

MEDICATION ACTION STEPS...

TO PREVENT POISONING!

1. Always read and follow the instructions on the label for all medicines you use.
2. Keep all medicine in the bottle/jar it came in - with its label.
3. Put all medicine away after each use. Be sure it is out of the sight and reach of children.
4. Don't share prescription medicine as it can act as a poison if used by the wrong person, in the wrong way or in the wrong amount.
5. When finished or when a medication is stopped, safely get rid of any extra medicine from your home:
 - a. In Onondaga County, take it to a medicine drop box at your local Police Station or at the pharmacy at University Hospital.
 - b. Though the med box is the best way, if you can't get to a med box, mix the medicine with used coffee grounds and then throw the mix into the trash.
6. Don't tell children in your care that medicine is candy as it makes them want to take it when you are not looking.
7. Know that for some, opioid medicines can be addictive.
8. Add the number of the Poison Center (1-800-222-1222) to your list of important phone numbers.

