Connect with the Improve Care Now Community

- **Facebook**: Like & Engage With Us
  - [https://www.facebook.com/ImproveCareNow](https://www.facebook.com/ImproveCareNow)
  - Engage with us! Post on our wall, like and share posts, mention us and invite others to Like our page!

- **Twitter**: Follow Us & Join The Conversation
  - [https://twitter.com/ImproveCareNow](https://twitter.com/ImproveCareNow)
  - Join the conversation! Mention @improvecarenow in your tweets and/or use the hashtags #outsmartIBD and #ICNLS - the official hashtag for Improve Care Now Learning Sessions.

- **Loop**: Get In The Loop
  - [https://improvecarenowblog.org/](https://improvecarenowblog.org/)
  - LOOP is our blog, where parents, families, clinicians and researchers post about what’s important to them. YOU can be an author, or simply write a comment, share a post and follow the blog.

- **Circle**: Join Our Inner circle
  - Circle is a bi-monthly publication for patients and families and includes Improve Care Now news, IBD developments, tips & tricks, and ways to get involved. We’re always looking to hear from you, and learn what you want to see in future editions.
  - Subscribe at [https://improvecarenow.org/subscribe](https://improvecarenow.org/subscribe)

- **Improve Care Now Home**: Surf our pages, and get your hands on helpful tools and learn how we are helping kids feel better TODAY!
  - [https://improvecarenow.org/](https://improvecarenow.org/)

- **Improve Care Now Subscribe**: Watch and hear from our patients, clinicians, families and people just like you - you can easily share our videos, give them a thumbs up and post a comment.
  - [https://www.youtube.com/user/ImproveCareNow](https://www.youtube.com/user/ImproveCareNow)

- **Exchange**: Register And Pin To Our Boards
  - [www.improvecarenowexchange.org](http://www.improvecarenowexchange.org)
  - Pin ideas and see what other parents, patients and care teams are doing around the Improve Care Now Network.

Together, we will OUTSMART IBD!