



Pediatric Crier

Department of Pediatrics Newsletter

<http://www.upstate.edu/gch/education/crier.php>

The Exit Interview

As everyone is aware, our Chairman, Dr. Tom Welch will be stepping down from his full time faculty appointment on May 11th. There will be a retirement reception for him on 5/11 from 2-5 PM in the Treehouse Parking Lot. Please stop by and thank him for his 17 years of service!

The Crier is proud to have been one of the first major media outlets to cover Dr. Welch's arrival in 2001. In fact, we even covered his candidacy back in 1999.

March 1, 1999



Pediatric Crier

First Visit - Chair Candidates

During the months of March and early April, we will be hosting 6 candidates for the Chair position who have been invited by the Search Committee. Each of the candidates will be presenting at Pediatric Grand Rounds and we encourage everyone who is able, to attend and hear their presentations.

- 2/24 Dr. Sue O' Dorisio
Ohio State University
- 3/1 Dr. Michael Artman
NYU
- 3/8 Dr. Andrew Yeager
Emory
- 3/15 Dr. Thomas Green
Northwestern
- 3/31 Dr. Thomas Welch
Cincinnati
- 4/7 Dr. James Perrin
Mass General

We also covered his arrival in January of 2001. Here is the beginning of the article (see below for full interview).

JANUARY 2001

Introducing Chairman Thomas R. Welch, M.D.



The Pediatric Crier is pleased to introduce our new Chairman, Dr. Thomas Welch. Most of you are already familiar with Dr. Welch's impressive list of credentials which includes an M.D. from McGill University in Montreal, Pediatric Residency at the University of Colorado, and Fellowship in Nephrology at the University of Colorado and here at SUNY Upstate. He comes to us from the Children's Hospital Medical Center in Cincinnati where he is Professor of Pediatrics as well as the division director of Pediatric Nephrology.

So, it is only fitting that the Crier was able to have one last interview with Dr. Welch before he leaves us. Here is our exit interview:

Crier: In March of 1999 the Crier reported that you would be one of 6 chair candidates who would be presenting a Grand Rounds. Do you happen to remember what your topic was, and any other impressions you had of that conference?

TW: Vitamin D Deficiency. I remember than an (unnamed) faculty member asked some questions which were ill-informed.

Crier: The Crier still remembers its exclusive interview with the new chairman back in 2001. You were starting a month late because you were teaching a wilderness course in Denali. Your daughter was at Colgate and your son was a first year medical student at Cincinnati. Any upcoming trips planned for Denali (or any other wilderness experiences)? And how are the "kids" doing now?

TW: I will be doing some private guiding for parties interested in mountain travel. I already have one booked! It is likely that most of this activity will be in the Adirondacks. Probably not fair for my wife, Chris, to spend retirement alone while I am in the wilds of Alaska, and I don't think she would be interested in accompanying me. Daughter, Beth, returned to school and is a statistics graduate student at Harvard. Son, Tim, is a pediatric anesthesiologist and cardiac intensivist at St. Louis Children's Hospital.

Crier: Rumor has it you will be moving to the pristine and uncharted territories of Sarasota, FL. Will you still be spending time at White Lake?

TW: Splitting time between White Lake in the Adirondacks (summer +/-) and Sarasota (winter +/-).

Crier: Will you be doing anything pediatric (or peds neph) in Florida?

TW: I got a Florida medical license just in case retirement funds run out, so I won't have to be a WalMart greeter. Unlikely to be doing much medicine in FL, however. I will be in Syracuse for about 3-4 days per month, to do an outpatient nephrology clinic and to cover the inpatient nephrology service for Drs. Schurman and Huang. Since institutional memories are short, I am sure that in a couple of years the residents will be saying "Who's that locum nephrologist covering this weekend? Is he any good?" I will still work as associate editor of the Journal of

Pediatrics, and will be doing some teaching and visiting professorships. For example, I am chairing a pediatric course in July at Lake Tahoe. I am also wrapping up a little research project with Lisa.

Crier: We are sure you'll have a lot of memories of Upstate and the opening of the GCH. Was there any one memory or high point that will stick with you more than any other?

TW: Without any question, flipping the switch which turned on the outside lights of the GCH at the grand opening in 2009 was the highlight. I guess there is another answer, which actually sounds pretty mundane. I covered the hospitalist service a couple weeks ago. As I left the room of the last patient on rounds Friday, I mentioned to the students that it was probably the last kid I would ever round on as a pediatric hospitalist. The medical students applauded. Sort of corny, but I'll probably remember it.

Crier: If you could offer a few words of encouragement to the next chair, what would you tell him or her?

TW: It is impossible to keep everyone happy all of the time. As I told the faculty during my first meeting with them as chair, I would try to make decisions with which most of them would agree most of the time. Hopefully, I have been able to do so.



GME Excellence in Teaching Award

Congratulations to our very own Anuja Khettry who won the hospital-wide 2018 GME Resident Excellence in Teaching Award. Whoo hoo! She will be honored at a special luncheon on May 30th. We are all very proud (but not surprised) that Anuja was selected for this honor.

PL2 Retreat?

The PL2s all mysteriously disappeared on Friday, April 13th. It turns out that they were all busy solving a mystery of their own at the Museum of Intrigue. Here is one team hard at work.



There were two teams (Blue and Red) and it was initially a little difficult for the Crier to find out exactly who was on the winning team (probably because we kept asking people on the...other team). But the Blue Team ended up claiming victory (Drs. Kennedy, Appelstein, Bright, Patel, Roberts, Shenberger, and Wells).



At the end, there was room for everyone at the table.



Mystery-solving was only part of this year's PL2 retreat at Destiny USA. But if you want to know more about what happened that day, it's a mystery you'll need to solve for yourself.

The ASTMH Ben Kean Fellowship

Congratulations to MS-III Dan Farrell who was nominated to receive the 2018 ASTMH (American Society of Tropical Medicine & Hygiene) Ben Kean Travel Fellowship in Tropical Medicine for his continued research in Ecuador. Specifically his project will focus on pediatric respiratory viruses (RSV) looking at air quality and seasonal virus activity with our very own Dr. Domachowske. Score another success for Upstate's Center for Global Health and Translational Science.

GCH PEA Awards

On April 18th the Department of Pediatrics hosted the Annual PEA (Patient Experience Awards) winners in the Kinney Center. Awards were given for Best Attitude, Most Enthusiastic, Best Listener, Best Team Player, Best Communicator, Most Attentive, and Dedication to Safety and Quality. The MVPs were Beth Corrice for Inpatient and Mary Lou Lake for Outpatient. The Rockin' Resident



Award went to Chris Maierhoffer. See attached for a full list of winners. Congratulations to all of our PEA Winners. Each received a can of gourmet peas with a yellow label which said, "I got PEA'd on". It doesn't get any better than that.

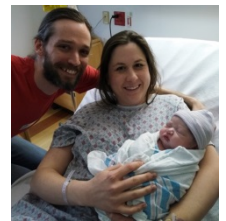
Surprise Shower!

As if winning a PEA Award wasn't thrilling enough, Chris Maierhoffer showed up for Thursday conferences on April 19th and was greeted by his fellow residents with a surprise baby shower. Thanks to Neelam who was the mastermind behind the surprise! Stay tuned for a baby announcement coming next month!



Welcome Baby Maierhofer

And, just a week after the big event, the BIG event took place. Baby Cora Marie Maierhofer arrived on 4/25 weighing in at 8 lbs 5 oz. All are doing well! Congratulations, Chris! You can keep up with Cora and her developments at



<https://www.caringbridge.org/visit/coramaihofer>

April SIM Day Rocks the House

From Dr. Cantor

On April 5th 2018, the Division of Pediatric Emergency Medicine was proud to present another installment of their PEM Simulation Training Module it offers to the Pediatric Residents at Upstate Medical University. The day began with a catered breakfast provided by the PEM Faculty, followed by a Club Med presentation by Drs Swaby and Surujdeo. The article discussed addressed research in the use of high flow Oxygen therapy in Pediatric respiratory patients.

After splitting up into educational groups, the Pediatric Residents received 5 simulation sessions addressing the following clinical problems: DKA with cerebral edema, toxin induced seizures, myocarditis, shock, and foreign body



obstruction. The groups were divided randomly and assigned leadership positions within each group. Feedback was given directly during the management of all cases and leadership positions were rotated based on a seniority basis.

All our residents seemed to enjoy the experience. Post course surveys distributed by Dr. Thabet (who created this course and supervises its presentation) to our residents received glowing reviews.

It should be mentioned that while the Pediatric Department pays the SIM Center at EmStat for use of mannequins and our personnel, all eleven faculty and fellow members of the Division of Pediatric Emergency Medicine volunteered their time - continuing their dedication to Pediatric Emergency Medicine education.

I am attaching some photos taken during this educational event. We all look forward to getting together at such a venue in the next academic year.



The COMSEP Crew

Dr. Jen Nead shared the following: "In April, our Pediatric clerkship team traveled to Denver for the annual COMSEP conference. Jay, Megan, and I had a great time attending workshops, presenting one of our clerkship projects, and collaborating with colleagues."



Origami Wellness

When she is not presenting posters at National Endocrine meetings, Heba spends some of her spare time doing Origami. Last month she invited her fellow residents to spend an hour learning this wonderful art.



Monster Trucks for Kids

Upstate Online posted a picture too cute to leave out of the Crier:



Caption: "Brandon Darrow, driver of the Monster Truck named Bad News Travels Fast, stepped out from behind the wheel to visit with Upstate GCH's patients April 5. Darrow and fellow drivers were in town for a Monster Jam show."

Singing Pediatricians

The Syracuse University Oratorio Society currently boasts three pediatricians in its ranks (in alphabetical order: Joe Bearman, Joe Nimeh, Sue Stred), along with Radiation Oncology faculty member Francis Hahn. They performed Verdi's "Requiem" with Symphoria on April 28. For details about additional concerts visit their website at <http://experiencesymphoria.org/>

Save the Date: OttoTHON 2018

Save the date of November 3rd for the 2018 OttoTHON which will be held on the SU campus in the Schine Student Center, Goldstein Auditorium. All are welcome to attend - bring along the kids to have an amazing day of dancing and celebrating the support of SU's OttoTHON Dance Marathon. Questions? Contact Lorie Riedl in the Upstate Foundation at 4-7854.

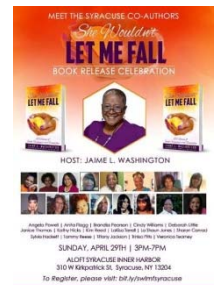
Pinwheels for Prevention

In case you noticed a crop of pinwheels growing in the GCH garden, April is National Child Abuse Prevention Month.



Co-Author

Our very own LaShaun Jones let us know she is one of the 100 women co-authors of the new book, *She Wouldn't Let Me Fall*. LS tells the Crier, "This book is about 100 different woman stories about a person in their lives that held them down at the most difficult moments, or a person that is a role model or mentor and help change your life for the better." She participated in a special event on April 29th at the Aloft Syracuse Inner Harbor to celebrate the women of Syracuse and their contribution to the book. To learn more visit the website at <http://bit.ly/swlmsyracuse> But to find out who LaShaun wrote about, you'll just have to buy the book!



MAY BIRTHDAYS

5/2 Matt Mittiga
5/3 Chris Maierhoffer
5/5 Iram Ashraf
5/7 Sue Stred
5/8 Asalim Thabet
5/10 Tim Hatch
5/11 Chris Lopez,
5/12 Sherri Clarry,
5/14 Zafer Soutan,
5/18 Debby Carlson
5/20 Lou Pellegrino
5/23 Jasmin Moradi
5/25 Bob Newmyer



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Introducing Chairman Thomas R. Welch, M.D.



The Pediatric Crier is pleased to introduce our new Chairman, Dr. Thomas Welch. Most of you are already familiar with Dr. Welch's impressive list of credentials which includes an M.D. from McGill University in Montreal, Pediatric Residency at the University of Colorado, and Fellowship in Nephrology at the University of Colorado and here at SUNY Upstate. He comes to us from the Children's Hospital Medical Center in Cincinnati where he is Professor of Pediatrics as well as the division director of Pediatric Nephrology. His list of publications resembles a multi-volume encyclopedia set. But perhaps some of you are less aware of another fascinating side to our new

Chairman. In an exclusive interview with the Crier, Dr. Welch tells all:

He writes, "Attached is my 'other' CV, which deals with an entirely separate area of my life: wilderness/ outdoor education and climbing. One of the reasons that I am starting in August rather than July is that I am committed to teach a wilderness course for the Wilderness Education Association in Denali Park Alaska for 3 weeks in July." (Editor's Note: Dr. Welch does, indeed, have another CV which he refers to as his "Outdoor Resumé" Its four pages of outdoor activities include wilderness guiding (he has a NY State DEC Professional Guide License), Scuba Schools International Advanced Open Water Diver Certification, COPE Course Director Certification (a ropes course), Boy Scouts of America National Camping Schools COPE Course Director and an Ohio State Medical License in Wilderness Medicine. He has written another complete list of wilderness publications and has an entire page listing some of

his personal expeditions over the past 10 years that includes his trip to Alaska.)

"My wife Chris and children Tim and Beth each share one of my interests. Beth (21 years) is a junior at Colgate and is an avid scuba diver; she and I do quite a bit of diving together. Tim (24 years) is a first year medical student at the University of Cincinnati; he was an undergrad at Cornell, has an MPH from Tulane, and is interested in international health. He is also a very active climber, working as a guide/ instructor for Cornell Outdoor Education while he was there; he and I have guided groups together on Adirondack and Rocky Mountain wilderness treks. Chris is a preschool teacher. She shares my interests in child welfare and advocacy.

By the way, I have been running the new residents in Cincinnati through a ropes course for several years. I am currently trying to identify such a course in the Syracuse area. Tell the faculty not to worry--I won't expect them to go along!"

2018 PEA (Pediatric Patient Experience) Winners

Best Attitude:

Inpatient: The Inpatient individual with the Best Attitude always has a smile on her face, is willing to help anyone working with her on the unit and is a huge asset! She always comes to work with positivity and a willingness that makes any night a great one. This person never lets any bad night get her down and always makes a possibly bad situation turn into a positive experience.

The Inpatient Best Attitude award goes to Cassidy Weeks

Outpatient: The outpatient individual with the Best Attitude is infectious. Coworkers love working with this person because she is constantly making everyone laugh. She is always willing to help, and with a smile on her face. She naturally puts others before herself, without even realizing she does it. She makes sure others have gotten a lunch break before she thinks of taking a lunch break herself. She is a solution-focused person, and no problem is too big for her to tackle. This is the co-worker who you are glad to see when you walk into work; you just know that when she's there, it's going to be a good shift.

The Outpatient Best Attitude award goes to Amy Barber

Most Enthusiastic:

Inpatient: The great writer Ralph Waldo Emerson once said, "Enthusiasm is one of the most powerful engines of success. When you do a thing, do it with your might. Put your whole soul into it. Stamp it with your own personality. Be active, be energetic, be enthusiastic and faithful, and you will accomplish your object. Nothing great was ever achieved without enthusiasm." Our "Most Enthusiastic" winner must be channeling the wisdom of Mr. Emerson, because she truly brings her full commitment to work with her every day. She makes people feel better just by being around her. Her patients often talk about how much they love her because of how she makes them feel. This winner is almost never seen without a smile - and that smile can transform your whole day. Her enthusiasm is an enormous asset to our pediatric team, our patients and their families.

The winner of the Inpatient Most Enthusiastic PEA Award is Lena Reginelli

Outpatient: The Most Enthusiastic member of our outpatient team has an upbeat, energetic personality. She is always smiling and eager to be involved. It is evident in her interactions that she enjoys hands on patient care and makes every effort to ensure her patients have a positive experience while they are in clinic.

The winner of the Most Enthusiastic in Outpatient is Jill Hayward

Best Listener:

Inpatient: This inpatient winner ALWAYS takes the time to listen. She offers objectivity and insight in helping her team members. When she is in charge, the unit runs smoothly and the work flow is more efficient. Staff are always comforted by having her at work.

The winner of the Inpatient Best Listener PEA Award goes to Sharon Schlueter

Outpatient: This award winner has a way of making you feel comfortable to just be yourself. She listens without judgment and criticism yet with gentle encouragement to help tease out what's really on your mind. She allows people to share their feelings and thoughts uninterrupted. We are fortunate to have such an active and empathetic listener on our team.

The winner of the Outpatient Best Listener PEA Award goes to Dawn Kelly

Best Team Player:

Inpatient: The inpatient best team player creates an atmosphere of teamwork. She can always be found assisting her peers, even when she has a busy assignment of her own. In addition to fostering teamwork on her home unit, she will assist staff on the other pediatric units as needed, promoting collaboration between the work groups. This individual is a tremendous asset to the pediatric team.

The winner of the Outpatient Best Team Player PEA Award goes to Karen McNaught

Outpatient: This award winner is an active participant and does more than her job title states. She puts the team's objectives above hers and takes the initiative to get things done without waiting to be asked. This great team player communicates her ideas honestly and clearly and respects the views and opinions of others on the team. We're proud to say this winner has a genuine sense of accountability for the team's success.

The winner of the Outpatient Best Team Player PEA Award goes to Heather Widay

Best Communicator:

Inpatient: Our best inpatient communicator is a dedicated and well-rounded nurse. She puts great effort into her nursing practice always ensuring great patient care and collaboration between her co-workers. She is open minded and nonjudgmental which is evident in her empathetic approach when communicating with patients and families. She is concise when delivering messages and easily understood. This individual has the unique talent of altering her communication style to meet the needs of others.

Inpatient Best Communicator goes to Sydney Meadows

Outpatient: We have a great communicator in Outpatient. She is never afraid to speak up and advocate for her patients. This person is the “go to” nurse for many of our junior staff. This is because she is both approachable and knowledgeable, making her a great teacher. She is a great collaborator. Her peers recognize this and depend on her for input and advice in various clinical situations.

The Outpatient Best Communicator goes to Tara Ingersoll

Most Attentive:

Inpatient: The Inpatient who is Most Attentive is known for her ability to provide therapeutic and thorough care to her patients and families. She is always willing to answer call-lights, trouble-shoot with the nurses, and is notorious for keeping her patient rooms neat and tidy. She is a crucial piece of the our team and we are so lucky to have someone who cares so much about her patients and who takes care of the staff. Did I mention she brings in baked goods.

Inpatient Most Attentive Award goes to Danielle Rounds

Outpatient: The Most Attentive Award for Outpatient has worked as medical records clerk for over 15 years. Knowing that she is a Medical Records Clerk, that doesn't stop her from backing up her co-workers on a busy day by answering phones, scheduling appointments, registering patients and most recently being our interim “huddle leader”. She is always observant of her surroundings, from helping out her fellow co-workers or knowing when they are having a bad day, she always seems to know how to find the silver lining. Her bright disposition and warm personality has been an asset to our office “family” day after day.

Keep calm and “hug” on Allison Houghtaling, you are Most Attentive in Outpatient!

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Dedication to Safety and Quality:

The Inpatient RN dedicated to Safety and Quality is a stickler for following the rules. She prides herself on delivering excellent care to her patients and families and it does not go unnoticed by them! She works hard to ensure staff are up to date on their quality and compliance measures. She is very helpful in guiding new nurses in the direction of providing their very best care.

The Inpatient RN Dedicated to Safety and Quality is Michelle Mathews

Outpatient: The outpatient RN dedicated to safety and quality works very hard to improve the safety of our patients. One way she does this is through creating patient education materials and nursing education materials. This individual makes sure our newly diagnosed pediatric oncology patients get thorough teaching at diagnosis and throughout different phases of treatment. She also plays a crucial role in determining and meeting department quality goals. This includes efforts to improve our time from fever to antibiotic administration, increasing the number of oncology patients vaccinated for flu, and building our stem cell transplant program.

The Outpatient RN Dedicated to Safety and Quality is Kristen Thomas

Pediatric Resident:

This year's pediatric resident award goes to someone who has an excellent disposition. He is always so energetic and positive first thing in the morning, and no matter how long and tiresome of a day his personality is always sunny. He is attentive to patient needs and responds to requests regardless of how busy he is. Families respond very well while interacting with this resident. Our winner this year is always professional and willing to help. Even when not on service, is always very welcoming and willing to answer questions. He takes the time to explain rationales to nursing staff and it is always a pleasure to have him around!! This individual is very well rounded and a great asset to the department.

This year's Pediatric Resident Award goes to Chris Maierhoffer
