

Required Course Information

POMI COURSE MATERIALS

Preparing for the Course – Prior to, or during the first week of class, all students should:

- Obtain the required text.
- Read the syllabus and familiarize yourself with the course schedule and assignment due dates.
- Familiarize yourself with the POM1 course materials found on the *Blackboard* site: <http://bb.upstate.edu>. All of the most up to date information can be found on the Blackboard site (including all course materials, weekly newflashes with updates and any schedule changes).
- Please inform the Program Directors of any special requirements or accommodations you may need at the beginning of the course.

REQUIRED MEDICAL EQUIPMENT & SUPPLIES FOR STUDENTS TAKING THE POMI COURSE:

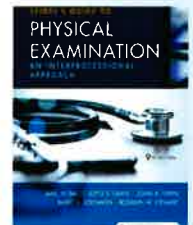
All can be obtained at the campus bookstore, unless otherwise specified.

- Students will be given a short white clinical coat at the “White Coat Ceremony” in your first few weeks at school. **Students will be expected to wear their white coat during all clinical experiences and standardized patient encounters without exception.**
- Stethoscope: Littmann Cardiology IV is recommended (available in numerous colors). Do not purchase an electronic stethoscope or one with three heads.
- Sphygmomanometer (BP cuff): Any non-digital model will suffice
- A 128 Tuning fork (for vibration testing)

- A 512 tuning fork (for auditory testing)
- Tape measure
- Penlight/pocket flashlight
- Disposable wooden tongue depressors
- Reflex hammer
- Watch (digital or with a second hand) for assessing pulse and respiratory rates
- Pocket Eye (Snellen) Chart/Ruler
- Oto-ophthalmoscope Diagnostic set (is an OPTIONAL purchase due to cost, but highly recommended so you can practice outside of the classroom) – to examine the eyes, ears, nose and throat; I recommend any of the Welch Allyn Macroview sets (97200-MC, 97200-MS). The campus bookstore is not stocking the oto-ophthalmoscopes. You can purchase through an online vendor like Steeles Supply (<http://www.steeles.com>), and at Amazon: <http://www.amazon.com>
- Medical “doctor’s bag” (or suitable substitute) to carry your equipment to each small group and clinical experience.

REQUIRED TEXT BOOK FOR MS-1:

Ball, Jane. *Seidel's Guide to Physical Examination*, 9th Edition: (C.V. Mosby Co., 2019).



REQUIRED TEXT BOOK FOR MS-2 (POM2):

Le, Tao and Giovane, Richard. *First Aid Cases for the USMLE STEP 1 exam*, fourth edition: McGraw Hill Medical, 2018.



State University of New York
UPSTATE
 MEDICAL UNIVERSITY

766 Irving Avenue | Syracuse, New York 13210
www.upstate.edu