

STATE UNIVERSITY OF NEW YORK

UPSTATE

MEDICAL UNIVERSITY

COLLEGE OF MEDICINE

EXCEPTIONAL MOMENTS

IN TEACHING



Kaushal Nanavati, MD, is assistant professor of Family Medicine at Upstate Medical University and the **October 2021** Recipient of the **Exceptional Moments in Teaching Recognition**.

COMMENTS FROM DR. NANAVATI'S STUDENTS:

"Dr. Nanavati has a unique approach in medicine that allows us to view and analyze patients in a compassionate and holistic way that isn't limited by the "expectation" of an MD. By teaching us to think outside the box, Dr. Nanavati promotes learning in a way that reminds us to open our minds and consider the whole body before letting ourselves become blinded by "textbook" symptoms. No two patients will present the same way and his method of analysis challenges us to think in that way to allow us to avoid any potential biases."

"Dr. Nanavati was a beacon of light during my first semester. He shared pearls of wisdom that kept me motivated when I was doubtful about medical school and my capabilities as a medical school student."

"He cares so much about each and every one of us. He always seems to know when we are struggling and sends out the nicest of emails encouraging us to keep going."

"I love his ability to reflect upon his own relevant clinical experiences and demonstrate the clinical applications of each week's topic/exercise. Great motivator and wealth of great advice. One of my new favorite quotes: 'Don't practice until you get it right, practice until you can't get it wrong.' Truly a pleasure to learn from."

The College of Medicine recognizes exceptional teachers with the monthly "Exceptional Moments in Teaching" program. Honorees are selected via student assessments from courses and clerkships. Recognized teachers—including medical faculty, residents, nurses and other educators—are those who challenge students and provide an exceptional learning experience.