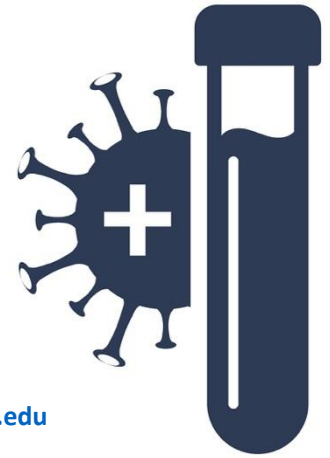


COVID-19 Exposure Protocol - UPDATES

(As of January 23, 2023; information subject to change dependent on DOH & CDC guidelines)



For any question or concerns related to the following updates contact:

Employee/Student Health (ESH)

315-464-4260 ESHealth@upstate.edu

Staff/Student COVID Resource Hotline

315-464-8436

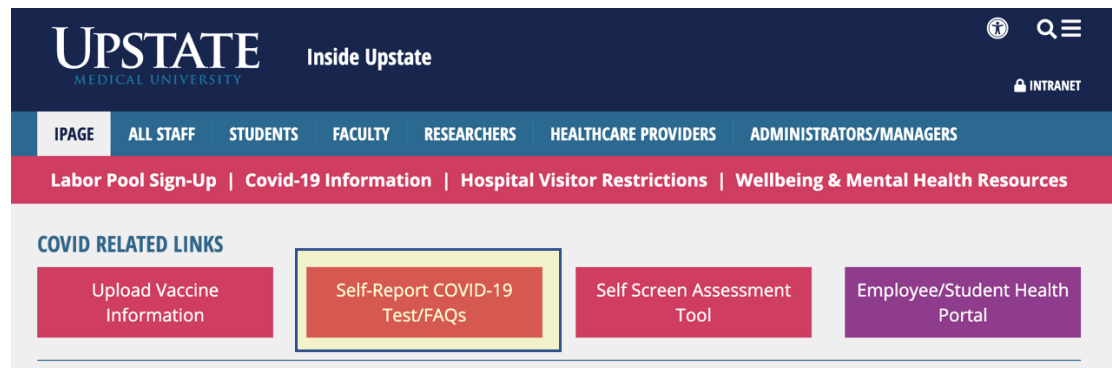
or refer to **Policy**

[COV P-01 COVID-19 Exposure Protocol](#)

Staff member has a Positive COVID-19 test

1. Staff member will:

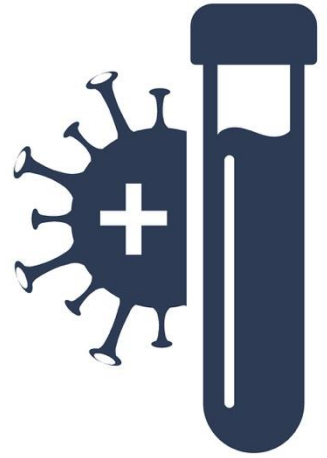
- a. Notify the manager or call in line
- b. Go to Upstate i-page. - <https://www.upstate.edu/ipage/intra/>



- i. **click on Self-Report Covid-19 test/FAQs**
 - ii. complete the form in Self-Serve (info from form will go directly to Employee/Student Health for monitoring and reporting purposes.)
- c. If a staff member does not have access to the internet or is having difficulty with the self-reporting link/form:
- i. **CALL Employee/Student Health Mon-Fri 7:30 am – 5 pm.**
 - ii. IF it is after hours or weekends when calling, leave a message and you will get a return phone call on the next business day.
 - iii. IF the staff member needs to speak to someone immediately AND ESH is CLOSED:
 1. Call the Staff/Student **COVID Resource Hotline**
- d. Please Note: ESH does NOT call every employee who tests positive!
**** If ESH has questions after reviewing the self-report form, they will reach out to the staff member.**

COVID-19 Exposure Protocol - UPDATES

(As of January 23, 2023; information subject to change dependent on DOH & CDC guidelines)



Out of work timeframe

Minimum of 7 days – timeframe will vary dependent on repeat test results and/or symptoms

When does it start?

Day 0 – symptom onset **OR** test date, whichever is earliest
(see calendar for example of counting days)

Testing between 5-7 days for staff who are COVID-19 Positive

PCR lab test

- 1 test completed between days 5-7
- **Negative result:** eligible to return to work on day 8
- **Positive result:** eligible to return to work on day 11

Antigen home test

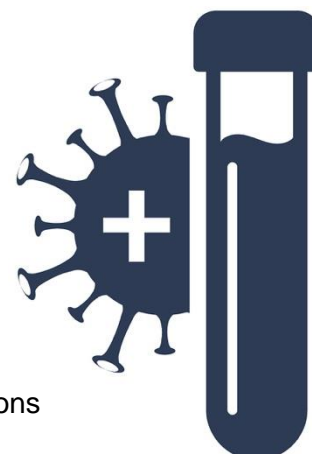
- 2 tests total completed
 - 1 test on day 5
 - 1 test on day 7
- **2 Negative results:** eligible to return on day 8
- **1 or 2 Positive results:** eligible to return on day 11

Unable to test between days 5-7: eligible to return on day 11

****STAFF SHOULD ONLY TEST INITIALLY & BETWEEN DAYS 5-7 OF THEIR ILLNESS.**
They do NOT need to test again after this timeframe in order to return to work.

COVID-19 Exposure Protocol - UPDATES

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Additional Eligibility requirements to return to work

- Symptoms must be resolved or mild to moderate **with** improvement
- Must be fever free for 24 hours without the use of fever reducing medications
- **Complete the Return to Work/Clearance Chatbot**
 - iPage → Self-Report COVID-19 Test/FAQs →

[Return to Work/Clearance Chatbot](#)

The screenshot shows the 'UPSTATE MEDICAL UNIVERSITY Coronavirus Information Center' website. The navigation bar includes 'HOME', 'POOLED COVID TESTING', 'UPDATES FROM THE CEO', 'NEWS AND MEDIA', 'TESTING', 'COVID VACCINE', and 'FOR STAFF'. The 'FOR STAFF' section is expanded, showing a 'For Staff' menu with options like 'COVID-19 Policies', 'COVID Self-reporting Information', 'COVID Testing Options', and 'Asymptomatic Pooled Testing Resources'. Under 'COVID Self-reporting Information', there are links for 'Self-Reporting a Positive COVID Test', 'Frequently Asked Questions', and 'Return to Work/Clearance Chatbot', which is highlighted in a yellow box. A blue arrow points from the right towards this highlighted link.

Symptom and Testing – Calendar example

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 DAY 0 Symptom onset date	5 Initial test date	6	7
8	9 DAY 5 1 st Home Test Or One PCR Between days 5 - 7	10	11 DAY 7 2 nd Home Test	12 DAY 8 Return to work if negative test(s) between days 5-7	13	14
15 DAY 11 Return to work with any positive test between days 5-7	16	17	18	19	20	21