

THINK GREEN NEWS

RECYCLE • REUSE • REDUCE • SUSTAINABILITY INITIATIVES AT UPSTATE

UPSTATE
MEDICAL UNIVERSITY

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COMMUNICATION OF INSTITUTIONAL, *THINK GREEN*, SUSTAINABILITY INITIATIVES.



For more information, visit: green.upstate.edu

May 2016

Upstate celebrated *Earth Day* on Friday, April 22, 2016!

Upstate Medical University celebrated Earth Day by staffing information tables at multiple locations across our campuses: UH-Downtown, UH-Community Campus, Weiskotten Hall, Campus Activities Building and the Health Sciences Library. Display items intended to differentiate amongst recyclable, returnable, and trash items offered an opportunity to educate about proper disposal of common products. Think Green pens, bookmarks, and materials were distributed. LET'S CONTINUE TO CELEBRATE EARTH DAY EVERY DAY!



Left: Rebecca Janowski, a Think Green Champion from the Marketing and Communications department, speaks with Dann Matther of the Registrar's Office.

Right: Earth Day display at the UH – Downtown Café.



Another Celebration.....May is *NATIONAL BIKE MONTH!*

BIKE TO WORK WEEK is May 16 – 20 & BIKE TO WORK DAY is May 20!

40% of all trips in the U.S. are less than two miles, making bicycling a feasible and fun way to get to work. With increased interest in healthy, sustainable and economic transportation options, it's not surprising that, from 2000 to 2013, the number of bicycle commuters in the U.S. grew by more than 62 percent. For more information, visit [The League of American Bicyclists](http://www.leagueofamericanbicyclists.org).

Upstate promotes safe and sustainable bike riding.

Trauma Services will sell bike helmets for \$10 each, cash or check.

Pathway to Wellness will also have information and maps available on biking trails!

Downtown Campus: Tuesday, May 24 from 11am – 1pm in second floor gold elevator lobby.

Community Campus: May 25 from 11am – 1pm in the Cafeteria.

For more information, call Michelle Lewis at #464-4773.

SUSTAINABLE LANDSCAPING...

OR BETTER KNOWN AS 'MORE PLANTS. LESS GRASS.'

Upstate began a campus wide site and safety program in 2015 to achieve several goals—improve safety on the outside of our buildings; create a sense of arrival and common features throughout the campus; reduce rainfall runoff; and reduce lawn maintenance where practical. This work will continue throughout 2016 and part of 2017.

As part of the program, rain gardens, bio-swales and other rainwater runoff mitigation measures have been implemented. We are even capturing rainwater for use in the Upstate community garden. We have installed a 1000-gallon cistern as a holding tank to use for watering the garden. When completed, Upstate will have reduced rainfall run-off by nearly 25 percent and reduced the mowed lawn area by 25 percent. Once the planting grows in, we expect the maintenance of those areas to be greatly reduced from the current intensity necessary with a mowed lawn area. Additionally, the emission of engine exhaust from lawn mowers will be reduced by an equal percentage.



*Left Column:
Campus
Activities
Building (CAB)
viewed from
Elizabeth
Blackwell St.*



*Right – Top:
CAB viewed
from Irving
Avenue.*



*Right -
Bottom:
Retaining wall
at corner of
Harrison St.
and Irving
Ave. features
sustainable
landscaping.*

