

PGY3 Outpatient Breast Rotation Curriculum

Breast health is an important part of outpatient primary care. In patients with a high risk of breast cancer and/or a strong family or personal history of breast cancer, a multidisciplinary approach to breast health is critical. Upstate Hospital has an outpatient breast clinic that focuses on breast health.

Faculty: Dr Jayne Charlamb

Educational Purpose:

1. Gain exposure to and understanding of normal and abnormal breast physiology and disease.
2. Collaborate with genetics, lactation consultants, and radiology concerning breast care in normal and high-risk patient populations.
3. Provide breast care to patients in the breast health clinic under the supervision of Dr. Jayne Charlamb.

Learning Venue

- A. Rotation Description: Learners will attend clinic at the Community Campus with Dr Charlamb on Tuesdays and Wednesdays. Continuity clinic at UHCC WHS will be on Thursday afternoon.

Expectations of IM Resident (usually PGY3):

- Responsible for communication with Dr Charlamb in advance of their first week on rotation to determine how they will utilize their time during the Breast Flex days.
- Complete assigned readings from Dr Charlamb as well as the AAP online Breastfeeding curriculum.
- See patients with Faculty as required and perform tasks assigned by the Faculty.
- Participate in interactive didactic experiences, which include multidisciplinary breast cancer sessions
- Participate in whichever Flex sessions are selected at the start of the rotation

B. Teaching Methods

1. Outpatient Noon Conference
2. Clinic Education – will debrief with Dr. Charlamb following patient encounters, will observe genetics and lactation appointments
3. Participation in Breast Cancer Multidisciplinary meeting
4. Required Reading: www.aap.org/en/learning/breastfeeding-curriculum/

AHA ACLS Guidelines 2020

Methods of Evaluation:

Evaluations are based on the six core competencies. Each member of the team is expected to complete an electronic evaluation at the end of the rotation (to be delivered via MedHub).

Rotation-Specific Competency Objectives

- A. Patient Care: Describe the process of informed health care decision-making, including required components of an informed consent discussion
- B. Medical Knowledge: Describe the basic anatomy of the breast.
 - a. **Address the unique needs of pediatric/adolescent GYN patients** (including indications for referral) in the setting of breast masses.
 - b. **Breast conditions and disorders:**
 - 1) Understand, evaluate, and manage benign disorders of the breast (eg, nipple discharge, pain, asymmetry).
 - 2) Evaluate and initially manage patients with a breast mass.
 - 3) Describe the characteristics and evaluation findings suggestive of benign versus malignant breast masses.
 - 4) Perform an evaluation (including physical examination, testing, imaging, and indications for biopsy and referral).
 - 5) Use evidence-based risk models to counsel patients on their risk of breast cancer and prevention options.
 - 6) Describe the effect of hormonal therapy on breast health.
 - 7) Define, perform a pertinent history & physical exam, develop a differential diagnosis, perform appropriate diagnostic testing & describe the initial management and indications for referral for a patient with galactorrhea/hyperprolactinemia
 - 8) Counsel about postpartum care of the breast, including breastfeeding/chestfeeding. Counsel about diet and exercise during and after lactation.
 - 9) Diagnose and perform initial management of mastitis/breast abscess
 - c. **Breast cancer: Risk identification and reductions**
 - 1) Assess patients' risk for cancer of the breast.
 - 2) Review family and personal history to identify patterns suggestive of hereditary cancer syndromes to provide appropriate referrals to a genetic counselor.
 - 3) List genetic markers most frequently associated with hereditary cancer risk (e.g, BRCA1/2, MSH6, MSH2, MLH1, PMS2).
 - d. Understand implications of positive and negative genetic test results for surveillance planning and risk-reducing strategies.
 - e. Understand and counsel patients regarding indications, available options, interpretations, and limitations of genetic testing.
 - f. Counsel patients at increased risk of cancer regarding risk-reducing strategies including lifestyle modifications, medical interventions, and surgical interventions.

- C. Professionalism: Maintain strict patient confidentiality, and respect the patient’s autonomy, always demonstrating respect, compassion and responsiveness to the patient’s needs. Report on time for all scheduled shifts and clinics and do readings as assigned. Demonstrate ethical and culturally sensitive care. Describe and apply the basic principles of medical ethics, including autonomy, beneficence, justice and non-maleficence.
- D. Interpersonal and Communication Skills: Use scientific evidence & methods to evaluate and improve patient care practices. Identify areas for personal and practice improvement; implement strategies to continually improve the quality of patient care provided using a systematic methodology. Locate, appraise and assimilate evidence from scientific studies related to patients’ health problems. Obtain & use information about the unique needs and characteristics of local and regional patient populations
- E. Practice-Based Learning: -Use scientific evidence & methods to evaluate and improve patient care practices, identify areas for personal and practice improvement; implement strategies to continually improve the quality of patient care provided using a systematic methodology, locate, appraise and assimilate evidence from scientific studies related to patients’ health problems, obtain & use information about the unique needs and characteristics of local and regional patient populations
- F. System Based Practice: Work with health care professionals in multidisciplinary teams, including communicating effectively. Develop awareness of the roles of other health care professionals and their effect on patient care, the health care organization, and society.

Schedule:

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>AM</u>	<u>Breast flex session – TBD</u>	<u>Dr Charlamb Clinic</u>	<u>Dr Charlamb Clinic</u>	<u>Breast flex session – TBD</u>	<u>Admin Jeopardy</u>
<u>PM</u>	<u>Breast flex session – TBD</u>	<u>Continuity clinic</u>	<u>Continuity clinic</u>	<u>Continuity clinic</u>	<u>Breast CA multidisciplinary</u>

Dr Charlamb’s office is located at the Community Campus POB South, Suite 1D.

Dr Charlamb will provide locations and times for other clinical assignments, including the Breast Cancer Program.

Breast Flex Time: assigned by Dr Charlamb

BS	Breast Surgery
LAC	Lactation
GC	Genetic Counseling
WI	Women's Imaging

Admin jeopardy and noon didactics: Friday mornings 7:30AM – 1 pm

Reviewed & Revised by:

Date Revised: