The Upstate Bone and Joint Center is the region’s most comprehensive orthopedic center in Central New York.

It’s all right here!
We offer an easy to navigate one-stop shop for all orthopedic needs
- Free parking
- Easy drop off and pick up accommodations
- Upstate Orthopedics
  - 16 surgeons and their staff
- State-of-the-art surgical center
- MRI and CT
- X-ray
- Physical therapy
- Pain management
- Orthotics and prosthetics
- Surgical services
- Other health care providers

For more information, visit our website:  www.upstateorthopedics.com

UPSTATE ORTHOPEDICS
6620 Fly Road, Suite 100
East Syracuse, New York 13057
(315) 464-4472

Directions

From the New York State Thruway
From either direction on the Thruway (90), take exit 34A. Go through the tollbooth and merge onto 481 South toward Syracuse/Fairgrounds/Binghamton. Take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77), proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).

From 481 North or South
From either direction on 481, take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77), proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).

From Downtown Syracuse
Take 690 East and merge onto 481 North via the exit on the left toward the Thruway. Take exit 5W for Kirkville Road West. Merge onto Kirkville Road. Turn right onto Fly Road (CR-77) proceed 0.9 mile, then turn right into the business park. (You will see a median with a sign for Campus East).