

## Family Nursing Theory

3 Credits

This course examines the contemporary family's structure, function and process. Various theoretical frameworks and models are explored and applied to nursing assessment of and intervention with the healthy and high-risk family system in a variety of clinical settings. Students utilize a wellness approach to optimize health within a developmental framework and promote family resilience and adaptation throughout the life span. Psychosocial, cultural, economic, gender, and spiritual variables and their impact on family life are analyzed.

Pre/corequisites: None.