This year-long series of informal presentations and interactive workshops covers a variety of career exploration & professional development topics to help graduate students and postdocs succeed in (and beyond) grad school!

Find more info & resources at: upstate.edu/grad/career/index.php

WEDNESDAY, JANUARY 13, 2021 | 12:00 - 1:00 PM | ZOOM
“Careers Beyond Academia”
Susi Varvayanis, Executive Director, Careers Beyond Academia/BEST
Cornell University

Do you feel like a career in academia might not be a great fit for you? Interested in learning the possibilities and roles for PhDs? Please join us as Susi Varvayanis from Cornell University walks us through a wide range of careers and link to resources to make strategic decisions about your future path(s). Along the way you’ll also pick up some networking tips to increase your confidence.

WEDNESDAY, FEBRUARY 10, 2021 | 12:00 - 1:00 PM | ZOOM
“Finding Funding and Applying for Fellowships and Grants”
Jennifer A. Rudes, MS
Director of Research Administration Sponsored Programs Office
Katie Keough, MPA, CRA
Director, Research Development
SUNY Upstate Medical University

Please join us as Katie Keough and Jennifer Rudes from Research Administration provide information on finding funding opportunities and applying for fellowships and grants. They will discuss how to prepare funding applications, templates to follow and will share necessary steps when reviewing requirements.

WEDNESDAY, MARCH 17, 2021 | 12:00 - 1:00 PM | ZOOM
“Preparing for a Career in Teaching”
Aaron Glass, PhD
Associate Professor, College of Health Professions
Rebecca Greenblatt, PhD
Assistant Professor of Microbiology & Immunology
SUNY Upstate Medical University

Interested in a career in teaching? Please join Dr. Glass and Dr. Greenblatt walk us through how to prepare for a career in teaching and how to find opportunities in the graduate school to get teaching experience. Learn how to look for teaching jobs after receiving your PhD.

WEDNESDAY, MAY 12, 2021 | 12:00 - 1:00 PM | ZOOM
“Transitioning from Teaching as a Grad Student to a Career in Teaching”
Elisabeth Hamilton, PhD
Assistant Professor of Biology
Onondaga Community College

Because Dr. Hamilton could not join our last workshop, “Preparing for a Career in Teaching”, we have invited her to add her expertise on teaching experiences and opportunities. Please join us as Dr. Hamilton walks us through how to build a CV emphasizing teaching experience, applying to academic jobs with teaching as the primary focus, how to become a (better) teacher and where/how to get teaching experience. Dr. Hamilton’s teaching experience includes medical students at Upstate (as a grad student), graduate students at Upstate (as a grad student) and undergraduates at Utica College.

WEDNESDAY, JUNE 16, 2021 | 12:00 - 1:00 PM | ZOOM
“3 Minute Thesis Preparation”
Glenn Wright, PhD
Director, Graduate School Programs
Syracuse University

Please join us for a 3 Minute Thesis preparation workshop as Upstate’s 3MT competition will be held on July 14th. This workshop will share how to visualize your research story, how to tell your research story and how to edit your research story in preparation for the 3MT competition. This workshop will help you develop your presentation and communication skills so you can effectively explain your research to not only colleagues, but family and friends who are not experts in your field of research.