JOIN A UPSTATE EVENT

Black History Month Opening Ceremony February 5
Upstate Medical University will offer informative, insightful and entertaining events throughout February in celebration of Black History Month. Campus Activities Building.

Father Daughter Valentine Ball February 13
To benefit pediatric services at Upstate Golisano Children’s Hospital. SRC Arena & Events Center, Syracuse.
For more information: 315-464-4416

Upstate Foundation Radiothon for Kids February 27 & 28
Sponsored by iHeart Media Group. Live from the lobby of Upstate University Hospital.

Mystery, Malt and Merlot April 17
To benefit the Feeding Program and the Professional Development and Enrichment Fund at the upcoming Golisano Center for Special Needs at Upstate Golisano Children’s Hospital. An evening of craft beer & wine tasting, food, auction and mystery to solve. Sponsors by the Advocates for Upstate Medical University, Marriott Syracuse Downtown, Syracuse.
For more information: 315-464-5610 or adlerj@upstate.edu

Heart Walk April 19
Three-mile walk/run to benefit the American Heart Association, Onondaga Community College, Syracuse.
For more information: 315-464-4836

Heart Walk Kickoff January 30

Great Strides for Cystic Fibrosis May 9
Join Team Upstate on a three-mile run/walk at Long Branch Park to benefit the CNY Chapter of the Cystic Fibrosis Foundation and support the Golisano Children’s Hospital Pulmonary and Cystic Fibrosis Center.
For more information: 315-464-6135

United Way Achievements in Caring Celebration April 21
A celebration recognizing outstanding individuals and organizations for their volunteer work and support of United Way of Central New York. Reception, speaker and award ceremony 5 – 7 p.m. Redhouse, 400 S. Salina St., Syracuse.
For more information: 315-428-2208

Paige’s Butterfly Run June 6
Run/walk to benefit the Dr. William J. Waters Center for Children’s Cancer and Blood Disorders at Golisano Children’s Hospital Clinton Square/Federal Building Plaza, Syracuse.
For more information: 315-464-4416

Blood Drives: Go to upstate.edu/blood for a complete list of dates and locations.

The Upstate Foundation relies on volunteers to visit various Children’s Miracle Network Hospitals’ retailers that support our pediatric patients. For more information, contact The Upstate Foundation: 315-464-4416 or www.facebook.com/The-Upstate-Foundation

Know someone who wants to volunteer at Upstate? Volunteers at Upstate University Hospital may be students, professionals, or retirees. The most important credentials are a desire to be of service and a willingness to accept an assignment based on the hospital’s needs. upstate.edu/volunteers for application deadlines, etc.