

# WELCOME TO THE BURN CLINIC

UPSTATE  
UNIVERSITY HOSPITAL

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*Clark Burn Center*

Preparation for Burn Dressing Changes

# CHECK IN AREA



This is where you will check in and wait for your nurse to be ready to start your appointment.

# VITAL SIGNS



Next, the nurse will check your vitals. This could include checking your temperature, blood pressure, oxygen saturation, height and weight.

# EXAM ROOM



Next, the nurse will bring you to the exam room. The nurse will ask you and your caregiver questions including your name, birthday and health information.

# MEET THE TEAM



**Dr. Dolinak**  
Attending



**Dr. Summers**  
Attending



**Yingzi Wang**  
Nurse Practitioner



**Heidi Gwilt**  
Physician Assistant



**Sarah Persons**  
Nurse Practitioner



**Tamara Roberts**  
Program Manger



**Elizabeth Nubla**  
Clinic Nurse



**Kayla Vanbrocklin**  
Occupational Therapist



**Emily O'Toole**  
Physical Therapist



**Jaclyn Monahan**  
Occupational Therapist



**Jessica Baker**  
Child Life Specialist



**Allison Della Penna**  
Child Life Specialist

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*Clark Burn Center*

315-464-1800

You may also meet  
resident doctors  
and medical  
students who work  
with the burn team!

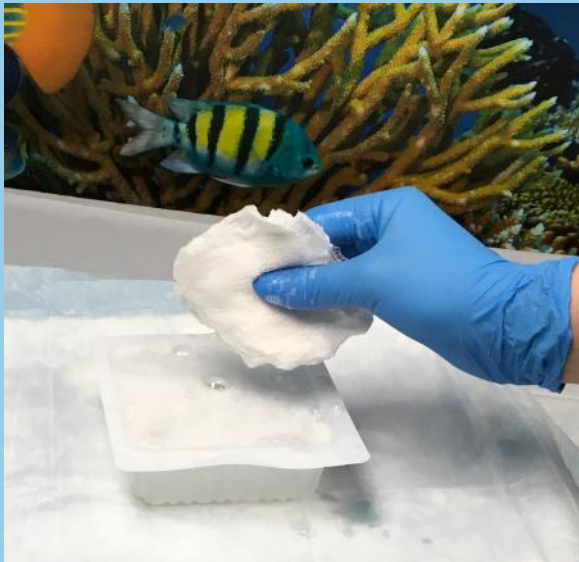
After the questions are answered, the nurse will leave the room. Then the doctors will come in to meet you and your caregiver. They will ask you about your burn injury and how you are feeling today.

# TAKING OFF BANDAGES



If you have bandages covering your burn, the doctors will need to take the bandages off to see your burn. The doctors will carefully use scissors to remove your bandages.

# CLEANING THE BURN



**CLEAN WITH  
SOAP**



**RINSE WITH  
WATER**

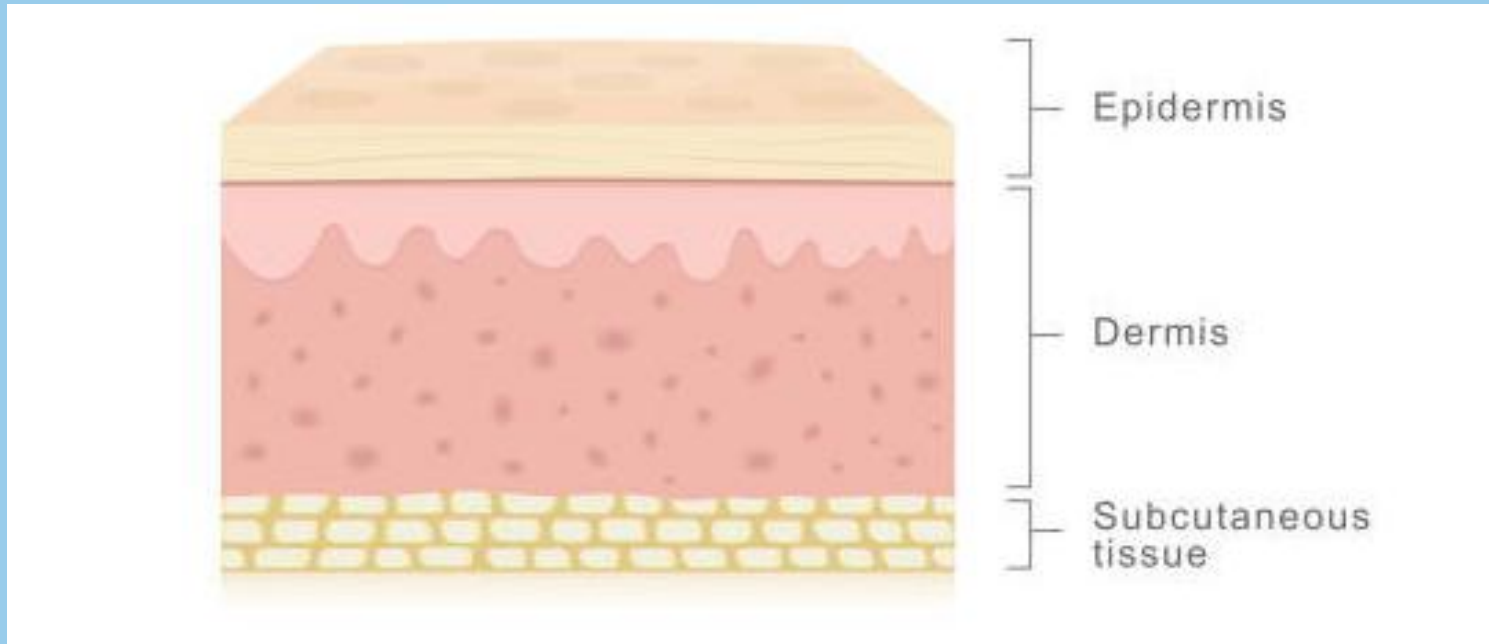


**PAT DRY**

Next, the doctors will use soap and water on gauze to clean the area of skin that was burned. It is important to clean the area to remove any of the injured skin and to clean the germs away.

# LOOKING AT YOUR BURN

After your burn is cleaned, the doctors will look at your skin.



Everyone's burn injury is different. Here is a picture of the normal layers of skin. The doctors will tell you and your caregiver what layers of your skin were injured. This will help the doctors decide what types of bandages or creams you will need.



# TYPES OF BANDAGES



**MEPITEL**



**BACTIRACIN &  
XEROFORM**



**AQUACEL**



**BACTIRACIN &  
SANTYL**

We have many different types of bandages and creams that help heal burned skin, the doctors will pick the best one for your burn.

# FINAL BANDAGE



**COBAN**



**BANDNET**



**DUODERM**

At the end, your final bandage may look something like this.

# COLOR OPTIONS



**GREEN**

**BLUE**

**RED**

**PURPLE**

**PINK**

If the doctors decide that you need Coban as your final bandage, you can pick a special color.

# HEALED SKIN



**LOTION**



**TUBIGRIP**



**LOTION SCHEDULE**

When your skin is healed, the doctors will apply lotion. They may place this "glove" called Tubigrip over the area to keep it protected. It is important to apply lotion to the area 4 times a day to help the skin continue to heal.

# FINISHED!



The doctors will tell you and your caregiver if you need another appointment or a follow up. If you need to make an appointment please go to the desk where you checked in.

# RESOURCES



Folder of  
educational  
resources



<https://msktc.org/burn/burn-resources>



Overnight summer camp  
for pediatric burn  
survivors



Join 'Burn Survivors of  
Central New York'

# CONTACT INFORMATION



Allison C. Della Penna  
Child Life Specialist

315-464-7587  
dellapea@upstate.edu

Please contact if you have any additional questions about helping your child cope with their burn clinic appointment.



315-464-1800

Please contact if you have any additional questions about pain management/medications, appointment details, etc.