

EARLY ASSURANCE PROGRAM FOR COLLEGE SOPHOMORES

The Early Assurance Program for College Sophomores program is designed to free students from the pressures and expense associated with applying to numerous physical therapy schools, allowing them more freedom to pursue their academic interests and experiences. Students considering this program can attend the accredited undergraduate college of their choice and the degree field of their choosing. Applicants apply to Upstate's Doctor of Physical Therapy (DPT) program after their second year of college. Accepted students matriculate once they complete their bachelor's degree. The GRE requirement is waived.

Admission requirements

Eligible applications must have:

- A minimum cumulative and prerequisite GPA of 3.30
- Four of the eight required science prerequisite courses for the DPT program (www.upstate.edu/eadpt) completed by the end of the spring semester of their sophomore year with grades of "B" or higher
- Shadowing with a physical therapist

The application process is outlined online at www.upstate.edu/eadpt.

Applications are open between March 1 and June 15. All supporting documents must be post-marked by June 15.

The number of students admitted will vary by year. We encourage students from diverse backgrounds to apply. Questions? Contact us at admiss@upstate.edu or 315-464-4570.



STATE UNIVERSITY OF NEW YORK
UPSTATE
MEDICAL UNIVERSITY

Student Admissions and Financial Aid
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PHYSICAL THERAPY EARLY ASSURANCE OPTIONS



COLLEGE OF HEALTH PROFESSIONS

STATE UNIVERSITY OF NEW YORK
UPSTATE
MEDICAL UNIVERSITY
COLLEGE OF HEALTH PROFESSIONS

SYRACUSE, NEW YORK

THE UPSTATE ADVANTAGE

Upstate offers three Early Assurance options for the Doctor of Physical Therapy program. The 3+3 and 4+3 Early Assurance programs for High School Seniors and the Early Assurance program for College Sophomores. Students accepted to the 3+3 program can earn a bachelor's degree and a doctoral degree in six years rather than the traditional seven. All Early Assurance students have the benefit of knowing where they'll attend physical therapy school.

Here are a few more advantages to consider:

- **Small class sizes.** We limit enrollment to 40 students per class to provide excellent student : faculty ratios.
- **Outstanding faculty.** Our full-time faculty members are the primary instructors for required courses. As award-winning educators, the faculty is dedicated to teaching while also engaging in scholarly work and many in clinical practice.
- **Academic medical center.** The medical center environment allows our students to learn alongside students in other health professions, so they have ample opportunity to enhance their learning outside the classroom.
- **Impressive facilities.** The design of Upstate's New Academic Building includes dedicated classroom and laboratory space for the PT program.
- **Clinical readiness.** The PT curriculum incorporates realistic simulation experiences to ensure that students are prepared for work with patients. The Upstate Clinical Skills Center is one of the largest of its kind in the United States. It houses 22 examination rooms, video monitoring, and the clinical equipment needed to improve students' clinical and communication skills through simulated patient activities.
- **Excellent licensure rate.** Upstate graduates have a first-time pass rate that is higher than state and national averages.
- **Exceptional clinical education.** We work closely with our clinical sites to ensure that students have access to high quality clinical experiences in diverse practice settings.
- **Early experiential learning.** Even before the fulltime clinical education experiences, Upstate's curriculum provides students with early opportunities to work with patients in settings that range from day care centers to retirement communities, and points in between. Early exposure to clinical settings develops the communication and reasoning skills that are essential for effective clinical practice.



PHYSICAL THERAPY EARLY ASSURANCE OPTIONS FOR HIGH SCHOOL SENIORS

Physical Therapists (PTs) have rewarding careers working with individuals who have illnesses and injuries that limit their function and quality of life and with people who want to optimize their health and wellness. SUNY Upstate Medical University offers two early assurance options specifically designed for high school seniors with a strong interest in the profession. Once accepted in either of these options, a student is guaranteed admission into the Doctor of Physical Therapy (DPT) program after completion of undergraduate college coursework providing they have completed all conditions of their acceptance.

Apply online: www.upstate.edu/students
Deadline is Feb. 1.

3+3 PROGRAM

In the 3+3 program students attend an affiliated college for three years, enrolled in a specific major. The final year of the undergraduate coursework is the first year of the 3-year DPT program.

The advantage of the 3+3 program is that it allows a student to complete an undergraduate and doctoral degree in six years rather than seven with guaranteed early assurance into Upstate's DPT program. Students accepted by Upstate to the 3+3 program are not required to take the Graduate Record Exam (GRE).

For the 3+3 program, a student must be accepted by the affiliated institution and by SUNY Upstate as a high school senior. Students are not formally accepted into the 3+3 program until they receive the confirming letter from SUNY Upstate. Students are assigned an advisor at both the undergraduate college and at Upstate once they have been accepted by both colleges.



DPT Prerequisite Courses

	CREDIT HOURS
Anatomy and Physiology I and II or one semester each of Anatomy and Physiology	8*
General Biology I and II	8*
General Chemistry I and II	8*
General Physics I and II	8*
English (Composition recommended)	3
Statistics	3
Psychology (Child or Developmental recommended)	3
Social Science	3

CPR certification is required at the time of matriculation.
*All science courses must include labs.



Each affiliated college has designated majors for students in the 3+3 program:

SUNY College of Environmental Science and Forestry

- Environmental Biology
- Biotechnology
- Environmental Science

SUNY Brockport

- Exercise Science
- Biology

SUNY Geneseo

- Biology

SUNY Oneonta

- Biology

SUNY Oswego

- Biology

Le Moyne College

- Biology

Syracuse University

- Health and Exercise Science

For other admissions options, visit www.upstate.edu/pt

4+3 EARLY ASSURANCE FOR HIGH SCHOOL SENIORS

Another early assurance option is for students who want to attend Upstate's DPT program and the undergraduate college of their choice. Students enter Upstate after earning their bachelor's degree at their undergraduate college.

As high school seniors, students planning to attend any college may apply for 4+3 guaranteed early assurance.

Students accepted by Upstate to the 4+3 program are not required to take the Graduate Record Exam (GRE).

Early Assurance Admissions Criteria (3+3 and 4+3):

- Submit application to SUNY Upstate.
- Submit application to an undergraduate college. 3+3 applicants must apply and be accepted to a 3+3 affiliate college.
- A 90 percent or higher unweighted high school average is recommended.
- Four years of science and four years of math. Regents, Honors, AP, or IB courses recommended.
- Observational experience with a physical therapist is highly recommended, but not required for the 2022-2023 admissions cycle..
- ACT and/or SAT scores are not required for the 2022-2023 admissions cycle.
- Applicants can apply to 3+3 or 4+3 but not both. If undecided about which program to apply to, we would recommend applying 3+3.

See website for details.

www.upstate.edu/chp/programs/pt

QUESTIONS ABOUT THE EARLY ASSURANCE OPTIONS

What GPA do I need to maintain my acceptance?

Students are required to achieve a minimum cumulative and prerequisite GPA of 3.3 at the end of the two semesters prior to enrolling. A minimum grade of "B" in each science course is recommended.

What type of degree(s) will I receive?

You will receive a Bachelor's degree from your undergraduate college and a Doctor of Physical Therapy (DPT) degree from SUNY Upstate Medical University. Students in the 3+3 program complete the requirement for the undergraduate degree on the SUNY Upstate campus and receive their bachelor's degree from their undergraduate college.

How much physical therapy shadowing experience do I need?

While we don't require any shadowing for applicants for the 2022-2023 admissions cycle, shadowing a Physical Therapist is recommended. Students admitted to an Early Assurance program will be required to complete additional shadowing hours during the undergraduate college years.

Will I have to reapply when it's time to enroll at Upstate?

No. Your application process is completed when you are accepted by Upstate to the Early Assurance program. Accepted students who have met the conditions of acceptance will submit a deposit in January of the year of entry.

If accepted to Upstate as a 3+3 or 4+3 student, what type of commitment am I making?

We don't require a deposit at the time of acceptance. You will respond to our offer by May 1, letting us know whether or not you are accepting our offer of admission. If accepting our offer, you will indicate which college you'll be attending for your undergraduate degree.

What should I do if I'm not accepted Early Assurance by Upstate?

Students may be accepted to an undergraduate college, yet not be accepted by SUNY Upstate for the Early Assurance program. If you are not accepted as a high school senior, you are encouraged to attend the college of your choice for the major of your choice, and then to the Early Assurance Program for College Sophomores. We would encourage you to keep in touch with us during your undergraduate years.

What if I change my mind and decide to pursue another profession? Am I committed to attend Upstate?

No, you may change your mind. We just ask that you notify us, in writing, that you are withdrawing your enrollment in the Early Assurance program.

I'm not sure if I want to apply for 3+3 or 4+3. Can I be considered for both?

Applicants can not submit an application for both 3+3 and 4+3 DPT. If unsure whether to apply for 3+3 or 4+3 Early Assurance, we recommend applicants apply 3+3. Students admitted to the 3+3 program can change to 4+3 up until their first day of classes in the fall semester of their freshman year of college. They may be able to change at other times, under certain conditions.

For other admissions options, visit: www.upstate.edu/pt

