

## 2025 FAQs

### 1. What is the function of Employee/Student Health (ESH)?

ESH is responsible for pre-employment health screening of all employees and reassessment of the health status each year. New employees must receive health clearance from ESH before being placed on the payroll and before beginning their work assignment.

### 2. Where is Employee/Student Health, what are the hours of operation and contact numbers?

ESH address is: 175 Elizabeth Blackwell Street, Jacobsen Hall — 4<sup>th</sup> Floor, Syracuse, NY 13210  
Hours of operation are 7:00 am – 4:30 pm. Telephone is: 315-464-4260, FAX is: 315-464-5471,  
E-mail: [ESHealth@Upstate.edu](mailto:ESHealth@Upstate.edu) When calling, identify yourself as an incoming resident or fellow.

#### **\*\* APPOINTMENTS ARE REQUIRED \*\***

Questions regarding health requirements should be directed to: Nancy Marley-O'Mara at: e-mail: [MarleyON@upstate.edu](mailto:MarleyON@upstate.edu) - 315-464-4576 **OR** Alex Freytag at: e-mail: [FreytagA@upstate.edu](mailto:FreytagA@upstate.edu)  
Upstate Employee Health department e-mail: [ESHealth@upstate.edu](mailto:ESHealth@upstate.edu) Phone: 315-464-4260

### 3. Why is a physical examination required for health clearance?

The New York State Health Code (Title 10, Section 405.3) states the requirement for a physical examination and recorded medical history for all personnel including all employees, members of the medical staff, students, and volunteers, whose activities are such that a health impairment would pose a potential risk to patients. The examination shall be of sufficient scope to ensure that no person shall assume his/her duties unless he/she is free from a health impairment which is of potential risk to the patient or which might interfere with the performance of his/her duties, including the habituation or addiction to depressants, stimulants, narcotics, alcohol or other drugs or substances which may alter the individual's behavior.

### 4. What are the options for having the physical examination done?

A physical examination can be **scheduled** and performed at **ESH** if you are in Syracuse **prior** to **May 9<sup>th</sup>**, which is the deadline to submit completed documents. However, the physical examination can be performed elsewhere by your personnel health provider if you choose. All forms must be **uploaded to MedHub by the deadline on May 9, 2025**. The ESH Director carefully reviews all medical histories and physicals. Re-examination may be necessary if there are concerns about the findings or completeness.

To make an appointment with Employee/Student Health call: **315-464-4260**, *identify yourself* as an *incoming Resident/Fellow*. You may also contact Nancy Marley-O'Mara: [MarleyON@upstate.edu](mailto:MarleyON@upstate.edu) **or** Alex Freytag: [FreytagA@upstate.edu](mailto:FreytagA@upstate.edu) **or** [ESHealth@upstate.edu](mailto:ESHealth@upstate.edu)

### 5. What is required for documentation of immunity to rubella, rubeola, mumps, and varicella Hepatitis-B?

**PLEASE refer to: 2025 IMMUNIZATION & VACCINE REQUIREMENTS**

Insufficient documentation of prior vaccinations, followed by antibody titers with a *negative* or *equivocal* result will require subsequent booster vaccines. Call the **Employee/Student Health Office** with **any** questions: **315-464-4260** or Marley @ **315-464-4576**

### 6. What **forms** must be completed and submitted?

- Medical History **F82010**
- Report of Medical Examination **F82055** (completed by a licensed medical provider)
- Resident Release of Medical Information Authorization Form
- OSHA Respirator Medical Evaluation Questionnaire F82087

Required forms are available through **MedHub** and at the following link:  
<http://www.upstate.edu/health/incoming/forms.php>

**Additional requirements:**

- Results of **required** occupational drug screen – **complete** by **May 9, 2025**
- Immunization/vaccine records and lab reports for antibody titers
- Tuberculosis surveillance: IGRA blood test (QuantiFERON TB Gold **or** T-Spot) completed on or **after 1/1/2025**
- Mask fit testing completed by Upstate's Employment/Student Health Office – **SCHEDULE** an **APPOINTMENT** in **advance**

**Is drug screen testing required?**

**YES**, you must take and pass the required drug screening. The drug testing **must** be done at a **QUEST DIAGNOSTICS** **or** affiliate facility in the United States that conducts 'Employee Occupational Screening.' Drug screen **must be completed** by **May 9, 2025**, if you **live** or **go to school** in the **United States**. You must request a specific **QUEST lab requisition form** through the GME Office.

**\*\*** Check **QUEST DIAGNOSTICS'** website at: <https://www.questdiagnostics.com/psc>

- You **must** use the **QUEST LAB REQUISITION** provided by Upstate Medical University. To request a laboratory requisition form for the drug screen, please contact:
  - ♦ **Graduate Medical Education Office @ 315-464-8948**
- Quest Diagnostics requires appointments; hours vary at every location
- If you **live or attend school** in the **United States**, your drug screen **must be completed** by **Friday, May 9, 2025**.
- It takes approximately **5 business** days for Employee Health (EH) to receive your results, so please plan accordingly.
- You will **NOT** be allowed to start work until this requirement is completed and results have been received by the Employee/Student Health Office.
- **IMPORTANT:** You **must** take a **valid** **GOVERNMENT** issued form of identification such as a **PASSPORT**, **STATE DRIVER'S LICENSE**, with **photo ID** when going for your drug screen.

**7. Is the COVID vaccine required?**

**NO**. COVID vaccine(s) are **strongly recommended**, **not** required. Please upload documentation of any COVID-19 vaccines, including boosters to MedHub along **with your other vaccine/immunization records** in the event any outside clinical rotation requires this information.

**8. What is the process for tuberculosis screening?**

**All** incoming residents will be **required** to submit the lab report for an **IGRA blood test** (QuantiFERON TB-Gold **or** T-Spot) completed **after 1/1/2025**. We **STRONGLY RECOMMEND** you completed this requirement **prior** to arriving in Syracuse.

**9. What if past IGRA (interferon-gamma release assay) blood test, QuantiFERON TB-Gold or T-Spot results were positive?** You must submit the actual lab report for previous QuantiFERON TB-Gold or T-Spot with a **positive** result. A chest x-ray report completed on or **after 1/1/2025** will be required. If you have received treatment for latent tuberculosis, please provide the name of medication, date start date and completion date of treatment.

**10. Is N95 mask fit testing required?**

**YES**, all incoming Residents/Fellows will be mask fit tested at Upstate Employee/Student Health **prior** to beginning employment. Individuals must **schedule an appointment in advance**, please call: 315-464-4260. Identify yourself as an incoming employee, **resident, fellow**.

**11. What if health clearance is not completed?**

Employee/Student Health Office will provide confirmation of health clearance to the Graduate Medical Education (GME) Office when **all** components of the health clearance process are **completed**, which allows Payroll Services to issue an Upstate ID badge. New house staff **will not** be allowed to begin employment as scheduled, if the health clearance process has **not** been completed.

★ If you are in the Syracuse area **prior** to orientation, you are encouraged to make an appointment with Employee/Student Health to complete N95 mask fit testing and any other outstanding requirements. **To schedule an appointment with ESH Office call: 315-464-4260**, identify yourself as an incoming 2025 Resident/Fellow.