



POISON SAFETY GUIDELINES FOR BABYSITTERS

**Our poison center is ready to help 24/7.
We are free & confidential. Call anytime
for emergency & non-emergency poison-
related questions.**



DO:

1. Have the poison center number saved on your cell phone
2. Know how to reach the parents at all times
3. Make sure all poisons are locked up & out of reach of children

DON'T:

1. Don't leave a child unattended
2. Don't panic! If you have a poison emergency, we are a phone call away
3. Don't take medications in front of a child or refer to medicine as candy

WHAT IF A POISONING OCCURS?

- Try to remain calm
- Call the Upstate New York Poison Center at **1-800-222-1222**
- Have the child and product with you when you call us
- Follow our instructions

**For more poison prevention information, visit www.upstatepoison.org
or call a Public Health Educator at 315-464-5375**