Internal Medicine Clerkship
2022-2023

Blood and body fluids, immediately treat exposure site:
- Wash the exposed skin with soap and water
- Flush exposed mucus membranes with water
- Flush eyes with at least 500 ml of water or normal saline for at least 3-5 minutes
- Do not apply disinfectants, antibiotics, or caustic agents to the wound
- Proceed to the Emergency Department if wound suturing or other first aid is needed

Initiate follow-up without delay:
- Weekdays between 7:30 AM – 4:00 PM, call Employee/Student Health (ESH) at (315) 464-4260. Students will be instructed where to follow up
- After hours, weekends, and holidays: 1) Proceed to the Emergency Department at clinical site  2) Proceed to the closest Emergency Department if none at the facility.  3) Notify ESH of the exposure by leaving a voicemail or calling the next day of business.

Chemical or radioactive exposure:
- Refer to the Student Occupational Health Exposure for treatment instructions: https://upstate.ellucid.com/documents/view/3042

UNITED HEALTH SERVICES
WILSON AND BINGHAMTON GENERAL
After cleansing the exposed area, immediately report to United Occupational Medicine (762-2333), Summit Building, Suite 204, 33 Mitchell Avenue, Binghamton. Clinic hours are 7:20 AM - 4:30 PM weekdays. After hours or on weekends, report to the Emergency Department to receive appropriate attention then follow-up with Occupational Medicine the next business day.

NORWICH
United Occupational Medicine 607-337-4777
170 Broad Street, Norwich

LOURDES HOSPITAL
After cleansing the exposed area go to the Health Clinic (Ground Floor near Pharmacy). Clinic hours are 7:30 a.m. - 3:30 p.m. weekdays. When Clinic is not open call switchboard operator and ask for Clinical Manager on-call.

CLINICAL CAMPUS POLICY ON BLOOD OR BODY FLUID EXPOSURE
In case of blood/body fluid exposure, including needle stick injuries cleanse the area that has been exposed with soap and water. If eyes are involved, flush with saline. Then follow the procedures for the appropriate site on the reverse side of this card. Remember to always identify yourself to hospital personnel as a Clinical Campus Student.

Contact Directory
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315-464-5370

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607-772-3528
REPORTING

REPORT MEDICAL STUDENT MISTREATMENT

An environment that optimizes learning and is built on respect and dignity is our expectation. The way we treat others (faculty, students, residents, staff) either realizes this expectation or it interferes with the learning process. Discrimination, humiliation and harassment simply can’t be tolerated.

To find procedures and report confidentially any incidents or concerns regarding mistreatment or harassment please go to the Upstate website:

http://www.upstate.edu/currentstudents/support/rights/mistreatment.php

REPORT A GOLD STAR

The College of Medicine would like to recognize those individuals who exemplify professional behaviors and contribute to a positive learning environment. In order to do so, the Gold Star Report provides a mechanism to identify positive influences on professional standards and the learning environment.

To highlight examples of faculty, students, or staff who have demonstrated exemplary professional behaviors, please go to:

http://www.upstate.edu/currentstudents/support/rights/goldstar.php

CLINICAL LOG REQUIREMENTS

<table>
<thead>
<tr>
<th>DIAGNOSIS</th>
<th>MIN ROLE/MIN # REQUIRED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abdominal pain</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Acute renal failure/CKD</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Altered mental status</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Anemia</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Back pain</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Chest pain</td>
<td>Perform/1</td>
</tr>
<tr>
<td>CHF</td>
<td>Perform/1</td>
</tr>
<tr>
<td>COPD</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Cough</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Diabetes</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Discharge Planning</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Dyslipidemia</td>
<td>Perform/1</td>
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<tr>
<td>Dyspnea</td>
<td>Perform/1</td>
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<tr>
<td>Dysuria</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Fever</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Fluid, electrolyte &amp; acid base disorder</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Hypertension</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Liver disease</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Obesity</td>
<td>Perform/1</td>
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<tr>
<td>Rheumatologic problems</td>
<td>Perform/1</td>
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<td>Pneumonia</td>
<td>Perform/1</td>
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<tr>
<td>Smoking cessation</td>
<td>Perform/1</td>
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<tr>
<td>Upper Respiratory Complaints</td>
<td>Perform/1</td>
</tr>
<tr>
<td>Venous thromboembolism</td>
<td>Perform/1</td>
</tr>
</tbody>
</table>
## Internal Medicine Objectives

### PATIENT CARE

- Obtain both a focused and comprehensive history and physical examination.  
  - PC1, PC2
- Apply a differential diagnosis for patients with a wide range of medical problems.  
  - PC4
- Formulate and explain a management plan for medical patients.  
  - PC4
- Care for patients in the inpatient setting addressing both their acute and chronic problems.  
  - PC3
- Care for patients in the outpatient setting addressing their acute and chronic problems as well as health maintenance needs.  
  - PC3
- Use clinically relevant research to interpret clinical, laboratory, radiologic and pathologic data.  
  - PC5

### MEDICAL KNOWLEDGE

- Generate a problem list and prioritize its components from patient symptoms and syndromes.  
  - MK3, MK4
- Apply knowledge of scientific principles underlying normal function and mechanisms of disease in patient care.  
  - MK1

### INTERPERSONAL AND INTERPROFESSIONAL COMMUNICATION SKILLS

- Create and sustain therapeutic relationships with patients resulting in effective communication and patient-centered care.  
  - IICS1
- Use appropriate listening and verbal skills to communicate empathy and help educate the patient.  
  - IICS1, IICS2
- Work with all members of the healthcare team demonstrating respect and teamwork.  
  - IICS2
- Carry out professional responsibilities and adhere to ethical principles in the care of a diverse patient population by advocating for the patients’ needs and interests.  
  - IICS1
- Participate in the development of care plans working with all healthcare team members for inpatients and outpatients.  
  - IICS2

### ETHICS AND PROFESSIONALISM

- Carry out professional responsibilities and adhere to ethical principles in the care of a diverse patient population by advocating for the patients’ needs and interests. (PR-1)  
  - PR1
- In all patient encounters, display respect, compassion, integrity and responsiveness to the needs of the patients and society that supersedes self-interest.  
  - PR1, PR3
- Work with all members of the healthcare team demonstrating respect and teamwork.  
  - PR1

### SYSTEMS BASED PRACTICE AND POPULATION HEALTH

- Participate in the development of care plans working with all healthcare team members for inpatients and outpatients.  
  - PH3