

Professional Development & Learning @ Upstate

Open Enrollment Courses

January – June 2024

January 2024

Date	Time	Class
01/16/24	8:00 AM - 11:00 AM	Generations That Work
01/17/24	1:00PM - 3:30PM	DiSC Workplace Profile Assessment
01/18/24	8:00 AM - 11:00 AM	Self-Mediation of Conflict
01/18/24	1:00 PM - 4:00 PM	Communication Skills II: Being More Assertive: Handling Difficult People & Situations with Confidence! (ICNE)
01/19/24	8:00 AM - 11:00 AM	Keys to Supervisory Success (ICNE)
01/23/24	8:00 AM - 11:00 AM	Conflict Dynamic Profile Individual (CDP-I)
01/25/24	8:00 AM - 10:00 AM	Time Management: Take Back Your Day! (ICNE)
01/25/24	1:00PM - 4:00PM	Leadership Ethics
01/26/24	8:00 AM - 10:00 AM	Get Your Bounce Back! (Resiliency and Wellness) (ICNE)

February 2024

Date	Time	Class
02/06/24	12:00 PM - 3:00 PM	Emotional Intelligence Individual
02/08/24	1:00 PM - 3:00 PM	Conducting Great Meetings! (ICNE)
02/09/24	8:00 AM - 10:00 AM	Art of Journaling
02/13/24	8:30 AM - 12:30 PM	Situational Leadership II (SLII)
02/14/24	8:30 AM - 10:00 AM	Employee Engagement I
02/15/24	12:00 PM - 3:00 PM	Emotional Intelligence Multi-Rater
02/15/24	1:00 PM - 3:00 PM	Team Building and Group Development (ICNE)
02/16/24	8:00 AM - 10:00 AM	Developing Leadership Presence
02/20/24	1:00PM - 3:30PM	Understanding Upstate Finance Administration
02/21/24	1:00 PM - 4:00 PM	Five Behaviors Personal Development
02/27/24	12:00 PM - 3:00 PM	Self-Mediation of Conflict

March 2024

Date	Time	Class
03/05/24	12:00 PM - 3:00 PM	Communication Skills I: Back to the Basics
03/07/24	8:00 AM - 11:00 AM	Emotional Intelligence Three-60
03/20/24	8:30 AM - 10:00 AM	Leading Change
03/20/24	9:00 AM - 12:00 PM	Leader as Mediator
03/21/24	8:00 AM - 10:00 AM	Authentic Leadership
03/22/24	8:00 AM - 10:00 AM	Assessing and Changing your Workplace Culture (ICNE)
03/26/24	9:00AM - 11:30AM	DiSC Workplace Profile Assessment
03/26/24	12:00 PM - 3:00 PM	Conflict Dynamic Profile Individual (CDP-I)
03/27/24	1:00PM - 4:00PM	We Are Upstate
03/28/24	8:00 AM - 11:00 AM	Self-Mediation of Conflict

April 2024

Date	Time	Class
04/04/24	8:00 AM - 10:00 AM	Building Your Mentoring Network
04/05/24	8:00 AM - 10:00 AM	Succession Planning 101
04/11/24	8:00 AM - 11:00 AM	Conflict Dynamic Profile 360 (CDP-360)
04/16/24	8:00 AM - 11:00 AM	Emotional Intelligence Individual
04/16/24	9:00AM - 12:00PM	Leadership Ethics
04/16/24	1:00 PM - 3:00 PM	Employee Engagement II
04/18/24	8:00 AM - 11:00 AM	Emotional Intelligence Multi-Rater
04/18/24	1:00 PM - 3:00 PM	Managing Remote Teams
04/19/24	8:00 AM - 10:00 AM	Time Management: Take Back Your Day! (ICNE)
04/24/24	9:00AM - 12:00PM	Five Behaviors Personal Development

May 2024

Date	Time	Class
05/02/24	8:00 AM - 10:00 AM	Generations That Work
05/08/24	9:00AM - 11:30AM	Understanding Upstate Finance Administration
05/09/24	8:00 AM - 11:00 AM	Communication Skills I: Back to the Basics
05/14/24	8:00 AM - 10:00 AM	Managing Change
05/15/24	1:00PM - 3:30PM	DiSC Workplace Profile Assessment
05/16/24	1:00 PM - 4:00 PM	Keys to Supervisory Success (ICNE)
05/17/24	8:00 AM - 11:00 AM	Communication Skills II: Being More Assertive: Handling Difficult People & Situations with Confidence! (ICNE)
05/21/24	1:00 PM - 2:30 PM	Employee Engagement I

June 2024

Date	Time	Class
06/04/24	8:00 AM - 11:00 AM	Self-Mediation of Conflict
06/06/24	8:00 AM - 10:00 AM	Team Building and Group Development (ICNE)
06/07/24	8:00 AM - 10:00 AM	Developing Leadership Presence
06/11/24	8:00 AM - 11:00 AM	Emotional Intelligence Multi-Rater
06/11/24	8:30 AM - 11:00 AM	Leading Change
06/12/24	9:00AM - 12:00PM	We Are Upstate
06/13/24	8:00 AM - 11:00 AM	Emotional Intelligence Individual
06/13/24	1:00 PM - 3:00 PM	Authentic Leadership
06/14/24	8:00 AM - 10:00 AM	Assessing and Changing your Workplace Culture (ICNE)
06/20/24	1:00PM - 4:00PM	Five Behaviors Personal Development
06/25/24	8:00 AM - 11:00 AM	Emotional Intelligence Three-60
06/25/24	1:00PM - 4:00PM	Leader as Mediator
06/27/24	8:00 AM - 11:00 AM	Communication Skills I: Back to the Basics