

PATIENT SUPPORT SERVICES

An aerial photograph of a modern, multi-story building with a prominent glass facade. The building is situated in an urban environment, with other city buildings visible in the background under a clear blue sky. The glass reflects the surrounding cityscape and sky.

UPSTATE
CANCER CENTER

www.upstate.edu/cancer

The Upstate Cancer Center can provide more than just treatment for your cancer, we provide services and resources to help you and your family throughout your treatment.



Cancer Center volunteers are ready to make your visit more comfortable.



Social workers can help you with a variety of circumstances that affect your care.

Family Resource Center

Librarians from the Upstate Health Sciences Library offer research assistance and access to timely, reliable medical literature, internet resources and support services within a welcoming, comfortable environment. The Family Resource Center is located in the lobby of the Upstate Cancer Center, near the stairway.

Psychological Support

In addition to cancer care, we treat patients' and families' mental and emotional well-being. Delivered by board certified psychologists, our counseling services are an important part of a patient's treatment plan. Services are available for both group and individual sessions.



Reiki therapy is available to help with stress and pain.

Integrative Therapy

The goal of this program is to create healthier communities by reducing the burden of cancer in the lives of our patients and their family members, while supporting health care providers and communities with the latest evidence on healing and cancer care. We have programs for individuals, families and consult with communities to optimize wellness.

Integrative Medicine combines conventional cancer therapies (chemotherapy, radiation therapy, surgery) with complementary therapies to support a patient's health, such as nutritional guidance, physical exercise, stress management and spiritual wellness.

Nutritional Counseling

Nutrition counseling during the treatment and recovery/survivorship of cancer is important to the overall health of our patients. We offer individualized patient support and nutrition resources.

Genetic Counseling

Genetic testing may help you understand your risk of developing certain cancers. This information can help you make informed medical decisions that could result in cancer prevention or early detection.

Spiritual Care

Our trained non-denominational chaplains offer an understanding listening presence that can include one-to-one visits and support for you and your loved ones. All are welcome to use our Meditation Room, located on the first floor in the Atrium, or services can be brought to you.

Guest Hospitality

Programs, such as the Room2Smile comfort cart, help to ensure that you and your family are made to feel welcome during your time here. We provide activities, resources and a wide variety of items to make you more comfortable.

Tobacco Cessation Counseling

From individual counseling sessions to support groups we can help you and your family members quit tobacco use of any kind, including electronic cigarette/vaping. We offer educational materials as well as ongoing in-person and phone support for all patients and immediate family members.



A dietitian is available to help with food and nutrition issues related to cancer and its treatment.



Our Meditation room offers a private place to reflect.

Social Work

Our dedicated Cancer Center social workers can help with many topics that have a direct impact on your care and treatment plan.

Financial Counseling

Counselors can help you obtain insurance, understanding your plan and help identify resources to pay for your cancer care.

Physical Therapy and Rehabilitation Therapy

Physical, occupational, and speech and language therapy services are available to manage the side effects of disease and/or its treatment.

Support Groups

The Upstate Cancer Center hosts a number of free peer-support groups for people with cancer including the Men to Men prostate support group, the Pink Champions breast care support group, the recurrent and metastatic support group and the head and neck support group.

American Cancer Society

The Upstate Cancer Center works with the American Cancer Society to provide more resources and services for our patients such as transportation, lodging, and many more. With the help of our trained Cancer Resource Volunteers we are happy to look at options that fit your needs.

Palliative Care

Palliative care is specialized medical care focused on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family.

A specially trained team of doctors, nurses and other specialists work together with a patient's cancer specialists to provide an extra layer of support. It is appropriate at any age and at any stage in a cancer-related illness, and can be provided along with curative treatment.

Survivorship

After treatments for cancer have completed, people are often left with questions. What should I be looking for? What should I be eating? How can I lessen the side effects from my cancer treatment or make them easier to live with? What can I do to keep myself healthy? Upstate's Survivorship Program can help answer these questions and more. The team works in conjunction with your existing healthcare providers to ensure communication and to create a wellness plan that works for you.



Comfort carts offer activities and resources to make your visits more comfortable.

HOPE HEALS

The Upstate Cancer Center offers the most advanced outpatient treatment, clinical research studies, and support services all in one convenient location.



Rev. 5/19

UPSTATE

CANCER CENTER

750 East Adams Street

Syracuse, NY 13210

1-855-964-HOPE (4673)

www.upstate.edu/cancer

