patients the best care possible."*

*"Dr. Nanavati's relationships with his patients speak volumes about his abilities as a physician and his caring nature. He is exactly the type of physician I aspire to be in the future."*

*"Very supportive of student learning. Incredible teacher; teaching style leads to great comfort in talking with patients. Worked with my strengths to develop areas of improvement. Wonderful with patients. Truly a role model"*

The College of Medicine recognizes exceptional teachers with the monthly "Exceptional Moments in Teaching" program. Honorees are selected via student assessments from courses and clerkships. Recognized teachers—including medical faculty, residents, nurses and other educators—are those who challenge students and provide an exceptional learning experience.



STATE UNIVERSITY OF NEW YORK

**UPSTATE**  
MEDICAL UNIVERSITY

COLLEGE OF MEDICINE

October  
2020

# EXCEPTIONAL MOMENTS IN TEACHING



## **Roseanna Guzman-Curtis, MD, MPH**

is an Assistant Professor of Surgery in the Department of Surgery. She is the **October 2020** Recipient of the **Exceptional Moments in Teaching Recognition**.

### **COMMENTS FROM DR. GUZMAN-CURTIS' STUDENTS:**

*"Dr. Guzman has been a dream to work with and learn from. I feel incredibly lucky to have had the opportunity to work closely with her. She quickly became someone I want to continuously strive to be like in every sense. Her dedication to her patients, her knowledge and expertise are exemplary. I appreciate her consciously creating opportunities for me to perform certain procedures as well as her patience while I learned from my mistakes. I couldn't have asked for a better role model as I move forward. She is a major reason why I am now very interested in pursuing general surgery in the future."*

*"Even in her busy role as course director, Dr. Guzman-Curtis takes the time to get to know each student individually. This allows her to ensure that each student has an experience on the surgery clerkship that enhances the skills required of both surgery and their future specialty. Through compassion, interest, and a genuine love of teaching, she is creating better physicians. Working with her on the trauma surgery service was a transformative experience. I continue to be inspired by her leadership skills."*

The College of Medicine recognizes exceptional teachers with the monthly "Exceptional Moments in Teaching" program. Honorees are selected via student assessments from courses and clerkships. Recognized teachers—including medical faculty, residents, nurses and other educators—are those who challenge students and provide an exceptional learning experience.



[www.upstate.edu/ugme/exceptionalteacher.php](http://www.upstate.edu/ugme/exceptionalteacher.php)



# EXCEPTIONAL MOMENTS IN TEACHING



**Michael Kuhn, MD**, clinical instructor of Medicine at SUNY Upstate Medical University. He is the **November 2020** Recipient of the **Exceptional Moments in Teaching Recognition**.

## COMMENTS FROM DR. KUHN'S STUDENTS:

*"Dr. Kuhn is one of the best attendings I have ever worked with. He treated us all as full members of the team and took time to mentor us not just about clinical medicine but also about leading happy and productive lives in medicine as a whole. He is extremely compassionate at the bedside and taught us at every opportunity despite his workload."*

*"Dr. Kuhn cares about student education. From the first day we worked together, one of his primary concerns was teaching us students and finding educational cases. He set clear expectations of us. He was active in involving students in medical procedures, which is hugely appreciated. He conducted a one-hour shelf review session, which was interactive, informative and fun. He was also a great physician and would spend extra time with patients who needed it (e.g. one family was concerned about the frequent change in doctors and had many questions, so Dr. Kuhn spent 40-plus minutes with them to help settle concerns and clarify treatment goals). Overall, great attending to work with. He was always kind and a positive role model. It will be a pleasure to work with him again."*

The College of Medicine recognizes exceptional teachers with the monthly "Exceptional Moments in Teaching" program. Honorees are selected via student assessments from courses and clerkships. Recognized teachers—including medical faculty, residents, nurses and other educators—are those who challenge students and provide an exceptional learning experience.





**Please join me in congratulating the newly elected members from the Class of 2021 into the AOA Upstate Gamma Chapter.**

Nathan Arboleda  
Christopher Bartlow  
Thomas Bedard  
Justin Durland  
Benjamin Fuller  
Vasiliki Giannakakos  
Muhammad Jalal  
Nina Juszczak  
Jonathan Kennedy  
Dominic LaBella  
Divakar Lal

Daniel Lichtenstein  
Humayra Mayat  
Rachel Peterson  
Lisbeth Reyes-Fondeur  
David Riccardi  
Josh Sen  
Rosalie Siciliano  
Megan Taggart  
Ryan Thibodeau  
Erin Tonzi

Patty Gooden  
AOA Administrator  
Upstate Gamma Chapter





## **Gold Humanism Honor Society College of Medicine, Class of 2021**

The 19<sup>th</sup> Annual Student Clinician Ceremony was held virtually on September 9, 2020. Dr. Amit Dhamoon, GHHS Faculty Advisor, provided opening remarks and welcomed everyone, including the Faculty Speaker, Dr. Kaushal Nanavati. Dr. Dhamoon announced awardees and offered comments written for each awardee for the Humanism and Excellence in Teaching Award (HETA) to the teaching residents and the new members of Upstate's chapter of the Gold Humanism Honor Society (GHHS).

The GHHS is sponsored through the Arnold P. Gold Foundation, and honors senior medical students for 'demonstrated excellence in clinical care, leadership, compassion and dedication to service.' The Society was organized to elevate the values of humanism and professionalism within the field of medicine and its constituent institutions. Please join us in congratulating the newly elected and inducted members from the Class of 2021:

### **Class of 2021 Student Recipients**

Smith Agyingi	Samuel Mackoff	Lisbeth Reyes-Fondeur
Lee Bauter	Jacqueline Maier	Sudie Ann Robinson
Dmitriy Butsenko	Brianna Michael	Sydney Russell Leed
Hannah Connolly **	Paola Morocho	Gabrielle Sagesse
Mauro Dispagna	Sarah Myers	Alexis Sykes
Carly Feuerstein-Simon	Otasowie Odiase	Ryan Thibodeau
Alanna Glidden	David Ola	Daniel Tirado
Gretchen Goble	Kushal Patel	Yvonne Ye
Adaobi Ikpeze	Katherine Pinkes	Hannah Yeomans
Nettie Irwin		

\*\* Nominated with the Class of 2020 - spent a year in Kenya doing research.

### **Resident Recipients**

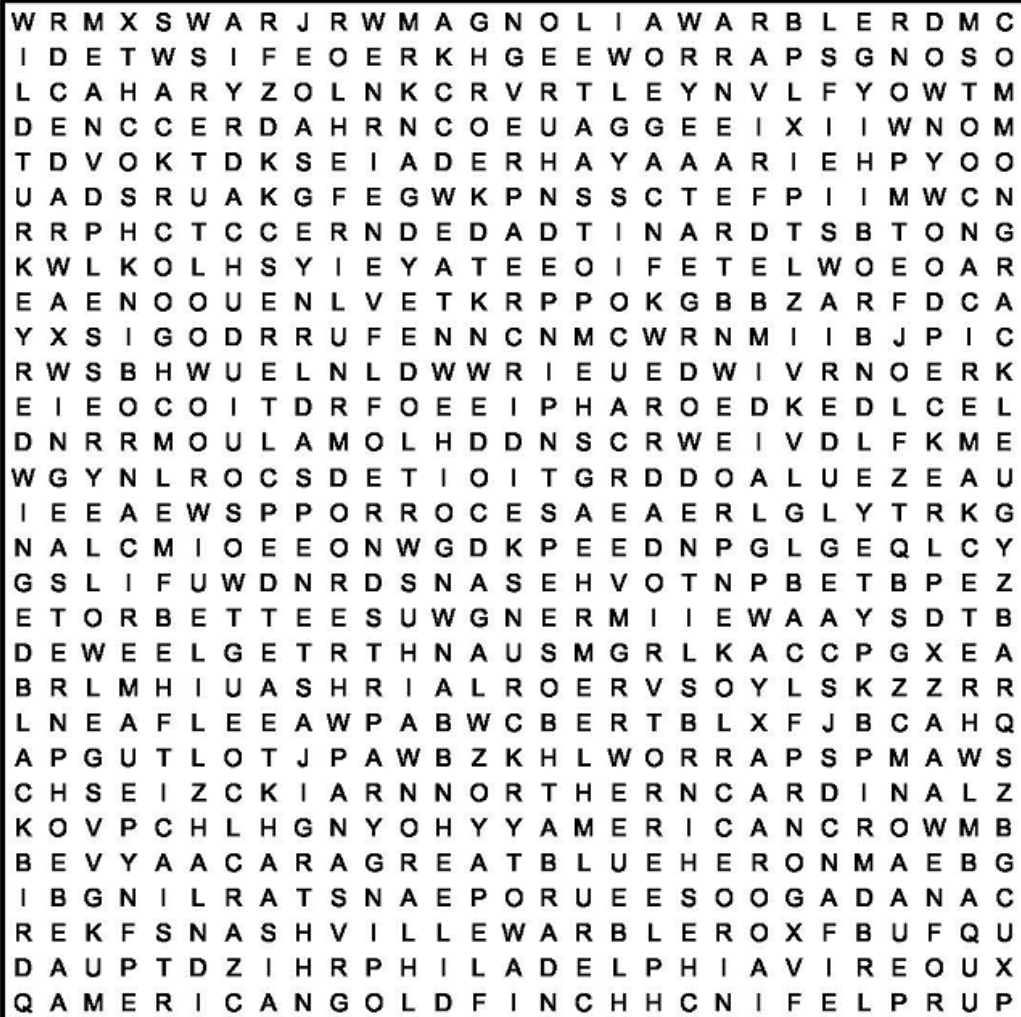
Dr. Michelle, Bernshteyn, Internal Medicine  
Dr. Musa Bilal, Anesthesia  
Dr. Mark Bucsek, OB/GYN  
Dr. Danielle Daniels, Pediatrics  
Dr. Zabi Hayati, Internal Medicine  
Dr. Christopher Maierhofer, Pediatrics

*Patty Gooden  
GHHS Upstate Chapter Administrator*



# Birds of Central New York

Find these Feathered Friends that are found in Central New York



AMERICAN COOT  
 AMERICAN CROW  
 AMERICAN GOLDFINCH  
 AMERICAN ROBIN  
 BALD EAGLE  
 BARRED OWL  
 BELTED KINGFISHER  
 BLACK CAPPED CHICKADEE  
 BLUE HEADED VIREO  
 BLUE JAY  
 CANADA GOOSE  
 CEDAR WAXWING  
 CHIPPING SPARROW  
 COMMON GRACKLE  
 COMMON RAVEN  
 COOPER S HAWK  
 DOWNY WOODPECKER

EASTERN PHOEBE  
 EASTERN WOOD PEWEE  
 EUROPEAN STARLING  
 GRAY CATBIRD  
 GREAT BLUE HERON  
 GREEN WINGED TEAL  
 HERRING GULL  
 HOODED MERGANSER  
 HOUSE FINCH  
 LESSER YELLOWLEGS  
 MAGNOLIA WARBLER  
 MOURNING DOVE  
 MUTE SWAN  
 NASHVILLE WARBLER  
 NORTHERN CARDINAL  
 NORTHERN FLICKER  
 NORTHERN PINTAIL

OLIVE SIDED FLYCATCHER  
 OSPREY  
 PHILADELPHIA VIREO  
 PILEATED WOODPECKER  
 PURPLE FINCH  
 RED BELLIED WOODPECKER  
 RED WINGED BLACKBIRD  
 SCARLET TANAGER  
 SONG SPARROW  
 SWAMP SPARROW  
 TURKEY VULTURE  
 WHITE BREASTED NUTHATCH  
 WILD TURKEY  
 WILSON S WARBLER  
 WOOD DUCK  
 YELLOW RUMPED WARLER