

TIPS FOR A SAFE NEW YEAR CELEBRATION:

As we eagerly embrace the arrival of the New Year, it's essential to prioritize safe celebrations. Amidst the joyous festivities, remember to exercise caution by keeping potentially harmful substances out of reach of children. The Upstate New York Poison Center stands ready to provide assistance and guidance, promoting a healthy start to the year for all!

Preventing Poisonings in the New Year:

- Regularly check and dispose of outdated or unwanted medication through local collection sites.
- Be sure to keep all medications up and out of sight and reach of children. Consider using a medication lock box.
- Make sure your carbon monoxide detectors are working & have new batteries.
- Store all cleaning products in a poison-safe location, such as a locked cabinet or an area out of reach for children.
- Save our number, **1-800-222-1222** in your cell phone now, just in case you need us.

Food Preparations:

- Keep hot food hot and cold food cold.
- Rotate/reheat food every 2 hours to prevent food poisoning.
- Be sure to clean surfaces and utensils thoroughly before and after cooking

Alcohol and Cannabis:

- Due to children's natural curiosity, be aware that alcoholic drinks can resemble non-alcoholic ones, and cannabis edibles may look like candy or baked goods.
- Never leave alcoholic drinks unattended, as even a small amount can result in a trip to the emergency room for a small child.
- Ensure that cannabis is securely stored in a locked cabinet, distinctly separated from other food and beverages.

Smoking and Vaping:

- Keep cigarettes and smoking devices out of the sight and reach of children.
- Be cautious with vaping devices; nicotine concentration in cartridges can be toxic, especially for small children.



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