Infection Control

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Hand Hygiene

- 15-20 seconds of friction under running water
- Use Alcohol Gel/Foam: When hands are not visibly soiled with exception of C. difficile patients
- When:
  - Before patient contact (and between contact with underline different sites on the same patient underline)
  - Before Aseptic Task (performing any invasive procedure/prior to putting on sterile gloves)
  - After Body Fluid Exposure Risk
  - After patient contact (after removing gloves)
  - After contact with patient surroundings

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Safe Injection Practices

- One needle, one syringe, one time. No reuse of needles or syringes for more than one patient/no reuse to draw up additional medication
- Limit use of multi-dose vials and dedicate them to a single patient whenever possible
- Do not administer medications from a single dose vial or IV bag to multiple patients
- Wear a surgical mask when placing a catheter, accessing or injecting material into the spinal canal or subdural space (includes lumbar punctures, intrathecal injections, etc)

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Hospital Associated Infections

- Infections acquired while receiving treatment for another condition
- Examples include:
  - Urinary Tract
  - Surgical Site
  - Bloodstream
  - Pneumonia

- Associated with a variety of risk factors:
  - *Indwelling medical devices such as catheters*
  - *Surgical procedures*
  - *Injections*
  - *Environmental Contamination*
  - *Transmission of communicable diseases*
  - *Overuse or improper use of antibiotics*

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Exposure Reporting

- Reporting Communicable Disease Exposures: Contact Employee Health Mon.-Fri. 7:30am-4PM, both campuses
- All other times: contact Administrative Supervisor

- Reporting blood & body fluid exposures: Contact Employee Health Mon.-Fri. 7:30am-4PM, both campuses
- All other times report to UH Emergency Department for evaluation and care.

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