

Acetaminophen Safety

Acetaminophen is one of the most common drug ingredients in America. Though acetaminophen is normally safe when taken correctly, no drug is harmless if taken by the **wrong person, at the wrong time or in the wrong dose.**



1 KNOW THE DOSE

The typical adult dose of acetaminophen is between 650-1,000 mg and the maximum daily dose is 3000 mg. Read the label carefully and do not exceed the recommended maximum daily dose.



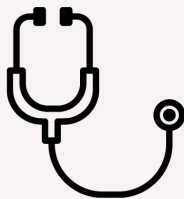
2 IT IS GENERALLY SAFE

Acetaminophen is generally safe if used as directed, but there are limits. Be sure to check with your doctor for accurate dosing.



3 DON'T MIX MEDICATIONS

Be careful not to take two medicines containing acetaminophen at the same time.



4 BUY SMALL BOTTLES

Consider buying only bottles containing small amounts of acetaminophen as an overdose can cause liver damage. This is a special concern for households with anyone who might be at higher risk for overdose (e.g., children, those with poor memory or mental health conditions).



5 CHECK THE FORMULA

For children, be sure to buy products specifically formulated for children and read the dosing directions. Giving children adult-strength products can result in an overdose. Check with your pharmacist to be sure you are buying the right product. Consult your doctor before giving acetaminophen to a child under 2 years of age.



6 STORE OUT OF SIGHT

Store all medications up, away, and out of sight and reach of children. Be sure to properly dispose of all outdated, unwanted medications.

UPSTATE
NEW YORK
POISON CENTER
1-800-222-1222

IF YOU THINK YOU OR ANYONE IN YOUR FAMILY HAS TAKEN TOO MUCH ACETAMINOPHEN, CALL THE UPSTATE NEW YORK POISON CENTER AT 1-800-222-1222. WE'RE ONLY A PHONE CALL AWAY.