

http://www.upstate.edu/gch/academics/newsletter.php

# New Faculty:

### **UPAC Welcomes Shauna Thariath**

We are excited to introduce the newest member of the Peds faculty to you. Dr. Shauna Thariath joined the team at UPAC in July. She shared the following: "Hello! I am pleased and honoured to be joining the UPAC Team as a pediatrician. My name is Shauna Thariath MD and I grew up in Edmonton, Alberta, Canada. So don't worry, I am very familiar with snow.

I joined medical school at Saba University School of Medicine and pursued Pediatrics at the University of New Mexico Hospital (UNMH), Albuquerque NM. This past June I completed my Residency in Pediatrics and treasure the experiences I received particularly working with our Foster Care clinic, urgent care, outpatient clinic and nursery.

In my free time I enjoy traveling, baking and board games. With me is my husband Roger Varghese who is an Internal Medicine Physician in Syracuse for the last 4 years. We've both come to love Central NY and excited to grow roots here in Syracuse. I look forward to meeting everyone!"



### **Special Recognition**

Congratulations to our own Dr. Ann Botash who was recently awarded a Special Recognition Certificate from the American Academy of Pediatrics in recognition of her work with child abuse issues and educational leadership. Upstate Online did a great article about her

https://www.upstate.edu/news/articles/2022/2022-07-12-botash.php

In an exclusive interview, Dr. Botash tells the Crier, "I'm one of two that were awarded certificates of recognition and the main 'winner' will be honored, I suspect, at the AAP NCE meeting. I was nominated by Dr. Conners! I was surprised to be recognized and am so honored and humbled by it! I think being here at Upstate, surrounded by supportive mentors, colleagues, friends, and family, makes an award like this all the more special. It's really a reflection of the hard work of a lot of people."

#### **Upstate's Featured Fellowship**



Interestingly, just a few weeks earlier, Upstate Online did a great article on our Child Abuse fellowship last month featuring Dr. Pekarsky and our current fellow, Heather Ross. In case you missed it... https://www.upstate.edu/news/articles/2022/2

#### Published in the NEJM

022-06-28-capfellow.php

Congratulations to former resident Helena Gutierrez (Class of 2016) who was just published as first author in the NEJM. <a href="https://www.nejm.org/doi/full/10.1056/NEJM\_0a2206294?query=featured\_home">https://www.nejm.org/doi/full/10.1056/NEJM\_0a2206294?query=featured\_home</a> After graduating from here she went to Mayo for GI (and trained under our own Imad Absah (2009) and then went to UCLA for a hepatology sub-fellowship. Sher is now at Children's of Alabama.

## PAR for the course!

The residency program has started several new and innovative conferences for this new academic year. One is our new Friday PAR talks. The first official PAR talk of the year was presented by Lizzy Simmerman by WebEx from 12:30-1PM on July 15th. Lizzy also hosted the session in-person, in the work room (11-405), for all those in the GCH.

#### **Board Battles**

Another exciting new conference series this year is fondly referred to as "Board Battles". A third year resident leads as the three teams (PL1, PL2, and PL3) compete on the board battlefield to answer the questions. The prize for the winning team is...sweet! The first one was led by Andrew Smith on July 28th.



In addition to these two new conferences, on Wednesdays, we also have the new chief-led "Lunch and Learn" sessions.



We are also continuing the popular Sim Sessions led by Dr. Zuccaro on alternating Tuesdays and Fridays. Note that the official ED Sim half day conference is scheduled for August 25<sup>th</sup>. We hope to have a full report on that for you next month.

## Taken for Granted!

Congratulations to Dr. Andrake, Dr. Caruso-Brown, Dr. Domachowske Dr. Monteleone, and Dr. Roane, for their grants highlighted in the Upstate Research Awards Spring Newsletter. See attached for the projects listed for each of our award-winning researchers



**Engaged** 



The Crier received the above picture from former residents Valerie Ho (2020) and Joshua Griesman (2020). While one might be tempted to focus on the adorable puppy, one should be careful not to overlook the giant new diamond on Val's finger. Val tells the Crier, "The puppy preceded the ring by about 2 months, but she is happy her parents are finally making it 'official'!" Congratulations, Val and Josh (and puppy)!

### **Boilermakers and Champions**

Peds was well represented in the Boilermaker run on July 10<sup>th</sup>. Faculty runners included Drs. Blatt, Deluca, Nelsen, and Wasik (pictured are Dr Blatt, his daughter and wife, and Dr. Nelsen.



Dr. Nelsen tells the Crier, "... Yesterday was the Boilermaker and I was up very early and I ran very well and I met Kathrine Switzer at the finish (<a href="https://kathrineswitzer.com/1967-boston-marathon-the-real-story/">https://kathrineswitzer.com/1967-boston-marathon-the-real-story/</a>).



(Note: Kathrine was the first woman to run the Boston Marathon).

#### 5K for 40K

Thank you to all who so generously helped sponsor Patty Mondore's 5K run in the Ride and Run event on 7/30. This is the Rescue Mission's biggest annual fundraiser, and provides over 40,000 meals to those in need every year. The fact that you are reading this issue of the Crier means that Patty made it over the finish line (eventually) and your donations will help feed anyone who shows up at their doors, three times a day, 365 days per year. See below for some interesting history for the organization you helped support.

#### What's in a Name?

(from the Rescue Mission website)
The Syracuse Rescue Mission has been providing food, clothing and shelter for people in need in Central New York since 1887. The name "Rescue" Mission originates from Syracuse's history with the Underground Railroad. In 1851, an escaped slave named Jerry, was arrested and imprisoned in Syracuse. Facing a return to his owner, abolitionists freed Jerry, and helped him to Canada. This famed "Jerry Rescue" inspired the name of our fledgling Mission some 30 years later.

Notably, the Syracuse Rescue Mission was the first to use the name "Rescue Mission" in the United States. Similarly named organizations now exist all over the world, but the Syracuse Rescue Mission remains the original. Unaffiliated with other Rescue Missions, the Syracuse Rescue Mission and the Rescue Mission Alliance operate with complete independence and are 100% local to Upstate and Central New York.

Note that for the past two years the Rescue Mission's Runaway & Homeless Youth Shelter was Upstate's charity of the year. Several peds faculty, staff, and residents helped paint, clean, garden, and prepare for its grand opening which should be any day now! Dr. Karen Teelin has remained in contact with the Youth Shelter and hopes to both provide care for the youth who are staying there, and also involve the residents while on their adolescent rotation. Stay tuned for updates on that.

https://rescuemissionalliance.org/youthshelter

#### AUGUST BIRTHDAYS

8/1 Lauren Thomas 8/9 Caitlin Deluca 8/10 Jody Sima 8/13 Phil Mackewicz 8/15 Rida Sherwani, Melissa Schafer 8/22 Beth Nelsen 8/25 Heather Ross





















