

4TH ANNUAL

SLEEP TEACHING DAY

FRIDAY, JUNE 10
8 AM - 12:10 PM

VIRTUAL EVENT

SLEEP TEACHING DAY PROGRAM

8 - 8:10 am	Welcome
8:10 - 8:50 am	REM Sleep Behavior Disorder Antonio Culebras, MD , Professor of Neurology, SUNY Upstate Medical University, Diplomate, American Board of Psychiatry and Neurology, Sleep Disorders
8:50 - 8:55 am	Break
8:55 - 9:35 am	Auto-adjusting PAP (APAP): a literature review Dragos N. Manta, MD , Assistant Professor of Medicine, Director, Upstate Sleep Center, SUNY Upstate Medical University, Board Certified in Pulmonary, Critical Care, and Sleep Medicine
9:35 - 9:45 am	Q & A
9:45 - 9:50 am	Break
9:50 - 10:30 am	PAP Compliance and Adherence Jocelyn Zakri, RRT, RPSGT, CCSH Clinical Sleep Health Coordinator, Upstate Sleep Center
10:30 - 10:35 am	Break
10:35 - 11:15 am	Strategies for Desensitization and Coping with PAP Christina J. Nicolais, Ph.D. Pediatric Psychologist Upstate Golisano Children's Hospital and SUNY Upstate Medical University
11:15 - 11:20 am	Break
11:20 am - 12 pm	Reviewing Alternative Treatments of OSA Zafer Sulttan, MD Director, Pediatric Pulmonary and Sleep Medicine, SUNY Upstate Medical University and Upstate Golisano Children's Hospital
Noon - 12:10 pm	Q&A

To Register: www.upstate.edu/cme

Learning Objectives: Provide updates to the general medical community regarding management of sleep disorders.

Foster collaboration between professionals involved in sleep medicine that will lead to better patient care.

Facilitate transition of care of sleep patients between pediatric and adult providers by having a joint program.

Target Audience: Medical Professionals

For providers who will be attending these lectures for CME credits please note: Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: SUNY Upstate Medical University designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy: To ensure balance, independence, objectivity and scientific rigor in all certified CME activity SUNY Upstate Medical University requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

Americans with Disabilities: In accordance with the Americans with Disabilities Act, SUNY Upstate Medical University seeks to make this conference accessible to all. If you have a disability which might require special accommodations, please contact (315) 487-5337.

Registration deadline: Mon. June 6, 2022

The cost of registration is \$20 and includes CME certificate.

For more information

www.upstate.edu/sleepday

e-mail sleep@upstate.edu or call the

Upstate Sleep Center at (315) 487- 5337