

## **PHRP Admission Criteria Insurance Checklist**

## Please assess if the patient has one of the following insurances as these are accepted at PHRP:

- Aetna
- Bind On Demand/Surest
- Empire Plan/Carelon (Formerly Beacon)
- Empire BCBS
- Excellus BCBS
- Federal BCBS
- Most Nationwide BCBS plans
- CDPHP
- Cigna Out of Network
- Meritain Health
- Fidelis
- Molina
- MVP
- UMR
- \*\*Only Fidelis and Molina Medicaid Plans are accepted\*\*
- Self-pay: For those with no active insurance coverage only. \$500 retainer, which should cover the 3-4 initial consultation session, then approximately \$150 per week for therapy session plus any additional sessions such as Med Management, Group, or Family/Couples Counseling. We do not bill out of network; therefore, you have the option to submit the bills to your insurance company for any out of network benefits that they offer. <a href="Mote">Mote</a>: To get accurate self-pay costs per billing code, see the NYS Limiting Charge column on the Medicare Self-pay rates per CPT Code document for the current year.

## Insurances we DON'T accept:

- CDPHP: Managed Medicaid, Child Health Plus, and Essential Plans
- Excellus: Managed Medicaid, Child Health Plus, and Essential Plans
- Humana
- Indian Health
- Medicare
- MVP: Managed Medicaid, Child Health Plus, and Essential Plans
- UHC/OPTUM
- Tri-care
- VA

If a patient has questions regarding their insurance plan, please **review with Intake Coordinator**, **Nichole Galla by emailing <u>gallan@upstate.edu</u> <u>or call 315-464-3117 to schedule a call.</u>**