



# Pediatric Crier

## Department of Pediatrics Newsletter

<http://www.upstate.edu/gch/academics/newsletter.php>

### Welcoming our Newest Orthopedic Pediatric Surgeon

Happy New Year! We start off the new year with a new faculty member. Dr. Rajin Shahriar is the latest addition to the orthopedic specialists at Upstate Orthopedics. Dr. Shahriar specializes in pediatric orthopedics and will be joining the 3 other pediatric orthopedists already in the practice. Dr. Shahriar share the following with the Crier:



“I am originally not from the area, and have travelled around a fair amount. I grew up in Texas, then did my undergraduate at Stanford in California. My medical training started with medical school at Texas A&M, then internship at Hershey Medical Center in Pennsylvania, residency in Orthopaedic Surgery at Wayne State in Detroit, and, finally, fellowship in Pediatric Orthopaedics at Washington University in St. Louis. My wife, Raisa, is originally from New York and, thus, we were very excited to get the opportunity at Upstate.

I have a broad range of interests within pediatric orthopaedics, ranging from musculoskeletal trauma and fracture care, to scoliosis and other spine deformity, hip disorders, limb deformity, among others.

Outside of work, my wife and I enjoy hiking and biking, eating out or preparing food at home. We also have two cats. I look forward to continuing to meet faculty and staff within the department and working toward our shared mission of taking care of the children in central New York.

### Interview Season Is Well Underway!

Five down, three to go! Residents, it is not too late to sign up for one of the remaining three dinners though there will probably not be any more ugly sweater dinners this season.

### Jolly Great Fellows

Congratulations to all of the PL3s who matched in the December subspecialty match this year. The list includes:

Nara Cho: child abuse pediatrics at Nationwide Children’s Hospital in Columbus, OH

Sarah Baluta: pediatric rheumatology at University of Rochester

Max Burchman: pediatric pulmonology at Washington University in St. Louis

Carlee Lenehan: pediatric emergency medicine at Washington University in St. Louis

Rohan Akhouri: pediatric emergency medicine at Children’s Mercy Hospital in Kansas City, MO

Dean Karahalios: pediatric cardiology at Children’s Hospital of Michigan in Detroit

Aarani Kandeepan: pediatric critical care at University of Maryland

Tyler Colangelo: pediatric endocrinology at Children’s Hospital of Pittsburgh

If you see one of these future fellows, congratulate them, and tell them you read all about it in the Crier.

### Executive Director

Our very own Henry (Hnnk) Roane, Ph.D. was featured in the December Upstate Online after being named as executive director of the new Golisano Center for Special Needs which is scheduled to open in early February. <https://www.upstate.edu/news/articles/2020/020-12-23-roane.php>

### Holiday Happenings

Not even a pandemic could dampen the holiday spirits as about 60 Secret Santas deviously went about their work last month culminating in a very revealing morning on December 17<sup>th</sup>. The virtual celebration also included the annual ugly sweater contest.



The competition was fierce, and votes were tallied remotely to reveal the ugly truth. Congratulations to Nara Cho who took the honor of having the ugliest sweater (and definitely the most illuminating, as well). Nara received the highly coveted official 2020 Ugly Sweater award (which doubles as a tree ornament).



(Nara, her sweater, and her Christmas companion)

The festivities ended, in lieu of a holiday luncheon, with each resident receiving a gift card from GrubHub (if you haven’t picked yours up yet let a chief know).

### The Gingerbread Treehouse

Our very own Val et al put together an amazing Gingerbread Treehouse for the Upstate Interdepartmental Gingerbread house competition. Val explains her magnificent creation: “Our piece is called ‘RRT in the Treehouse Lobby’. It is a sugary rendition of our children’s hospital, which can be identified by the colorful windows, red trees, and majestic horse. Don’t worry, the child is fine! He just went to the wrong entrance. He will be escorted to the Peds ED by our RRT Team and Santa Claus for further

evaluation.” Val and several resident elves put a very late night in on their production and it clearly paid off. Especially knowing the patient survived.



As of 12/31, we have not yet been notified of the ginger winner. We'll keep you posted.

### “Every Note He Writes”

Our very own Evan Ho was the recipient of the Clinical Documentation Department at Upstate’s *Certificate of Appreciation for Excellent Documentation* for his “dedication to complete, accurate and specific documentation in Pediatrics.” The certificate stated, “Every note he writes has the diagnosis, etiology, treatment, and progression of care by stating resolved, improving and so forth.” Wow! Evan just raised the documentation bar! Congratulations!

### Welcome Natalie Anne!

Congratulations to Anne Reagan on the safe arrive of Natalie Anne. Momma Anne tells the Crier, “I wanted to share with you our newest addition. Feel free to share if there is any space in the next Crier. This is Natalie Anne Karn born 12/8/20. Everyone is doing well. Happy Holidays.”



### Welcome, Baby Emma!

The Crier was delighted to get the following update from former resident Katie Lewinter (Class of 2017):

I wanted to say hello and to share a photo of my daughter, Emma, born on Thanksgiving. I took an attending position at Children’s Hospital Los Angeles as a pediatric pulmonologist (just found out I passed my pulmonary boards!). My husband Matt and I bought a house in Orange County and are still loving the SoCal weather and lifestyle.



Attached is a photo of Matt and me in Australia last year.



Say hello to everyone at Upstate for me!” Congratulations Katie and Matt! We are so happy for both of you (and the very content looking Koala, too!)

### In Loving Memory



We are sad to mention the passing of a long time member of our department. Valoree Suttmore passed away Friday, December 4, 2020 after a long battle with Ovarian cancer.

Valoree took a position at SUNY Upstate Medical University in 2006 as a Clinical Research Associate in the area of Cystic Fibrosis and Pediatrics where she worked right up until her death. Valoree asked that donations be made to the CF Foundation and the Department will be making a donation in her memory. We will miss Valoree and are so grateful for all the work she put in for the CF patients she cared so much about.

<https://obits.syracuse.com/obituaries/syracuse/obituary.aspx?pid=197240960>

### We Did It!

*Asalim, Malik, Hamza, and Musa*  
During the month of November, my sons and I (like many of you) were discussing gratitude and the importance of giving back. As the Syracuse weather started to become cooler, we prepared by gathering our hats, gloves, and warm socks. We realized that everyone in Syracuse should have the opportunity to prepare with the same necessities. This simple concept acted as a catalyst for our winter donation project for the Samaritan Center.

It brings us great joy to report that with your support, generosity, and giving we were able to exceed the necessary number of winter care packages (hats, gloves, and socks) for the people of the Samaritan Center.

The Samaritan Center emailed me the following: “Thanks you so very, very much!! I cannot tell you how much this kindness will mean to the folks we serve! And for your thoughtful consideration of how best to keep folks safe.”

This year has been interesting and challenging in so many ways, but through it all, in the words of my gregarious 2 1/2 year old “we did it!” On behalf of my sons and I, thank you! Asalim, Malik, Hamza, and Musa



### JANUARY BIRTHDAYS

1/4 Bob Hingre  
1/13 John Andrade  
1/15 Ruby Sangha  
1/20 John Friedman  
1/25 Nienke Dosa