

Be wary of the danger you carry:

Think about what you are taking to someone else's house that could be harmful (inside a purse or luggage).



Store hazardous items up and way from young, curious children

- | | | |
|-------------------------------|------------------|--------------------------------|
| Hand sanitizer | Pepper spray | “Chocolate” laxatives |
| Hairspray or similar products | Insect repellent | Prescription medicines |
| Nail polish | Hand cream | Over-the-counter cold medicine |
| Perfume/cologne | Cigarettes | Nose spray |
| Nail polish remover | Ink pen | Mouthwash |
| Tooth paste | Batteries | ... and many more |
| Baby powder | Eye drops | |

DID YOU KNOW?

We are open 24/7/365.

Specially trained registered nurses, pharmacists and physicians answer your call.

All calls are free and confidential.

Poisoning can happen to anyone, at any age.

You can call us with a question or for general poison prevention information.

Save our number, 1-800-222-1222, in your cell phone and have it posted in your home.

Save our number now, before you need us:

1-800-222-1222.

It’s the same phone number wherever you are in the country.

Member AMERICA'S POISON CENTERS™

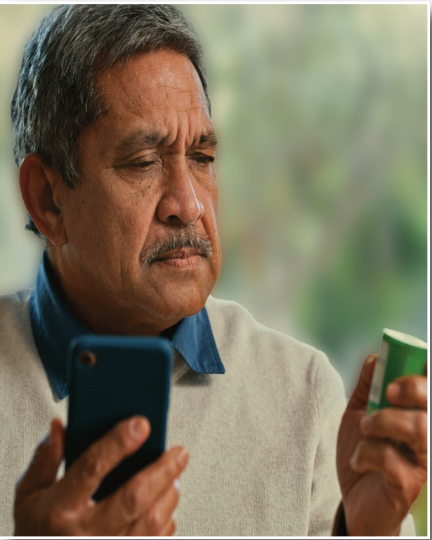
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POISON CENTER



IS YOUR HOME SAFE?

ESSENTIAL TIPS FOR POISON SAFETY AND PROTECTING YOUR LOVED ONES

- Medication Safety
- Cleaning Safety
- Food Safety



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Can you tell the difference?



Household Cleaning Safety Tips:

Keep cleaning products in original containers.

Store cleaning products up, away and out of sight of young children.

Never mix cleaning supplies together.

Medication Safety

Tips for safe medicine (over-the-counter or prescription) use:



BEFORE taking medicine:

- Read all medicine labels.
- Follow directions for proper dosing.
- Be aware of drug interactions.

WHILE taking medicine:

- Wear your glasses.
- Turn on lights to be sure you're taking the right medicine.
- Take medicine over the sink in case it drops or spills.

AFTER taking medicine:

- Replace child-safe caps.
- Store up and away and locked. Consider using a medication lock box.
- Dispose of unused medicine properly (*do not flush*).

ALWAYS:

- Keep a list of current medication(s).
- If you use a pill organizer, keep it up and away after use.
- Talk to your health care provider before starting any new medicine.

NEVER:

- Share medicine or take medicine that is not yours.
- Store different medicines in one container or pill bottle.
- Leave pills out where guests/ loved ones can reach them.

Food Safety Tips:

- Keep hot foods hot and cold foods cold. Rotate or reheat every two hours to avoid getting sick. Set a timer to help you remember.
- Wash hands and clean surfaces and cooking utensils before and after food preparations.
- Use a food thermometer to be sure food is cooked thoroughly.
- Keep leftovers for a maximum of three days.



Be aware of look-alike products

