

Endocrinology TeleECHO™ Clinic

— METABOLIC BONE CASE PRESENTATION TEMPLATE —

PLEASE NOTE that Project ECHO® case consultations do not create or otherwise establish a provider-patient relationship between any SUNY Upstate clinician and any patient whose case is being presented in a Project ECHO® setting.

Date: _____ **Presenter Name:** _____ **Clinic Site:** _____

ECHO ID: _____ **New** **Follow Up** **Patient Age:** _____ **Biologic Gender:** Male or Female

Insurance: Medicaid Medicare Private None **Insurance Company:** _____

Race: American Indian/Alaskan Native, Asian, Black/African American, Native Hawaiian/Pacific Islander, White/Caucasian, Multi-racial, Other _____, Prefer not to say

Ethnicity: Hispanic/Latino, Not Hispanic/Latino, Prefer not to say

Diagnosis (if known): _____ **Date of Diagnosis:** _____

Symptoms:

- | | | | |
|---|--|--|--|
| <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Bone Pain | <input type="checkbox"/> Confusion | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Falls | <input type="checkbox"/> GI Reflux | <input type="checkbox"/> Hematuria |
| <input type="checkbox"/> Loss of Height | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Postprandial Bloating | <input type="checkbox"/> Swallowing Difficulties |
| <input type="checkbox"/> Tremors | <input type="checkbox"/> Weight Change: _____
<input type="checkbox"/> lbs. <input type="checkbox"/> kgs. | <input type="checkbox"/> Other: _____ | |

Past Medical History:

- | | | |
|---|---|--|
| <input type="checkbox"/> Bilateral Oophorectomy | <input type="checkbox"/> Cancer: Type _____ | <input type="checkbox"/> Celiac Disease |
| <input type="checkbox"/> Historical Maximum Height: _____ <input type="checkbox"/> in <input type="checkbox"/> cm | <input type="checkbox"/> Gestational Diabetes | <input type="checkbox"/> Hyperparathyroidism |
| <input type="checkbox"/> Fragility Fractures: _____ | <input type="checkbox"/> GI Surgery: _____ | |
| <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Radiation Therapy |
| <input type="checkbox"/> Postmenopausal – Age at menopause: _____ | <input type="checkbox"/> Seizure Disorder | <input type="checkbox"/> Severe Reflux Disease |
| <input type="checkbox"/> Type 1 Diabetes | <input type="checkbox"/> Type 2 Diabetes | <input type="checkbox"/> Other: _____ |

Psychiatric History

Depression: PHQ9: _____ Date: _____

Medication Allergies: _____

Current Medications/Vitamins/Herbs/Supplements: Please feel free to attach your patient medication list

Med Name	Dosage & Frequency	Med Name	Dosage & Frequency
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Past Medication History:

- Anti-Seizure Medications Bisphosphonates Calcium Chronic Steroid Use
- Denosumab Hormone replacement therapy Selective Serotonin Reuptake Inhibitors Teriparatide
- Thiazolidinediones Proton Pump Inhibitors Vitamin D Other: _____

Family History:

- Celiac Disease Hyperparathyroidism Osteoporosis Other Bone Disease: _____

Amount of Exercise: None Less than 30 minutes/day 5 days/week More than 30 minutes/day 5 days/week

Smoking History: *Does patient currently smoke?* No Yes – Number of cigarettes per day (1 pack = 20): _____

Alcohol Consumption: *Does patient currently drink?* – No Yes – Number of drinks per week: _____

Vitals:

Date: _____ Systolic BP: _____ Diastolic BP: _____ Pulse: _____
 Height: _____ Weight: _____ lbs. kgs. BMI: _____

Physical Exam:

- Abnormal Thyroid Exam: _____ Cushingoid Appearance Generalized Bone Tenderness
- Kyphosis Abnormal Dentition: _____ Blue Sclera
- Proximal Muscle Weakness Stigmata of Liver Disease Other: _____

Current Labs:

Hemoglobin: _____ g/dL	Hematocrit: _____ %
Platelet Count: _____ billion/L	Calcium: _____ mg/dL
Albumin: _____ gm/dL	Creatinine: _____ mg/dL
Direct Bilirubin: _____ mg/dL	Total Bilirubin: _____ mg/dL
ALT – SGPT: _____ U/L	Phosphorus: _____ mg/dL
ALP: _____ U/L	TSH: _____ uIU/mL
UPEP: _____ mg/dL	Kappa and Lambda Light Chains: _____ mg/dL
Total IGA: _____ mg/dL	Vit. D 25 OH: _____ ng/mL
PTH – Intact: _____ pg/mL	Tissue Transglutaminase Antibody (IGA or IgG): _____ U/mL
Aldosterone: _____ ng/dL	Alpha 1 Globulin: _____ g/dL
Alpha 2 Globulin: _____ g/dL	Beta Globulin: _____ g/dL
Gama Globulin: _____ g/dL	24 Hr. Urine Calcium: _____ mg/24hr
Other: _____	

Pertinent Imaging Studies:

- DXA Scan Date: _____ Normal Osteopenia Osteoporosis
- Parathyroid Scan Date: _____ Normal Abnormal: _____
- Other: _____

Other Comments: