

***New York State  
2023 Monthly COBRA Rates***

<b>PLAN</b>		<b>COST</b>
Empire	Individual (001)	\$1,034.40
	Family (001)	\$2,559.17
HMO-Blue	Individual (072)	\$904.91
	Family (072)	\$2,198.46
MVP	Individual (330)	\$970.31
	Family (330)	\$2,235.02
DENTAL PEF & M/C	Individual	\$27.43
	Family	\$73.34
VISION PEF & M/C	Individual	\$4.21
	Family	\$10.09

12/2022