



# CHILD LIFE PROGRAM GREETING CARD GUIDELINES

When thinking about making cards for the children in the hospital, please consider the following guidelines:

- Create generic cards suitable for a boy or girl
- Avoid mentioning spiritual or religious holidays
- Do not include glitter or glued items such as buttons, googly eyes, or foam adhesives
- Keep messages upbeat but neutral
  - Try messages like:
    - Wishing you the best
    - Sending smiles, good wishes, happy thoughts, etc.
    - Happy Holidays, Valentine's Day, Spring, etc.
    - You're awesome
    - Thinking of you
  - Avoid statements like "get well soon" or "feel better"
- Please do not smoke while making the cards

Thank you for your interest in delivering cards to the children in our care! If this list does not answer all of your questions, please contact Margaret Nellis at (315) 464-7547.