



YOUR TOTAL WELLBEING PROGRAM

NexGen Resident Assistance Program is a free Total Wellbeing benefit.

Your Resident Assistance Program is designed to effectively balance your academic and personal life by providing professional support and a Virtual Concierge service. It will ease the stress you may be facing due to personal issues and the pressures of academics.

**Get
Started
Now:**

TO ACCESS YOUR TOTAL WELLBEING SERVICES:

Call 1.800.EAP.CALL

Log on at: www.nexgeneap.com

Enter your ID.

Company ID: **8891**

(Company ID is needed only to create an account on website.)

When calling our confidential counseling services, your Student Assistance Program Specialist will take you through our intake process, where we ask structured questions to assess your situation and determine the best level of care.

Counseling Services

Our counselors are Mental Health Professionals who provide confidential counseling in-person or over the phone. Each counselor carefully listens to your needs and offers short-term counseling focused on coping strategies or will make an appropriate referral to long-term counseling or specialized care in your area. Counseling is available for a variety of stressful issues such as:

- Academics
- Relationship Issues
- Stress
- Alcohol and Substance Abuse
- Eating Disorders
- Emotional Problems
- Financial Issues
- Legal Issues
- Depression/Anxiety
- Adjustment

Virtual Concierge

The Virtual Concierge Service is available 24/7 to save you valuable time and help you balance the competing demands of school and life. The Virtual Concierge Service features dedicated Personal Assistants available to provide you with research, referrals, or information on just about any topic.

Your Personal Assistant can help:

- Research Tutoring Options
- Plan a trip or vacation
- Gather health information
- Research career information
- Research schools / financial aid
- Collect Relocation information
- Research medical information
- Locate dining and entertainment
- Provide childcare resources
- Coordinate your event

Legal and Financial Consultations

Access NextGen to utilize your no cost legal and financial consultations. Half-hour legal consultations can be done over the phone or in-person, and can be used for issues such as divorce, custody disputes, and wills. Discounted legal fees are also available if a longer consultation is required. Half-hour financial consultations are provided over the phone and can provide assistance with topics such as debt consolidation, tax questions, student loans, and investments. ID Theft resources are also available.

Online Resources

Access your Resident Assistance Total Wellbeing Program virtually via a personalized web portal. You can submit requests directly to your Personal Assistant, access exclusive entertainment discounts, chat live, and start a financial or legal request.

Confidential Assistance:

We understand it takes courage to reach out and ask for assistance, which is why we ensure that your information and identity are kept completely confidential - even from your college. Exceptions occur only when members are at risk of harming themselves or others or when the welfare of a child is in question.



CALL
1.800.327.2255

ONLINE
www.nexgeneap.com

