



<http://www.upstate.edu/gch/academics/newsletter.php>

New Faculty – Welcome Dr. Goldstein

We are excited to be able to introduce two new faculty this month. Dr. Gregory Goldstein will be starting in the PICU:



“Hello and Happy New Year Upstate Golisano Children’s Hospital Department of Pediatrics. My name is Gregory Goldstein and I am happy and excited to say that I will be joining your team as an Attending in the

Pediatric ICU. I am pleased to be returning to New York State (I was born and raised in Westchester County) after completing my fellowship in Pediatric Critical Care at the Children’s Hospital of Richmond (Virginia). Prior to that I completed my Pediatric Residency training at Maria Ferrari Children’s Hospital at Westchester Medical Center and medical school at New York Medical College.

Apart from working together to provide the highest quality care to the children in the PICU, I look forward to taking an active role in education, simulation, patient transport and would be happy to talk your ear off about any of those things! Professionally my interests also include Stress and its effects on parents, patients, and the medical team as well as burnout and moral distress. Outside of the hospital my interests include chess, cooking, fitness and the outdoors. I look forward to meeting and working with everyone!

Welcome Dr. Adrienne Borschuk

The Division of Peds Heme/Onc welcomes Dr. Adrienne Borschuk who started on 12/1. Dr. Borschuk joins us from Cincinnati Children’s Hospital where she was a pediatric psychologist for the last 4 years. She completed her postdoctoral fellowship at the Cincinnati Children’s Hospital, Center for Child Behavior and Nutrition Research, and her internship in clinical psychology at the Kennedy Krieger Institute and John Hopkins University School of Medicine. She shared the following with the Crier:

“Hi everyone! I’m a pediatric psychologist from Baltimore, but attended SU for undergrad. I’ve come back to the area and joined Upstate/Golisano after being at Cincinnati Children’s for 6 years, where I worked closely with the ICUs and Palliative Care. At Upstate I’ll be embedded with Hem/Onc and CHOICES. I love working with interdisciplinary teams to solve complicated problems and provide everyone the support they need to do their best. I moved here with my husband Alex, a pediatric neuropsychologist, and our 3 dogs! We’re both from the East Coast and

are thrilled to be closer to family and friends. Outside of work I like to sew, cook, and spend time with my husband and our dogs. I look forward to getting to know everyone!”



Our New Assistant Program Director

We are delighted to announce that Dr. Winter Berry (UPAC) has agreed to be named the Assistant Program Director for ambulatory medical education and resident continuity clinic. She will be doing exactly what she is already doing for the residents and resident education in the clinic but this new title will help our program fulfill the requirement for a minimum FTE of 1.1 for program leadership that we must have in place by July 1, 2023 as per ACGME.



Our APPD Resident Scholar!

Congratulations to our very own Lauren Thomas who has been chosen as a 2023 Advancing Inclusiveness in Medical Education Scholar for the APPD. On the acceptance letter they noted that “The selection committee was very impressed with your application and is happy to offer you a position in the program”. Lauren is one of only 16 people, nationwide, to be selected for this program. The AIMS (Advancing Inclusiveness in Medical Education Scholars) Program will begin on March 28th before the annual Association of Pediatric Program Directors (APPD) meeting in Atlanta, GA. The Crier will have embedded reporters onsite so hopefully we can send an update after the event. Be sure to congratulate Lauren when you see her.



Two New Fellows:

While all of our PL3s were busy matching in great fellowships last month, our own fellowship programs were busy matching great candidates who will train here at Upstate. Dr. Pekarsky told us, “Our Child Abuse Pediatrics (CAP) Fellowship

Program is thrilled to announce the results of our recent Match. Upstate Pediatric



Residency Program’s Dr. Lizzy Simmerman will be joining us in 2023 to begin the three-year training. Our team feels very fortunate to have matched with a physician who is as kind, compassionate and intelligent as Lizzy.

In other CAP Fellowship Program news, I am happy to report that Dr. Iram Ashraf (who graduated from our program in October 2021) passed the ABP’s CAP certifying exam earlier this year. We also learned recently that our current PGY-6, Dr. Heather Ross passed the ABP’s General Pediatrics certifying exam. It’s been an especially good year for our program!!!”

We also matched a Peds Hospital Medicine Fellow. Dr. Myszewski shares the following:



“We are very excited to have Dr. Tanmai Shah joining us next academic year. Originally from Floral Park, NY, Tanmai attended Brooklyn College where he received a BA in

Psychology. He remained in the NYC/Long Island area for medical school, attending SUNY Downstate Health Sciences University College of Medicine, and for residency at Stony Brook Children’s Hospital. Tanmai has family in Central New York so is already familiar with Syracuse. He enjoys hiking, traveling and cooking. He also has a hidden talent...he plays the ukulele.”

Resident Holiday Party



On Thursday, 12/15 at 11 AM, the residents gathered for their annual holiday party which included secret santas, ugly sweaters, lunch, and a very special holiday game (thank you Lucia and Dayna!). The residents were treated

with a rousing round of Resident Jeopardy. In the process we learned several previously undisclosed facts about some of our residents. For example, did you know that one of our residents used Adil's credit card to buy \$800 concert tickets? And did you know that one of our seniors piloted a boat as a toddler? And there were photos to prove it.



Crunch Coffee and Donuts
Special thanks to the Syracuse Crunch Hockey team for dropping off donuts and coffee on 12/15 for the inpatient faculty and residents to thank our inpatient doctors for all their contribution to the care of the children and families of CNY throughout the year.

The Thabet Collection!
Every December my three sons and I collect winter hats, gloves, and socks for those in need in Syracuse. A few years ago, in discussing this endeavor with a fellow pediatrician, the physician asked if they could contribute and she did! Word spread around the Peds department and more people donated to the cause. Each year since that time, I put a box in the main area of the pediatric department offices. Every year the box fills up, quicker each year as well. This year, thanks to the donations of many, we have exceeded the usual number. Usually we collect anywhere from 120-150 gift bags worth of winter items (each bag contains a winter hat, gloves and socks), but this year we have collected so many more that we not only were able to distribute the winter gift bags to the Samaritan Center, but we were also able to donate the excess to the women and children's shelter. I have attached a picture of my sons and I excited about the collections. The bags pictured are just the ones going to the Samaritan Center and do not include the many additional bags for the women and children's shelter. On behalf of my sons and I, we wanted to share the exciting news and show our sincere gratitude to the generous folks who helped us exceed the goal this year. May everyone have a warm, blessed, and Happy New Year, Asalam, Malik(10), Hamza(8), and Musa(4).



Welcome, Isa!
We are super excited to welcome the newest member of our Department. Ayat and Areeb are pleased to announce the arrival of baby boy Isa Mustansar on 12/19 at 7 lbs. Congratulations, Ayat and Areeb!



Harley Therapy
Former Education Administrator Jay Peacock stopped by with his best friend Harley to provide a few hugs and kisses to the residents (Harley did that, not Jay). We hope they will come back again soon!



Where are they Now?
The Crier learned that former resident, Dr. Aarati Rao (2003) was recently named as Chief of Pediatric Specialties at TPMG (Kaiser Permanente) in Roseville, California. Aarati is a Peds Heme/Onc doctor and has also been an I.A.N. advisor with the ECFMG since 2005.



New Arrival
We also recently learned that former resident Katie Lewinter (2017) welcomed a new member to the family. She told the Crier, "Leah was born on October 25th. Emma has really embraced the big sister role, it's beautiful to watch." Congratulations, Katie!
In her spare time, Katie is a Peds Pulmonologist at Children's Hospital Los Angeles.



Baby Mohamed
Last month we announced the birth of Abeir and Ahmed's baby boy Mohamed, just as we were going to print. At the time, we had no photo to verify our claims. Here is the moment when Ahmed and Mohamed met face-to-face.



Interview Updates
As we head into the New Year, we have already completed 140 interviews with only two more days to go (1/6 and 1/13) making this a record breaking year for total number of interviews done (and we can't thank the chiefs, faculty, and residents enough for making it possible).

JANUARY BIRTHDAYS
1/4 Bob Hingre
1/10 Avnee Nulkar
1/13 John Andrade
1/17 Tara Dowd
1/21 Lamia Jouhar
1/24 Jessica Mayer
1/25 Nienke Dosa



Happy New Year 2023!
Note that the resident New Year's break is from 12/29 to 1/2/2023! Also note that we are heading into the New Year with the arrival of all three of our newest peds resident family members (Babies Mohamed, Isa, and Selah!). Happy New Year!



Fellow Follow-Up
Last month, we announced our matched residents just after the print version had been published). So, we would like to congratulate all seven of our current residents who entered the 2022 fellowship for matching in their chosen specialty.

- Shehzad Ahmed – Peds GI - Univ of Rochester
- Andrew Brooks - Peds Emerg Med – USC
- Laaibah Ejaz – PICU – Children's Hosp, MI
- Simi George – Peds Hosp Med – Michigan State
- Mayank Sharma – Peds Cardio – Univ of Iowa
- Lizzy Simmerman – Child Abuse – Upstate
- Alex Ramirez (chief) - PHM - NY Presbyterian