Week 4

4/21 to 4/25

Monday

Hot entrees: self-serve at \$8.99 lb

Eggplant parmesan/ adobe pork loin/ roasted beets/ sauteed kale/ fingerling potatoes/ broccoli and rice casserole

Tandoori- modern Indian kitchen choose a starch, a protein and top with vegetables \$9

Tuesday

Hot entrees: self-serve at \$8.99 lb

Garlic & rosemary chicken/ mushroom stroganoff/ swiss chard/ green beans and tomatoes/ spicy potato wedges/ cajun dirty rice

Verde-fresh latin kitchen - choose your rice, your protein and all the toppings \$9

Wednesday

Hot entrees: self-serve at \$8.99 lb

Mushroom & leek ragout/ Moroccan turkey meatballs/ gingered snow peas/ roasted butternut squash/ herbed brown rice/ lyonnaise potatoes

Smokehouse- smoked kielbasa or baby back ribs w/ choice of 2 sides \$9

Thursday

Hot entrees: self-serve at \$8.99 lb

Jamaican jerk chicken, texas pot roast/ braised sweet potatoes/ almond green beans/ mashed potatoes/ red beans and rice

Spuds -create your own loaded regular or sweet baked potato \$9

Friday

Hot entrees: honey mustard salmon/ chicken & artichoke penne pasta/ broccoli w/ garlic and chilis/ okra & tomatoes/ farro risotto / smashed red potatoes