



Pediatric Crier

Department of Pediatrics Newsletter

<http://www.upstate.edu/gch/academics/newsletter.php>

Two New Neuro Faculty

We are excited to be able to introduce our two new Peds Neuro faculty this month:

Welcome A.C. Anilkumar MD



Dr Anilkumar is the Director of Pediatric epilepsy at Upstate, and is an Associate Professor of Neurology & Pediatrics.

Dr Anilkumar graduated from Thrissur medical College in India and has worked in many countries as pediatrician before sub-specializing in pediatric neurology. He completed residency training in general pediatrics at Maimonides Medical Center in Brooklyn, N.Y and later Pediatric Neurology at the SUNY Downstate, Brooklyn, NY. Before moving back to New York in September 2019, he was the Division Director of Pediatric neurology at the University of Missouri. His prior employments were with Geisinger Healthcare in Pennsylvania and the University of Louisville, KY. Dr Anilkumar is board certified in Pediatrics, Neurology, Child Neurology and Epilepsy. He is a fellow of the Royal Society of Medicine, American Academy of Neurology and American Academy of Pediatrics. His main focus is in the field of Epilepsy. Dr Anilkumar hopes to improve the care of children with refractory epilepsy at Upstate by improving EMU facilities and is currently spearheading the building of a Ketogenic diet program for epilepsy patients. Dr Anilkumar is also passionate about improving the current neonatal neurophysiological monitoring available in Syracuse.

He is a well published author of medical books, book chapters and articles in pediatric neurology. He enjoys teaching medical students and residents and is also engaged in research in the field of pediatric neurology.

He also publishes poetry and other literary work in his free time. You can read one of his poems at

<https://n.neurology.org/content/neurology/92/4/196.full.pdf>

Dr Anilkumar lives in Clay, NY with his wife Pinky who is an IT analyst, and he has 3 children.

Welcome Nicole C. Brescia, MD



Dr. Brescia tells the Crier, "I joined SUNY Upstate in the department of neurology in August 2019 and so far it has been a joy! I attended Wayne State University in Detroit,

Michigan for medical school and then hopped on over to the Montefiore Medical Center in the Bronx for my child neurology residency. From there I did pediatric epilepsy fellowship at Thomas Jefferson University Hospital in Philadelphia and A.I Dupont Hospital for Children in Wilmington, Delaware. My friend whom I did residency with in the Bronx told me about SUNY Upstate and how happy she was to working in the neurology department, and so I decided to come interview. So far, it's been awesome to get to know the patients, the other attendings, residents, medical students and staff here. It has also been wonderful to get to know central New York because I love hiking with my significant other and our dog and learning how to do new outdoor activities like cross country skiing. I also love cooking, baking, knitting, reading science fiction and literature about diversity and inclusion and traveling. I look forward to meeting and working with you all!

Mid-Winter Party

The First Annual combined Mid-Winter Housestaff Party and New Faculty Reception was held on Tuesday, February 11th at The Preserve. It was a lovely evening of great food, drinks, and fun, with almost 100 faculty and residents all dressed in their finest (some a little more colorful than others). The event was also a way to get to know some of our newest faculty members. New faculty (having started in July 2019 or later) included:

Dr. Joshua Bonville (gen peds)
Dr. Nicole Brescia (peds neuro)
Dr. Gregory Conners (peds EM among a few other responsibilities)
Dr. Nathan Meuser-Herr (gen peds)

Dr. Kate Okhman (gen peds)
Dr. Andrew Osten (peds hosp)
Dr. Anjali Sura (peds rheum)
Dr. Heather Wasik (peds neph)

We warmly welcome them all once again to the department! A special thanks to all of the attendings who helped to cover the event - Dr. Andrea Dvorak (Heme/Onc), Drs. Bob Dracker, and Richard Tyler (Floors) and Dr. Bill Hannan (PICU). It meant so much to the residents to be able to enjoy an evening out together!



Another Jolly Good Fellow!

Congratulations to Heather Ross who has accepted a position as one of our Child Abuse fellows for next year! Here is Dr. Pekarsky's formal announcement: "Dr. Botash and I are pleased to announce that Dr. Heather Ross accepted a position as a first year fellow in our Child Abuse Pediatrics fellowship. She will begin her sub-specialty training with us this September. As most of you know, Heather graduated from St. George's University School of Medicine and is currently finishing her last year of pediatric residency training at Upstate.

Heather completed a one month elective with the CARE Program last September. Our team was incredibly impressed with her both as a learner and as an individual overall. We are thrilled to have the opportunity to work with her for three additional years. Please join me in congratulating Heather on this next step in her career path."

Youth Shelter Painters

On Feb 22nd, about 40 Upstate employees showed up at the Rescue Mission's new 10-bed Runaway & Homeless Emergency Youth Shelter to paint.



Eleven of the 40 were from Peds (Go peds!). By the end of the day, Team Upstate had painted all of the ceilings and walls in all 10 bedrooms and the living room, removed carpeting, restored the back staircase, cleaned and painted the closets, cabinets, and the ceilings in the hallways. As Carolyn Hendrickson (RM) put it, "Team Upstate knocked it out of the park today!" They will be contacting Team Upstate about additional projects in the near future. Let Patty Mondore know if interested in joining the team!



Critical Care Cloudburst

A few of our residents (including one former resident) had their work accepted at the 2020 Society of Critical Care Medicine's annual congress in Orlando, FL. Pictured are Aarani Kandeepan, Dean Karahalios, Jake Anderson, and Sarah Au (and, yes, it was raining).



New this year, we also learned that residents can volunteer to work for one day of the conference and receive their registration (over \$1000) for free. This allowed all our first authors to participate!

Medicine Goes Peds

Those who have been around here long enough would know that the new Chairman for the Dept of Internal Medicine is also a Peds Nephrologist and has worked alongside our own Peds Nephrologists seeing peds patients over the years. Congratulations to Dr. Sri Narsipur on his new appointment! We are delighted that the Dept. of Medicine has such good taste.

The 3rd Annual Fun February Finalists

This is now the third year of Dr. Nelsen's Fun February contests. Once again this year residents are challenged to compete in four separate week-long contests that end with a peer-selected winner. The four categories include a Haiku contest, funny valentines, memes, and a Dolly Parton contest. The results are still coming in, but here are our winners so far:

Week 1: Best Haiku went to Max Burchman who submitted the following:

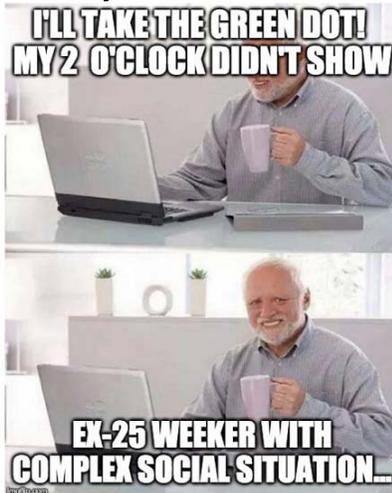
- Unhealthy coping
- I should go for a short jog
- Ate tacos instead

Week 2: Best Rejected Candy Hearts goes, again this year, to Chris Maierhofer (has anyone else wondered why he is so good at this?). Here are his top three winning entries.



- RPR You Mine?
- Do You Love Me, or Are You VFibbin?
- Let's Call Environmental Services, Cuz It's Gonna Get Dirty

Week 3: Memes. The title was once again claimed by Max Burchman:



Coming next month: Winner of the Week 4 Dolly Parton Challenge.

Sim Day, 2020

About 30 residents got to experience another Sim day on 2/27 at EMSTAT thanks to all the efforts of the ED faculty and fellows. We were told that all of the patients (and residents) survived!



Thank you again ED Team!

Welcome Sophie Anna Mayer

We received the following from Dr. Jessica Mayer: "I welcomed Sophie Anna Mayer into my family on 12/22/2019. She was born at 5 lbs 12 oz at 35 weeks. She's a little peanut and doing great and is already 2 months as of tomorrow!" Congratulations, Jessica! Sophie is adorable! (We also enjoyed the photo bomber).



The March Caption Contest

It's that time again! It is time for another Crier Caption Contest. The picture needs no explanation (though, an explanation would have been interesting). But it does need a good caption. Submit your entries to the Crier for a possible prize!



MARCH BIRTHDAYS

- 3/1 Clara Galster
- 3/19 Dean Karahalios
- 3/22 Anam Farooqui
- 3/24 Tyler Colangelo
- 3/25 Ann Botash
- 3/27 Reena Ray Garg

Neonatal montage

Arayampambal C. Anilkumar, MD

Neurology® 2019;92:196. doi:10.1212/WNL.0000000000006823

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MORE ONLINE

Audio

Listen to Dr. Anilkumar
read this poem.

[NPub.org/SISeic](https://www.npub.org/SISeic)

As the electrode pops on your hiccups
The day of misery is just born.
The artifacts, starlings in murmuration
The oscillator, your heartbeats, your breathing
Then the pat on the back by your nurse
The swinging chair of your grandma.
You sleep.
The trace' alternant appears.
I watch you stretch.
More artifacts.
Then come the sharp waves like army ants.
I ignore a few.
They soon disappear behind the vertex.
Here come the delta brushes
Sharps return with a vengeance
Like tumbleweeds on the sand dunes.
The picket fences become corn fields.
You, stretch with a slight quiver
Your mother pushes a warm kiss on you
The low oxygen alarm sounds.

You are travelling in windows of green
Corn fields, then passages and more.
Sand dunes, with isolated bushes
Then army ants again on the right, and then left
Building picket fences and corn fields.
I lost count of your seizures; how many so far?
You stretch, staring at me through the camera.
Where will you be travelling next?

Figure Neonatal EEG

