

STATE UNIVERSITY OF NEW YORK

UPSTATE

MEDICAL UNIVERSITY

COLLEGE OF MEDICINE

EXCEPTIONAL MOMENTS

IN TEACHING



The College of Medicine recognizes exceptional teachers with the monthly “Exceptional Moments in Teaching” program. Honorees are selected via student assessments from courses and clerkships. Recognized teachers — including medical faculty, residents, nurses and other educators — are those who challenge students and provide an exceptional learning experience.

Nusrat Zaman, MD, is an Assistant Professor in the Department of Pediatrics. She is the December 2019 Recipient of the **Exceptional Moments in Teaching** recognition.

COMMENTS FROM DR. ZAMAN’S STUDENTS:

“Dr. Zaman was a model physician and attending. She allowed students to answer the family’s questions and was also there for backup in case we said something wrong or inappropriate. She also challenged us to think critically about a case, beyond just textbook knowledge. Most importantly, she allowed us to see how fun it can be to take care of kids, and how much of a privilege it is.”

“Dr. Zaman pushes her students intellectually, but interpersonally as well by having us discuss patients in front of their families. She is a very positive and funny person and it made our time on inpatient peds super enjoyable.”

“Dr. Zaman’s teaching style allows opportunity for her medical students to grow as providers, focusing on providing opportunities to counsel patients, discuss differentials during rounds as well as reflect on other barriers of health care a child may face while in the hospital. Concurrently, she maintains a level of excellence and empathy for all her patients. I’ve discussed Dr. Zaman with my peers, which consistently turns into a conversation on how she embodies the most esteemed aspects of a physician, educator and role model at Upstate.”