

JOIN A TEAM UPSTATE EVENT

Black History Month Opening Ceremony

February 5

Upstate Medical University will offer informative, insightful and entertaining events throughout February in celebration of Black History Month. Campus Activities Building.

Father Daughter Valentine Ball

February 13

To benefit pediatric services at Upstate Golisano Children's Hospital. SRC Arena & Events Center, Syracuse.

For more information: 315-464-4416

Upstate Foundation Radiothon for Kids

February 27 & 28

Sponsored by iHeart Media Group. Live from the lobby of Upstate University Hospital.

Mystery, Malt and Merlot

April 17

To benefit the Feeding Program and the Professional Development and Enrichment Fund at the upcoming Golisano Center for Special Needs at Upstate Golisano Children's Hospital. An evening of craft beer & wine tasting, food, auction and mystery to solve. Sponsored by the Advocates for Upstate Medical University. Marriott Syracuse Downtown, Syracuse.

For more information: 315-464-5610 or adlerj@upstate.edu

Blood Drives: Go to upstate.edu/blood for a complete list of dates and locations.

The Upstate Foundation relies on volunteers to visit various Children's Miracle Network Hospitals' retailers that support our pediatric patients. For more information, contact The Upstate Foundation: **315-464-4416** or www.facebook.com/The-Upstate-Foundation

Heart Walk

April 19

Three-mile walk/run to benefit the American Heart Association. Onondaga Community College, Syracuse.

For more information: 315-464-4836

Heart Walk Kickoff

January 30



United Way Achievements in Caring Celebration

April 21

A celebration recognizing outstanding individuals and organizations for their volunteer work and support of United Way of Central New York. Reception, speaker and award ceremony 5 – 7 p.m. Redhouse, 400 S. Salina St., Syracuse.

For more information: 315-428-2208

Strikes Against Stroke

May 1

Bowling event to benefit the Upstate University Hospital Stroke Fund. Flamingo Bowl, Liverpool.

For more information: 315-464-8668

Great Strides for Cystic Fibrosis

May 9

Join Team Upstate on a three-mile run/walk at Long Branch Park to benefit the CNY Chapter of the Cystic Fibrosis Foundation and support the Golisano Children's Hospital Pulmonary and Cystic Fibrosis Center.

For more information: 315-464-6135

Annual Baldwin Fund Spring Gala

May 29

To benefit the Carol M. Baldwin Breast Cancer Research Fund of CNY and support grants awarded to Upstate Medical University research for breast cancer. Million Air Hangar, 110 Air Cargo Rd, Syracuse.

For more information: 315-464-4263

Paige's Butterfly Run

June 6

Run/walk to benefit the Dr. William J. Waters Center for Children's Cancer and Blood Disorders at Golisano Children's Hospital Clinton Square/Federal Building Plaza, Syracuse.

For more information: 315-464-4416



National Cancer Survivors' Day 2019



National Cancer Survivors' Day

June 7

Annual Celebration of Life event for cancer survivors and guests. Rosamond Gifford Zoo, Syracuse. RSVP will be available in the spring: 315-464-8668

For more information: 315-464-3605

J.P. Morgan Corporate Challenge

June TBA

3.5-mile team road race. Onondaga Lake Parkway, Liverpool.

For more information: 315-464-4565

Corporate Challenge 2019 Team



The Towsley Pro-Am

June 1

To benefit project or program needs at Upstate University Hospital's Community campus. CNY Professional Golf Association (PGA) professionals are paired with each foursome. Presented by IBEW Local 43/NECA Finger Lakes Chapter. Shenendoah Golf Club, Turning Stone Resort & Casino, Verona.

For more information: 314-464-4416

Know someone who wants to volunteer at Upstate? Volunteers at Upstate University Hospital may be students, professionals, or retirees. The most important credentials are a desire to be of service and a willingness to accept an assignment based on the hospital's needs. upstate.edu/volunteers for application deadlines, etc.