



# ACETAMINOPHEN

## THE MOST COMMON DRUG INGREDIENT

- Found in over 600 different prescription & OTC medicines
- In pain & fever relievers, sleep aids, cough, cold, & allergy meds
- Can be labelled as acetaminophen, as "APAP," "acetam"
- Used as directed, it is safe and effective
- BUT there is a daily limit
- **Taking more than directed is an overdose**
- It can lead to liver damage
- Know your dose
- Always read & follow the label
- Never take 2 medicines with acetaminophen at the same time

**UPSTATE**  
NEW YORK  
**POISON CENTER**  
**1-800-222-1222**

Developed by [KnowYourDose.org](http://KnowYourDose.org)  
Acetaminophen Awareness Coalition