



The New APPD Executive Chair



Our very own residency program director, Dr. Beth Nelsen, was informed that she has been selected to be the inaugural Chair of the APPD Program Directors Executive Committee! She will be Chair in this start-up year (2022-2023) and Past Chair in 2023-2024 for her two-year commitment to this new executive branch of the National Association of Pediatric Program Directors. The committee was formed “to formalize the great work that has been done in the Program Director Grassroots Group and further support residency program directors.”

Dr. Nelsen pointed out that the 5-member panel of 2022-2023 committee includes program directors from Upstate, UCSF, UCLA, Nationwide Children's Hospital, UMass, and Wisconsin. And Upstate is at the top! Congratulations, Dr. Nelsen!

She Mastered Her Masters

Congratulations to Dr. Uzma Rani who shared some really great news with the Crier. After working on this throughout her residency (and motherhood), Uzma has completed her MPH and even did the whole cap and gown ceremony! Uza tells the Crier:

“I am so excited to announce that I have recently graduated from the MPH program from SUNY Upstate Medical University. Of course, my Kids were more excited to learn that mommy is finally done with her assignments and exams (at least for now 😊). I want to thank all the MPH faculty, my UPAC family and my loving husband for all the support and help.”



Climb Every Mountain (The PL2 Retreat)

On the May 21st weekend, the PL2s were all excused from their clinical responsibilities to escape to a retreat of their own making. They spent two nights at the Deer Pine Chalet in Jay, NY (Adirondacks).



Embedded Reporter Andrew Smith shares the following:

“We drove approximately four hours north to stay in a luxurious log cabin affixed at the base of Whiteface mountain, where we were nestled in rich pine, both inside and out. The first night featured time spent on the outdoor deck, relaxation in the hot tub, and Lizzy and Billy's fine imbibements. The second day featured exquisite cuisine perfected by the hands of chef, Thomas Andrew Brooks, and the hiking of the Flume trail system, guided by hiking enthusiast, Lucia Janovicova. Some would go on to make the summit; Asmita Sharma, of Nepal, a country known for mountaineering, was one; And, Rida Sherwani, a dark horse in the race to the top, battled multiple falls and wet socks to stand victorious on the peak, after 2600 feet of elevation climb. Fascinatingly, energy abound as Simi George was seen bouncing so nimbly on the trail; Hikers later remarked: ‘Look at that woodland creature!’ And, we must not forget, in the Avant Garde publication, Hiking in Style, Shehzad Ahmed, was given the Flume's Most Stylish Hiker of 2022 award, a real honor for the Toronto man. While some were summiting, some stayed at the cabin to enjoy fellowship, the

amenities, and true relaxation. The night featured friendly, but Olympic-level competition, in grownup games, where Saber Jan and Ahmed Eltayeb would go on to claim gold. Colleen Feeny danced the night away, as Laaibah Ejaz, soon-to-be pediatric intensivist, shared recent memories of her time spent honing her craft in Northern California. Sunday came to feature the conclusion of a \$545 grocery bill and a wonderful weekend spent with life-long friends.

The summit is what drives us but the climb itself is what matters !!



Congratulations and Best Wishes

By Kathy Valentino

Linda McAleer, MSN, RN, NE-BC,



Deputy Nursing Director for Upstate Golisano Children's Hospital retired on May 6, 2022 after more than 30 years of service. A celebration of her retirement was

held on April 29, 2022. The majority of Linda's career was spent in Pediatrics where she served in leadership roles both outpatient and inpatient. She was an inspiration to staff, strived to provide continuous support and ensured they were recognized for the important work they do. Linda worked tirelessly as an advocate for patient and family safety.



The Linda McAleer Award for Patient Safety has been created in her honor and will serve as her legacy to recognize staff who create a culture of safety for patients and families. A wall in the children's hospital has been dedicated to this award and a recipient will be designated annually.



We wish Linda the very best! She will be greatly missed!

The Wellness Page

Our very own Dr. Caitlin Deluca has helped put together the new and official Upstate Wellness page that is filled with helpful information and excellent resources anyone can use

<https://www.upstate.edu/wellness/>

Also note that Dr. Deluca was appointed the official Department of Pediatrics Wellness Officer which is a new position that many departments in the university are appointing. Thanks to Dr. Deluca for sharing this link with us.

June Dates –

Graduation – 6/15 (will be live streamed)

On Wednesday, June 15th our third year residents will receive their certificates of completion at the Downtown Marriott. The annual housestaff appreciation dinner will be live for all residents (who RSVPd) but also live streamed for everyone else who would like to watch them receive their certificates along with the other awards that will be presented that night. There will be teaching awards, awards presented by the residents in special appreciation, and of course the highly coveted golden needle award to some lucky individual. Please join us at the link below starting at 7:00 PM.

<https://video.ibm.com/channel/WXRqt8xF9DY>

Intern Orientation – 6/24-30

Starting on Friday, June 24th you will see 15 new (well, mostly new) faces when the Inter Class of 2022 arrives for their week of orientation. It is likely there will be a scavenger hunt so you may want to hide your valuables that week. Traditionally most items end up being returned.



Photo Caption Contest!

It has been a while since the Crier has done a photo caption contest. We are pleased to have received a photo from an anonymous source which most definitely could use a good caption. Email all entries to the Crier (c/o mondorep@upstate.edu) and there might be a prize for a winning caption (possibly some cream cheese?).



JUNE BIRTHDAYS

6/2 Laura Mejia-Connolly
 6/4 Andrea Shaw
 6/6 Dayna Ukwuoma
 6/10 Zafer Soultan
 6/11 Joan Pellegrino
 6/19 Asmita Sharma
 6/20 Ayat Siddiqui
 6/21 Scott Schurman
 6/23 Neal Seidberg
 6/24 Prateek Wali
 6/27 Maria Liverpool
 6/29 Tracy Gilgallon
 6/30 Bill Hannan