

TO: INCOMING RESIDENTS/FELLOWS  
FROM: JARROD BAGATELL, MD, DIRECTOR  
EMPLOYEE/STUDENT HEALTH  
DATE: March 2025  
SUBJECT: PRE-EMPLOYMENT HEALTH CLEARANCE REQUIREMENTS

**NOTE**

All forms are due by: **May 9, 2025**

**Pre-Employment Requirements:**

1. Medical History F82010 and Report of Medical Examination F82055 (completed after 1/1/2025)
2. Immunization records and antibody titers as outlined in the immunization checklist
3. Lab report for IGRA blood test — QuantiFERON TB Gold **or** T-Spot test (completed after 1/1/2025)
4. Results of Occupational pre-employment urine drug screen testing – **completed by May 9, 2025**
5. Resident Release of Information Form
6. OSHA Respirator Medical Evaluation Questionnaire
7. Mask fit testing –with Employee/Student Health Office – as outlined. **An appointment is required.**

**ALL FORMS MUST BE SCANNED AS .PDF – NO PHOTOS OF FORMS OR DOCUMENTS WILL BE ACCEPTED**

Health clearance forms are included in the information from the Graduate Medical Education office available on **MedHub** and also available at: <http://www.upstate.edu/health/incoming/forms.php>  
Contact the Employee/Student Health Office at (315) 464-4260 if you anticipate **any delays** in completing the health clearance requirements.

1. **MEDICAL HISTORY - F82010 AND REPORT OF PHYSICAL EXAMINATION - F82055**
  - Complete the Medical History Form (**UPSTATE Medical History Form - F82010 must be completed**)
  - Physical exam by a licensed provider\* completed after 1/1/2025 and prior to 5/9/2025; documented of Report of Physical Exam **Form F82055 or** printout of electronic medical records signed by licensed PCP.
    - \*Valid documentation of the provider performing the exam is required with complete and legible contact information for verification
  - Physical exams may be scheduled at Employee Health Office prior to **May 9<sup>th</sup>**, call (315) 464-4260 to schedule an appointment. Make sure to identify yourself as an incoming Resident or Fellow.
2. **IMMUNIZATION DOCUMENTATION PER THE FOLLOWING GUIDELINES: (Your name and date of birth must be on ALL documents)**
  - **Rubella** (German Measles) **One** of the following is required:
    - Documentation of (1) dose of MMR on or after first birthday
    - OR**
    - Rubella IGG antibody titer with **positive** result - copy of the lab report must be enclosed

- **Rubeola** (Measles) **One** of the following is required:
  - Documentation of (2) doses of MMR on or after first birthday and separated by at least 28 days **OR**
  - Rubeola IGG antibody titer with **positive** result - **copy of the lab report must be enclosed**
- **Mumps** **One** of the following is required:
  - Documentation of (2) doses of MMR on or after first birthday and separated by at least 28 days **OR**
  - Mumps - IGG antibody titer with **positive** result - **copy of the lab report must be enclosed**
- **Varicella (Chicken Pox)** **One** of the following is required:
  - Documentation of (2) Varicella vaccines on or after first birthday and separated by at least 28 days **OR**
  - Varicella IGG antibody titer with **positive** result - **copy of the lab report must be enclosed**
- **Hepatitis-B:**
  - Detailed documentation of **Hepatitis-B** vaccine series **OR** a signed Hep-B vaccine declination form is required.
  - **Hepatitis-B Surface Antibody** titer (**IgG**) **should** be drawn **after** completion of a Hepatitis-B vaccine series, indicating immunity. If Hep-B antibody titer drawn, submit copy of the lab report.
  - If **negative** Hep-B antibody titer (IgG), booster vaccine(s) are available through Upstate Employee Health Office at no charge.
  - **COVID-19 vaccines** — **Strongly recommended**, not required.
  - Please upload **detailed** documentation of **all** COVID vaccines, to MedHub **with** your other vaccine/immunization records.

**\*\* NOTE \*\***

Insufficient documentation of prior vaccinations, followed by antibody titers with a negative or equivocal result will require subsequent booster vaccines. **Call Employee/Student Health with any questions (315-464-4260)**

- **Tetanus, Diphtheria, Pertussis Vaccination** (Tdap)
  - Documentation of (1) Tdap vaccination as an **adult** ≥ 18 - is **strongly recommended**.  
A Tdap vaccine is **required** for **all**: Emergency Medicine, Family Medicine, Internal Medicine – Pulmonary, OB/GYN, Otolaryngology and Pediatric residents and fellows.
- **Influenza vaccination**
  - Are highly encouraged and will be offered free through Employee/Student Health in **Fall 2025**

### 3. TUBERCULOSIS - SCREENING

**NOTE**

**ALL incoming residents and fellows are required to submit documentation of an **IGRA blood test** (**QuantIFERON TB Gold** **OR** **T-SPOT**) completed **after 1/1/2025****

- QuantIFERON TB Gold or T-Spot (IGRA Blood Test) — **is REQUIRED**, advised to have completed **prior** to your arrival in Syracuse.
  - Complete IGRA **after 1/1/2025** — copy of final lab report is **required**
  - If you have documentation of a prior IGRA blood test with **POSITIVE** results, you must upload a copy of that lab report to MedHub. A new IGRA test would **not** be required.

- If documented history of a **positive** PPD skin test **or** previous **positive** IGRA blood test:
  - **REQUIRED:** Documentation of date placed, date of positive reaction, millimeters of induration of the PPD, name and title of who read the PPD
  - **REQUIRED:** previous **positive** IGRA (QuantiferON or TSPOT) – **copy of lab report required**
  - **REQUIRED:** report of chest x-ray completed **after 1/1/2025**
  - Provide detailed documentation if you received treatment for latent tuberculosis, including medication, date treatment started, and date treatment was completed.



#### 4. OCCUPATIONAL PRE-EMPLOYMENT DRUG SCREENING

- All employment offers for incoming residents/fellows are contingent upon the successful completion of drug screening testing. **Drug screens must be completed by May 9, 2025.** Results can take **5 - 7** business days, plan accordingly.
- **QUEST Lab requisition** for the drug screen **must** be requested from the **GME Office** by calling **315-464-8948**. If you are in the Syracuse area, you can also pick up a drug screen lab requisition at the Upstate Employee Student Health Office.
- The results of drug screening will be interpreted pursuant to the laws and internal policies applicable to Upstate Medical University
- If you live in **or** attend school in the **United States**, you **MUST** complete your **drug screen as soon as possible**. The deadline is **May 9, 2025**
- If you **live abroad and will not be in the United States prior to May 9, 2025**, you will have a maximum of **5 business** days to complete your drug screen once you arrive in the United States. You will **not** be medically cleared until **all** health requirements are received, reviewed and approved by our Medical Director.

#### 5. RESIDENT RELEASE OF INFORMATION FORM

- Authorization to provide documentation of health clearance, evidence of immunizations and TB screening to *other* clinical training sites for rotations

#### 6. OSHA RESPIRATOR MEDICAL EVALUATION QUESTIONNAIRE F82087

- Required medical questionnaire for N95 respirator fit-testing

#### 7. MASK FIT TESTING – completed by **Upstate Employee/Student Health Office**

- All incoming residents and fellows must be N95 mask fit tested at Upstate Employee Health Office
- **Call in advance** to schedule an appointment **315-464-4260**, identify yourself as incoming Resident/Fellow. N95 mask fit **must be completed** to be medically cleared to begin employment and obtain your Upstate ID badge.

**IMPORTANT:** If you are in the Syracuse area, you are **strongly** encouraged to **make an appointment** with Upstate Employee Health Office to complete your N95 mask fit testing and any outstanding requirements.

To make an appointment: contact Upstate Employee Health Office at **(315) 464-4260** and identify yourself as an **incoming 2025** Resident/Fellow.