

POSITIONS OF COMFORT

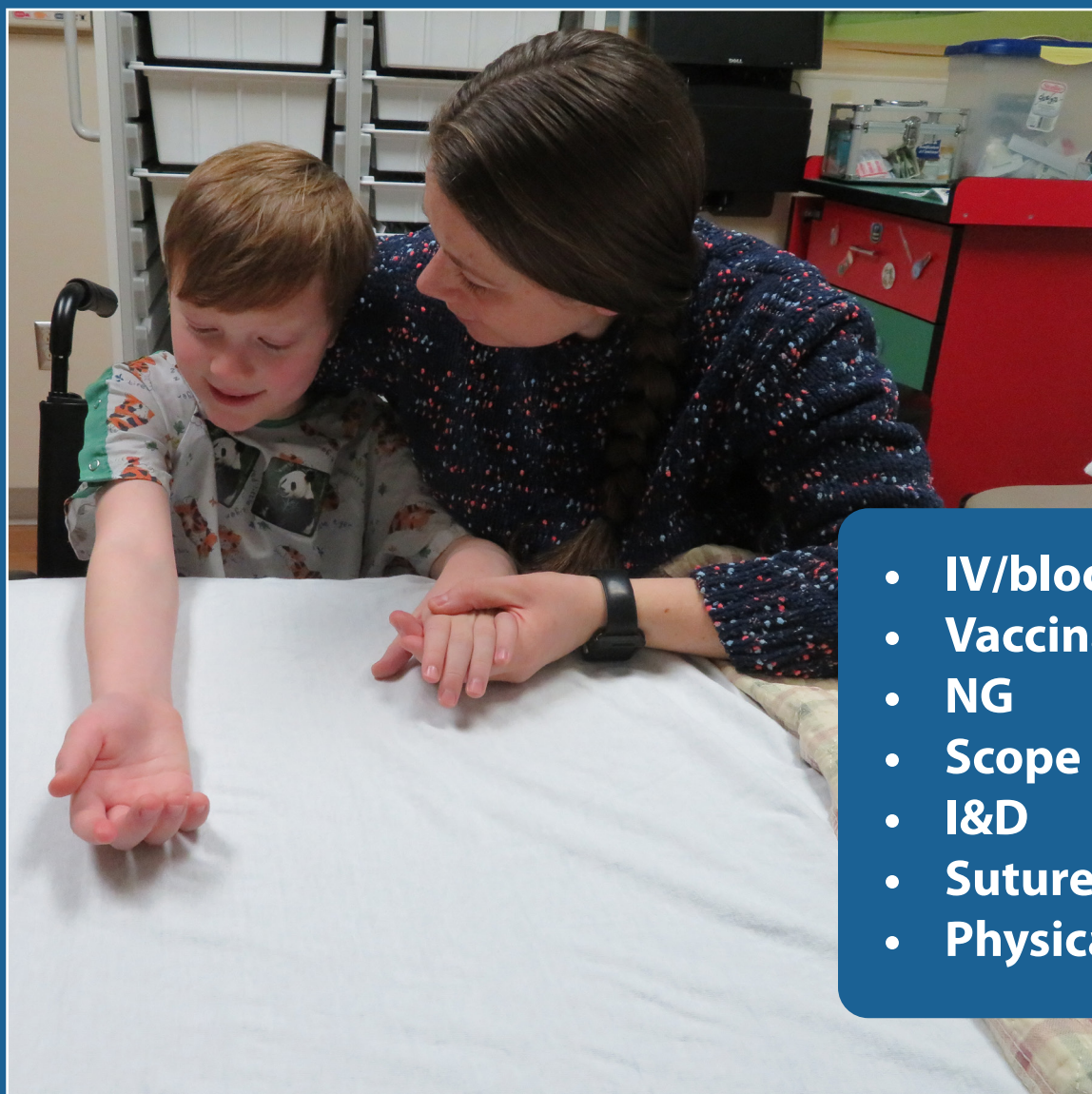
A secure hold with a caregiver/
trusted adult during a medical test
or procedure to help kids cope.

- 0-12 months
- IV/blood draw



- IV/blood draw
- Vaccinations
- Sutures/staples
- EEG
- Foreign body removal
- Physical exam

- IV/blood draw
- Vaccinations
- NG
- Port access
- Scope
- Sutures
- Physical exam



- IV/blood draw
- Vaccinations
- NG
- Scope
- I&D
- Sutures/staples
- Physical exam

- Any
procedure
that requires
patient to lay
flat
- Urinary
catheter
 - Sutures
 - EEG



- Sutures
- Enema
- Foreign body removal

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One voice should be heard during procedure
Need parental involvement
Educate patient before the procedures about what is going to happen

Validate child with words
Offer the most comfortable, non-threatening position
Individualize your game plan
Choose appropriate distraction to be used
Eliminate unnecessary people not actively involved with procedure

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