

PHYSICAL THERAPY **EARLY ADMISSION OPTIONS**

For High School Seniors



COLLEGE OF HEALTH PROFESSIONS

An Upper-Division Transfer and Graduate College

State University of New York

Syracuse, New York

THE UPSTATE ADVANTAGE

Upstate offers many advantages for students accepted for Early Admission into the Doctor of Physical Therapy program, including a waiver of the GRE requirement. But that's not all. Students accepted into the 3+3 program can earn a bachelor's degree and a doctoral degree in six years rather than the traditional seven. And students in the 4+3 program can rest easy, knowing where they're headed after college.

Here are a few more advantages to consider:

- Small class sizes. We limit enrollment to 40 students per class to provide excellent student: faculty ratios.
- Outstanding faculty. Our full-time faculty members are the primary instructors for required courses. As award-winning educators, the faculty is dedicated to teaching while also engaging in scholarly work and many in clinical practice.
- Academic medical center. The medical center environment allows our students to learn alongside students in other health professions, so they have ample opportunity to enhance their learning outside the classroom.
- Impressive facilities. Our new academic building's design includes dedicated classroom and laboratory space for the PT program.
- Clinical readiness. The PT curriculum incorporates realistic simulation experiences to ensure that students are prepared for work with patients. The Upstate Clinical Skills Center is one of the largest of its kind in the United States. It houses

- 22 examination rooms, video monitoring, and the clinical equipment needed to improve students' clinical and communication skills through simulated
- Excellent licensure rate. Our first-time pass rate is higher than state and national averages, so Upstate alums can get to work faster after graduation.
- Exceptional clinical education. We work closely with our clinical sites to ensure that students have access to high quality clinical experiences in diverse practice settings.
- Early experiential learning. Even before the fulltime clinical education experiences, our curriculum provides students with early opportunities to work with patients in settings that range from day care centers to retirement communities, and points in between. Early exposure to clinical settings develops the communication and reasoning skills that are essential for effective clinical practice.





COLLEGE OF HEALTH PROFESSIONS

WWW.UPSTATE.EDU/PT

SUNY UPSTATE MEDICAL UNIVERSITY

PHYSICAL THERAPY **EARLY ADMISSION OPTIONS**

Physical Therapists (PTs) have rewarding careers working with individuals who have illnesses and injuries that limit their function and quality of life and with people who want to optimize their health and wellness. SUNY Upstate Medical University offers two early admissions options specifically designed for high school seniors with a strong interest in the profession. Once accepted in either of these options, a student is guaranteed admission into the Doctor of Physical Therapy (DPT) program after completion of undergraduate college coursework providing they have completed all conditions of their acceptance.

Apply online: www.upstate.edu/students

We recommend applicants submit their application by January 2. Deadline is Feb. 1.

3+3 PROGRAM

In the 3+3 program students attend an affiliated college for three years, enrolled in a specific major. The final year of the undergraduate coursework is the first year of the 3-year DPT program.

The advantage of the 3+3 program is that it allows a student to complete an undergraduate and doctoral degree in six years rather than seven with quaranteed early admission into Upstate's DPT program. Students accepted by Upstate to the 3+3 program are not required to take the Graduate Record Exam (GRE).

For the 3+3 program, a student must be accepted by the affiliated institution **and** by SUNY Upstate as a high school senior. Students are not formally accepted into the 3+3 program until they receive the confirming letter from SUNY Upstate. Students are assigned an advisor at both the undergraduate college and at Upstate once they have been accepted by both colleges.



College course work required for the DPT

CREDIT HOURS Anatomy and Physiology I and II or one semester each of Anatomy and Physiology General Chemistry I and II 8* General Physics I and II8* Psychology (Child or Developmental recommended) 3

CPR and First Aid certification are required at the time of matriculation.

*All science courses must include labs.

Each affiliated college has

the 3+3 program:

SUNY Brockport

• Exercise Science

SUNY Geneseo

SUNY Oneonta

SUNY Oswego

Le Moyne College

Syracuse University

For other admissions

www.upstate.edu/pt

options, visit

Health and Exercise Science

Biology

Biology

Biology

Biology

Biology

Science and Forestry

• Environmental Biology

designated majors for students in

SUNY College of Environmental

4+3 PROGRAM

The other early admissions option is for students who want to attend Upstate's DPT program and the undergraduate college of their choice. Students enter Upstate after earning their bachelor's degree at their undergraduate college. As high school seniors, students planning to attend any college may apply for 4+3 guaranteed early admission.

Students accepted by Upstate to the 4+3 program are not required to take the Graduate Record Exam (GRE).

Students must meet the following criteria for Early Admissions consideration:

Please note this is a competitive process.

- Submit application to SUNY Upstate.
- Submit application to an undergraduate college. 3+3 applicants must apply and be accepted to a 3+3 affiliate college.
- A 90 percent or higher unweighted high school average.
- Four years of science and four years of math. Regents, Honors, AP, or IB courses recommended.
- · Observational experience with a physical therapist; a letter of recommendation after shadowing is highly recommended. We also recommend at least 20 hours of shadowing by February 1 to be a competitive applicant.
- Leadership and/or community service activities.
- Applicants must submit the ACT and/or the SAT. Details as follows:

ACT - Minimum composite score of 26.

SATs - For applicants who took the SAT prior to March 2016, a minimum score of 1200 (math/critical reading) is required. If the SAT was taken more than once prior to March 2016, we will accept the highest math and the highest critical reading scores, even if from separate exams.

For applicants who took the SAT in March 2016 or later, a minimum score of 1270 is required. If the SAT was taken more than once, we will accept the best Math and the best Evidence-Based Reading and Writing, even if

We will not take a best score from one section of the "old SAT" (taken prior to March 2016) and combine that with a best score from another section of the "New SAT" (March 2016 and later) as the scoring scales are different. See website for details.

How many years will the program take?

If you are accepted into the 3+3 program you will complete both your undergraduate and doctoral degrees in a total of six years. The 4+3 program takes seven years to complete.

What GPA do I need to maintain my acceptance?

Students are required to achieve a minimum cumulative and prerequisite GPA of 3.3 at the end of the two semesters prior to enrolling. A minimum grade of "B" in each science course is recommended.

What type of degree(s) will I receive?

You will receive a Bachelor's degree from your undergraduate college and a Doctor of Physical Therapy (DPT) degree from SUNY Upstate Medical University. Students in the 3+3 program complete the fourth year of the undergraduate degree on the SUNY Upstate campus and receive their bachelor's degree from their undergraduate college.

How much volunteer physical therapy experience do I need?

We expect you to have completed enough observation experience before applying so that you can discuss aspects of the PT profession as part of the admissions process. We recommend at least 20 hours. Once accepted as a 3+3 or 4+3 student, you will be required to complete an additional 80 hours of volunteer work in at least two different kinds of settings during your undergraduate college years.

Will I have to reapply when it's time to transfer to Upstate?

QUESTIONS ABOUT THE EARLY ADMISSION OPTIONS

No. Your application process is completed when you are accepted by Upstate to the Early Admission program. 3+3 students will be required to submit a deposit in the spring of the Junior year; 4+3 students pay the deposit in the spring of the senior year.

If accepted to Upstate as a 3+3 student, what type of commitment am I making?

You will be asked to indicate to us whether or not you accept our offer of admission and you must notify us by May 1 with the name of the college you will be attending.

What should I do if I'm not accepted Early Admission by **Upstate?**

Students may be accepted to an undergraduate college, yet not be accepted by SUNY Upstate for the Early Admission program. If you are not accepted as a high school senior, you are encouraged

to attend the college of your choice for the major of your choice, and then apply for regular admission to Upstate's DPT program as a senior in college.

What if I change my mind and decide to pursue another profession? Am I committed to attend Upstate?

No, you may change your mind. We just ask that you notify us, in writing, that you are withdrawing your enrollment in the Early Admissions program.

I'm not sure if I want to apply for 3+3 or 4+3. Can I be considered for both?

Applicants can not submit an application for both 3+3 and 4+3 DPT. If unsure whether to apply for 3+3 or 4+3 Early Admission, we recommend applicants apply 3+3. Students admitted to the 3+3 program can change to 4+3 up until their first day of classes in the fall semester of their freshman year of college. They may be able to change at other times, under certain conditions.

For other admissions options, visit: www.upstate.edu/pt



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