

# CMO REPORT

FROM THE DESK OF

Amy Tucker, MD, MHCM, Chief Medical Officer, Upstate University Hospital  
Associate Dean for Clinical Affairs, College of Medicine  
Vice President, Ambulatory Services and Population Health, Upstate Medical University

UPSTATE  
UNIVERSITY HOSPITAL

July 3, 2019

## Annual Education – Patients with Diabetes on Insulin Applies to All Physicians

- All patients will have their home dose of long-acting insulin (Lantus, Levemir, etc.) reduced by 20% on admission by pharmacy staff. Patients are at risk for hypoglycemia if continued on their home dose of insulin due to reduced PO intake related to illness, CHO consistent diet, NPO for tests, etc. To reduce this risk, the total daily insulin dose should be reduced by 20%. The pharmacy will automatically reduce the Lantus but the primary team should review mealtime bolus insulin.
- Patients with Type 1 Diabetes always require long-acting insulin to prevent DKA, even when NPO (unless on an IV insulin drip or insulin pump). Consult the Endocrine Team for all Type I diabetics who are admitted.
- The meal-based insulin regimen used in the hospital provides lispro insulin to patients *after* they eat, based on the number of carbohydrates consumed.

## DVT Prophylaxis Optimization Opportunities Applies to All Physicians

### A message from Luke Probst, Executive Director of Pharmacy Services...

Internal data demonstrates that patients are more likely to miss or refuse unfractionated heparin doses than enoxaparin for DVT prophylaxis, possibly reducing the effectiveness of heparin. Enoxaparin is more convenient (once or twice daily dosing of smaller volumes) than heparin (twice or three times daily dosing) and can be safely used in patients with normal or impaired creatinine clearance as low as 15ml / min. Providers are encouraged to use VTE prophylaxis order sets for medication selection. Enoxaparin should be chosen for most VTE prophylaxis regimens unless infrequent patient factors dictate otherwise.

## Clinical Documentation Improvement Applies to All Physicians

### Your monthly tip from Dr. Emily Albert and Dr. Ali Khan, Co-Directors, Clinical Documentation Improvement...

Did you know Upstate has a CDI team made up of 13 Registered Nurses? They are here to help ensure that the documentation of the care you provide is consistent, specific and clear. If you need help with a query or have any documentation questions please ask them, they're here to help and can be reached at 315-464-5455.

## Save the Date Applies to All Physicians

The Annual Medical Staff meeting will be held on October 15, 2019 starting at 6 pm in the New Academic Building, 4<sup>th</sup> Floor. Tait Shanafelt, MD, Chief Wellness Officer for Stanford Medicine, will be speaking. Please mark your calendars.

**ALERT —**  
**ADVISORY —**  
**UPDATE —**

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## Outstanding Physician Comments

Applies to All Physicians

Comments from grateful patients receiving care on the units and clinics at Upstate:



**Breast Care Center:** Dr. Lisa Lai is very compassionate, always willing to listen, and even to explain herself again. The very best surgeon to have when you are so scared.

**Dental Service:** Dr. Terrence Thines – awesome!

**Joslin Center for Diabetes:** Dr. Barbara Feuerstein – knows my medical history, takes time to listen and makes the appropriate recommendations. Dr. Rachel Hopkins does a wonderful job of combining her excellent medical expertise with compassionate care. Dr. Roberto Izquierdo – listened and communicated well with me.

**Medicine Subspecialties:** Dr. Eduardo Bonilla – he gives me hope in knowing that I am under his care. Dr. Hiroshi Kato is the best, caring, understanding, and a good listener. Dr. Hom Neupane is very sensitive to the amount of pain I may be experiencing. I really like Dr. Hom Neupane. Dr. Birendra Sah is genuinely concerned with finding the root of the problem.

**Multi-Disciplinary Programs Cancer Center:** Dr. Kaushal Nanavati – gives me a lot of encouragement and emotional support, has been a great help. Dr. Jesse Ryan – I trust him implicitly and am grateful for his technical expertise, creativity and dedication.

**Pediatric Urology:** Dr. Jonathan Riddell – professional, kind, interested. I wish all physicians were like Dr. Jonathan Riddell!

**Surgery – UH:** I have already recommended Dr. Michael Costanza to one long-time friend and a relative.

**Surgery – UH LL022:** Dr. Taewan Kim is a good surgeon, as well as a great person. Dr. Moustafa Hassan is the BEST. I have recommended him to multiple people. Dr. Moustafa Hassan is an asset to your facility/hospital. He's literally a lifesaver and the best in everything involved with being a doctor/surgeon!!

**UHCC – Neurology:** Dr. Luis Mejico is an excellent neuro-ophthalmologist and has remained engaged in my care over the past four years.

**University Cardiology:** Dr. Robert Carhart – compassionate with patients. Dr. Robert Carhart always listens to any medical concerns I may have. Dr. Debanik Chaudhuri is always very patient and kind. Dr. Debanik Chaudhuri is the best, kindest, knowledgeable, concerned doctor I've ever had. I pray he never leaves the area.

**University Center for Vision Care:** Dr. Samuel Alpert – credentials are exceptional and seems to be a genuinely good person. Dr. Robert Swan – communicates well, explains things you don't understand and is patient.

**University Internists:** I have tremendous confidence with Dr. Vincent Frechette. He is genuine in his interest about my well-being, always providing pertinent information at each visit, and is uncanny in his wealth of information and knowledge. I am very fortunate I am a part of his practice.

**University Pediatric & Adolescent Center:** Dr. Steven Blatt always goes above and beyond.

**Upstate Urology:** Dr. Timothy Byler is excellent! Dr. Elizabeth Ferry is thorough, professional and very understanding. Love Dr. Natasha Ginzburg.

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