

Department of Medicine



Township-5 Groundbreaking Event took place on 10/30/18. The new building is set to open next Fall behind Movie Tavern. Many patients and friends have expressed how truly excited they are to join our new practice!

Congratulations

Drs. David Halleran, Oleg Shapiro, and Emily Albert will sit on the Medical Executive Committee as representatives from 1/1/19 thru 12/31/21.

Additionally, Drs. Leslie Kohman; President, Satish Krishnamurthy; Vice President, Stephen Thomas; Treasurer/Secretary, and Howard Weinstein; Past President will take their seats as officers from 1/1/19 thru 12/21/2020.



Drs. Frechette (and son), Changlai and Harrison at a golf tournament on September 8th at Green Lakes to support “Whole Me” a group that provides activities that promote educational, employment and social success for deaf/hard-of-hearing children, adolescents, young adults and their families.



The Hospitalists having a **spooktacular** time at their Halloween Party on October 27th!



Hospitalist Dr. Anjali Johri and Pulmonary CC Fellow Dr. Pardeep Masuta celebrated their wedding on September 1st and 2nd!



"We are proud of several PGY3's, who have done a wonderful job on projects to improve veterans' care. But the one resident who has really gone above and beyond this quarter is **Silo Mbame**. Silo not only applied herself during her two weeks, but also volunteered to attend meetings on her own time to ensure that progress was made. Her project has to do with triaging patients to the appropriate level of care, by making changes to CPRS to facilitate the correct level of admission to obs or full admit."

Drs. Dinesh John and Ryan Reed



Dr. Silo Mbame, PGY-3



Dr. Lauren Krowl, Chief Resident

"Several years ago several former chief residents developed a novel quality project to revamp our sign out process within the department of medicine. Lauren Panebianco and Michael Kosters put together a special Grand Rounds talk to create a "burning platform" for our residents. Arpan Patel and several others built the sign out into EPIC, put together a catchy mnemonic and helped conceive the initial iteration of this project. Although many individuals have contributed to this venture, **Lauren Krowl** has been the MVP. She has been the engine that has driven this project forward. She spearheaded the data collection, data analysis, statistical work (with Aashrai Gudlavaletti), and writing of this work."

Dr. Amit Dhamoon

I wanted to take this time to express my gratitude and praise for **Dr. Naina Sawal** as I just finished working with her on teams.

First of all, I wanted to start off by saying she was simply amazing. She has all the attributes of being successful in her craft. Naina was extremely hard working. I felt she was on top of everything when it came to her role as a resident on the team. She got along great with the interns and medical students. Before she left for the day, she made sure all the important things that needed to get done with regards to patient care were done. I distinctly remember Naina staying till 6pm on a non call day in order to make sure a patient had an NG tube placed as this was a difficult procedure. She was extremely efficient in contacting our consultant fellows for our patients and developed great rapport with them as well. Her ability to chart review for the patients is unprecedented. There were even few times that Naina had given me pertinent information that even changed management plans for our patients. She is very smart and dedicated time to teach the interns, students, including an active intern that she was responsible for. There were so many wonderful qualities that impressed me about her, but none was more important than to know how much she cares for her patients. I am really proud of her and I know she has a great future in store for her. During our feedback session, she expressed her desire in Pulmonary/Critical Care fellowship. Selfishly, I am hoping we get to keep her here at our program, but I know she will make an amazing impact anywhere that she goes.

Dr. Amitpal Nat



Dr. Naina Sawal, PGY-2

PROMOTIONS

Dr. Stefan Bornstein has been appointed to Research Professor



Dr. Christos Carvounis

Dr. Christos Carvounis has been appointed to Clinical Professor



Dr. Brian Galloway

Dr. Brian Galloway has been appointed to Clinical Professor



Dr. Devkota

Dr. Bhargava

Drs. Devkota and Bhargava joined Nephrology in September. Both former Fellows!

Drs. Shaukat and Bhuta started as new Fellows in Nephrology as of September.



Dr. Bhuta



Dr. Zainab Shahnawaz

Dr. Zainab Shahnawaz will be joining our Rheumatology team in November.

Awards



Dr. Dhamoon was nominated for the First Annual Compassionate-Connected Colleague award by Dr. Cassagnol.

Dr. Knohl received the Chancellor's Award for Excellence in Teaching on Sept. 12th at the 2018 Convocation Award Ceremony.



Dr. Dhaliwal, MD MOH received the 2018 American Society for Bone and Mineral Research (ASBMR) Young Investigator Award. The Adele L. Boskey Young Investigator Awards recognize early career investigators who have continued advancing the field of Bone Mineralization and Mechanobiology.

The Board of Regents of the American College of Physicians has voted to select **Dr. Ruth Weinstock** as the 2018-2019 recipient of the Samuel Eichold II Memorial Award for Contributions in Diabetes. Ruth's award will be presented on Thursday, April 11, 2019 at the Convocation Ceremony during ACP's Internal Medicine Meeting 2019 in Philadelphia, Pennsylvania.



Faculty Publications

Lehmann DF, Eggleston WD, Wang D. Validation and Clinical Utility of the hERG IC50:Cmax Ratio to Determine the Risk of Drug-Induced Torsades de Pointes: A Meta-Analysis. *Pharmacotherapy*. 2018 Mar;38(3):341-348. Doi: 10.1002/phar.2087. Epub 2018 Feb 19.

Harold Smulyan, MD. The Beat Goes On: The Story of Five Ageless Cardiac Drugs, submitted to *The American Journal of Medical Science*, 2017. Volume 356, Number 5. November 2018.

Publications

Divya Kondapi, Vikrant Tambe, Housam Hegazy. Pyeloduodenal fistula as a result of pyonephrosis, submitted to *Urology Case Reports*, 2018 Aug 30;21:36-37. PMID: 30202730

Lauren Krowl, Hassan Al-Khalisy, Pratibha Kaul. Metformin-induced lactic acidosis (MILA) vs lactic acidosis in metformin-treated patient (LAMT): A case report and review of current diagnostic model. *American Journal of Therapeutics* 2018 May;36(5):908.e3-908.e5. PMID: 29456175

Lauren Krowl, Pratibha Kaul. Idiopathic pulmonary hypertension, submitted to *Stat Pearls*, Aug 3, 2018. PMID: 30085583

William Li, Mark Saweris, Bhaskara Madhira. The case of TPN precipitated Neuroleptic Malignant-like syndrome in advanced stage Parkinson's disease. *American Journal of Therapeutics* 2018 Sep/Oct;25(5):e606-e607. PMID: 28731860

Kinner Patel, Siddharth Shah, Dinesh Subedi. Takotsubo-like cardiomyopathy after Loperamide dose. *American Journal of Therapeutics*. 2018 Sep/Oct;25(5):e548-e550. PMID: 28639963

Siddharth Shah, Kalpeth Shah, Michael Kusters, Anil Ghimire. A case of levofloxacin pill aspiration: Learning the diagnostic and therapeutic challenges of this rare cause of acute respiratory failure. *American Thoracic Society* 2018 Sep/Oct;25(5):e561-e563. PMID: 28438444

Ester Sherman, Poornima Ramadas, Sheila Lemke. Cetuximab-associated *Pneumatoxis intestinalis*, *American Journal of Therapeutics*, 2018 2018 Jun 21. doi: 10.1097 PMID: 29965806

Presentations

Vikrant Tambe, Mili Shah, Bashar Sharma, Housam Hegazy. Traumatic RCA dissection as a cause of inferior wall STEMI, presented at CHEST, San Antonio, TX, October 6-10, 2018. TX, October 6-10, 2018.

Vikrant Tambe, Megha Dogra, Mili Shah, Parth Desai, Housam Hegazy. Disseminated Cryptococcosis presenting as acute meningitis with evidence of diffuse pulmonary infiltrates in a patient without HIV, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Presentations Cont'd

Hina Amin, Jihad Ben Gabr, Ahmad Shawkat. An interesting case of nitrofurantoin induced pleural fluid eosinophilia, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Marsha Antoine, Bashar Sharma, Andrew Chu, Hassan Al Khalisy, Ritu Modi, Pallavi Koppa. The man with 7 chest tubes, presented at CHEST, San Antonio, TX, October 6-10, 2018

Parth Desai, Kunal Gada, Vikrant Tambe, Housam Hegazy. Adalimumab induced granulomatous inflammation presenting as a perihilar lung mass, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Maria Fariduddin, Wajihuddin Syed, Kanica Yashi, Muhammad Naqvi. Burnt out choriocarcinoma presenting with pulmonary hemorrhageal metastases, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Maria Fariduddin, Wajihuddin Syed, Muhammad Naqvi. Hemophagocytic lymphohistiocytosis presenting as pulmonary hemorrhage, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Bashar Sharma, Mili Shah, Marsha Antoine, Vikrant Tambe, Housam Hegazy. Reversible non-ischemic cardiomyopathy secondary to central hypothyroidism, presented at CHEST, October 6-10, 2018.

Ravi Doobay, Amish Shah, Dragos Manta. 61 days on VV ECMO: A cultural shift towards prolonged ECMO rotation, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Isaac Huml, Patrick Kohlitz. Prolonged latency of Danazol induced liver injury in a patient with hereditary angioedema, presented at ACG, Philadelphia, PA, October 7-10, 2018.

Rachana Mandru, Michael Kosters, Carlos D. Martinez-Balzano, Birendra Sah. A life-threatening airway obstruction, submitted at CHEST, San Antonio, TX, October 6-10, 2018.

Mili Shah, Vikrant Tambe, Bashar Sharma, Housam Hegazy. Diagnostic challenges in patients with Coccidioidomycosis and chronic smoking, presented at CHEST, San Antonio, TX, October 6-10, 2018.

Bashar Sharma, Marsha Antoine, Mili Shah, Vikrant Tambe, Housam Hegazy. Peritoneal tuberculosis: A challenging diagnosis, presented at ACG, October 7-10, 2018.

Kuddos

Adult Medicine:

"Excellent care, very courteous and knowledgeable." "I have been very happy with my experiences at upstate medical. Doctors and staff are all very professional and instill much confidence in the end result."

University Cardiology:

"**Dr. Bhatta** is an outstanding physician. The entire staff in this office has a professional and very friendly approach to the entire appointment." "I have already recommend **Dr. Carhart** to 2 friends who can't thank me enough for doing so. As I do they think he is great." "**Dr. Amy Tucker** impressed by my first meeting with her. Reduced my pain and adjusted my medication for a more comfortable life - Explain my situation and what I must do."

University Geriatricians:

"I cannot say enough about **Dr. Berg**, she was compassionate, knowledgeable, sensitive, professional, caring. I highly recommend her."

Upstate Gastroenterology:

"Everything went very well for this appointment. The nurses, Doctors and staff are pleasant and professional. Thank you all very much"

GI Ambulatory Surgery Center:

"Very positive and professional staff. They made it easy to be relaxed before and after the procedure." "The discharge handouts were very helpful. It was very good to be able to have something to read again after the procedure." "Outstanding staff." "Thank you all for your kind, professional service." "Everyone was wonderful." "I am thoroughly happy with everything and everybody." "Great staff. I appreciate the skill and kindness of everyone." "The staff was wonderful and the experience made me feel cared for by professionals."

University Internists

"**Dr. Lappin** is very knowledgeable and most of all caring. The staff is very courteous. Always look for Beth when I walk in the office. She always remembers me and says hi. Of course I have been going to that practice for almost 30 years. I was blessed to have to great doctors, **Dr. Simmons** and **Dr. Lappin**" "This was my first appointment with **Dr. Gluz**. After my recent experiences with the last provider, I was very pleasantly surprised with the amount of time he allowed for my visit, with the thoroughness of his exam, and his attention to detail with my records and my prescriptions. I look forward to a long relationship with this doctor." "**Dr. Wani** is great. She is attentive, kind, and cares a great deal." "**Dr. Krenzer** is so excellent: knowledgeable, listens well, up-to-date, patient-centered. She is an exemplary physician." "**Susan LaPorta** was excellent! She not only listened to me, but had great insight to offer. I have made her my primary care provider based on this great experience."

Kuddos Cont'd

Medicine Subspecialties

"I have always experienced a very nice environment while at this clinic. I only see **Dr. Sah** once a year, but it is a memorable and pleasant time and I learn more about my health, both physical and mental, each time I am with him." "**Dr. Duleep** is an amazing doctor. Not only did she explain the medical aspect of my diagnosis, she also demonstrated great care for me as a human being."

"**Carolyn Duca** and **Dr. Udapadyaa** are fabulous so professional and excellent bedside manner. I recommend to all breast cancer patients I know." "The staff and the physician in this office are exceptional. They always treat me with the utmost respect and my appointments are never rushed. **Dr. Yu** spends as much time with me as I need and always asks me lots of questions about my health and if I have any concerns or needs. I feel that I am in excellent hands with Dr. Yu and all the support staff in the office." "Both my husband and I were very pleased with **Dr. Bonilla**. He explained everything to us and listened to what I had to say." "**Dr. Bonilla** is a marvelous doctor and human being. He is caring and knowledgeable. He knows me as a person and not just a patient with a condition." "**Dr. Rayancha** and LPN who checked me in. Both were very clear, caring, informative and professional." "**Dr. Neupane** is always very helpful and listens to my needs and the nurses are always very good and cheerful." "**Dr. Kato** is very caring, personable, and patient."

Joslin Center for Diabetes

"**Dr. Lepesky**, is a great doctor, my 14year old likes her as his Dr, she is very knowledgeable and good at what she does." "Very friendly staff. I get stressed at doctor's offices, but here they made me feel relaxed." "I am very happy with my doctor and all staff. I had a different (and awful mannered) thyroid doctor before finding **Dr. Izquierdo**. It was a dream to work with Dr. Izquierdo and everyone at the Joslin Diabetes Center!" "**Dr. Piper** is extremely thorough. Always listens and very helpful with my treatment. I also love **Kate O'Brien**. I think she is the most knowledgeable educator. Has helped me through many situations. The reason I stay with Joslin is because of these two providers!" "**Dr. Dalliwal** is the best! Personable and professional and a good listener. Sharon at check in is wonderful. Always cheerful and personable."

Upstate Urology

"**Dr. Jacob** and staff are wonderful and I couldn't be more pleased by my care. Dr. Jacob is one of the most caring physicians I've ever encountered - there should be more like him!" "**Dr. Jacob** has an extremely caring attitude towards his patients and I for one feel blessed to be under his care." "**Bonnie**, and **Jennifer** were excellent as well as others whose names I forgot. The nurses are helpful, supportive and very friendly and courteous, and informed in their field. Always a really nice greeting and great at adapting "outside the box" to my needs. Very good follow-up as well. Thank you."

Family Medicine

"I am very well satisfied with my Dr. and his staff. He understands me well, has been very instrumental in many things that have gone on in my life. The receptionist is the best any Dr. would want. She is very caring, helpful."



November Awareness Month

Alzheimer's Disease Awareness Month

American Diabetes Awareness Month

Epilepsy Awareness Month

Lung Cancer Awareness Month

Pancreatic Cancer Awareness Month

Stomach Cancer Awareness Month

Carcinoid Cancer Awareness Month



Thank you to all that contributed to the newsletter. If you'd like to have something included in the next newsletter please reach out to myself or Deb Shelby with the information.

Browns2@upstate.edu or ShelbyD@upstate.edu