

WELCOME TO 11E: PEDIATRIC SURGERY



Preparation for Burn Dressing Changes

WHAT IS A DRESSING CHANGE?

A DRESSING CHANGE IS WHEN THE DOCTORS CHANGE THE BANDAGES THAT ARE COVERING YOUR BURNS. YOUR BANDAGES NEED TO BE CHANGED REGULARLY TO HELP YOUR BURNS GET BETTER. DRESSING CHANGES PREVENT GERMS AND HELP KEEP THE BURNS CLEAN. DRESSING CHANGES ARE DONE IN THE TREATMENT ROOM AND YOUR CAREGIVER CAN COME WITH YOU.

PATIENT ROOM



This is your room while you are here at the hospital. Nurses will come in to take your vitals and give you medicine. Doctors will come in to talk to you and your caregiver.

BURN CART



When it's time for the doctors to change your bandages you and your caregiver will go to the treatment room. The nurses will bring your burn cart: this is where the doctors keep all the supplies to take care of your burns.

TREATMENT ROOM



When you get to the treatment room your doctors will be waiting for you. Sometimes there are a lot of doctors who come to help change your bandages. Everyone in the room will wear hats, gowns, masks, goggles and gloves to keep your burns clean. There is a special bed just for you to sit in!

OUR BURN TEAM



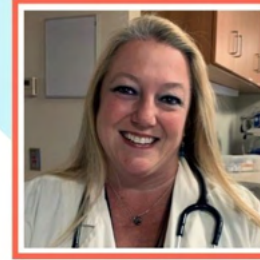
Dr. Dolinak
Attending



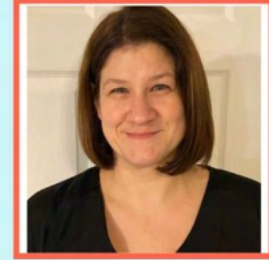
Dr. Summers
Attending



Yingzi Wang
Nurse Practitioner



Heidi Gwilt
Physician Assistant



Sarah Persons
Nurse Practitioner



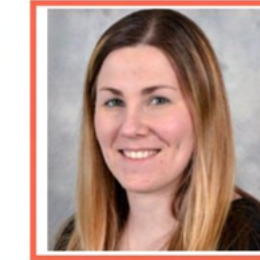
Tamara Roberts
Program Manger



Elizabeth Nubla
Clinic Nurse



Kayla Vanbrocklin
Occupational Therapist



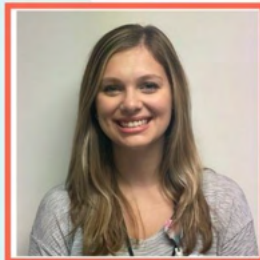
Emily O'Toole
Physical Therapist



Jaclyn Monahan
Occupational Therapist



Jessica Baker
Child Life Specialist



Allison Della Penna
Child Life Specialist

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UNIVERSITY HOSPITAL

Clark Burn Center

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You may also meet
resident doctors
and medical
students who work
with the burn team!

This is what the burn team looks like without masks!
Everyone has a special job to help take care of your burns.

POSITION OF COMFORT



When it's time to change your bandages you can sit in your caregivers lap to help remind your body to stay still and keep your body safe.

SUPPLIES



The doctors set up a special clean table with all the bandages and supplies they will need for your dressing change.

SEDATION MONITORING



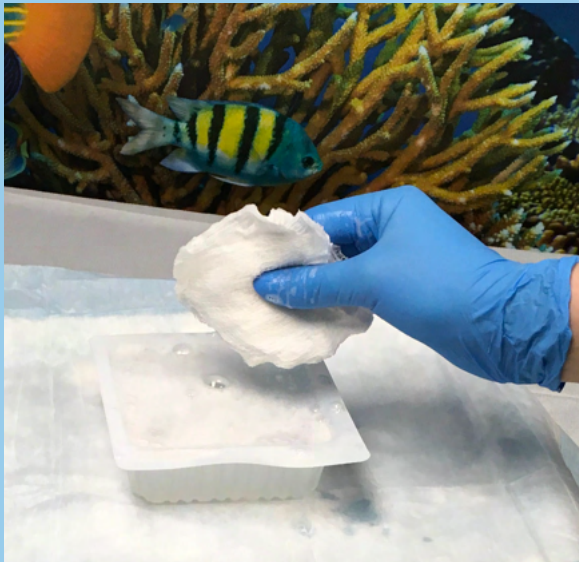
Once you are on the bed, the doctors will put a light on your finger to see how much air you breath in, stickers on your chest to see how fast your heart is beating, a blood pressure cuff on your arm, and a small bendy tube in the edge your nose to see how much air you are breathing out.

TAKING OFF BANDAGES



First the doctors will take off the outside wrapping on your bandages. They use scissors to cut the white part of the bandage. They will be gentle and careful not to cut your skin.

CLEANING THE BURN



**CLEAN WITH
SOAP**



**RINSE WITH
WATER**

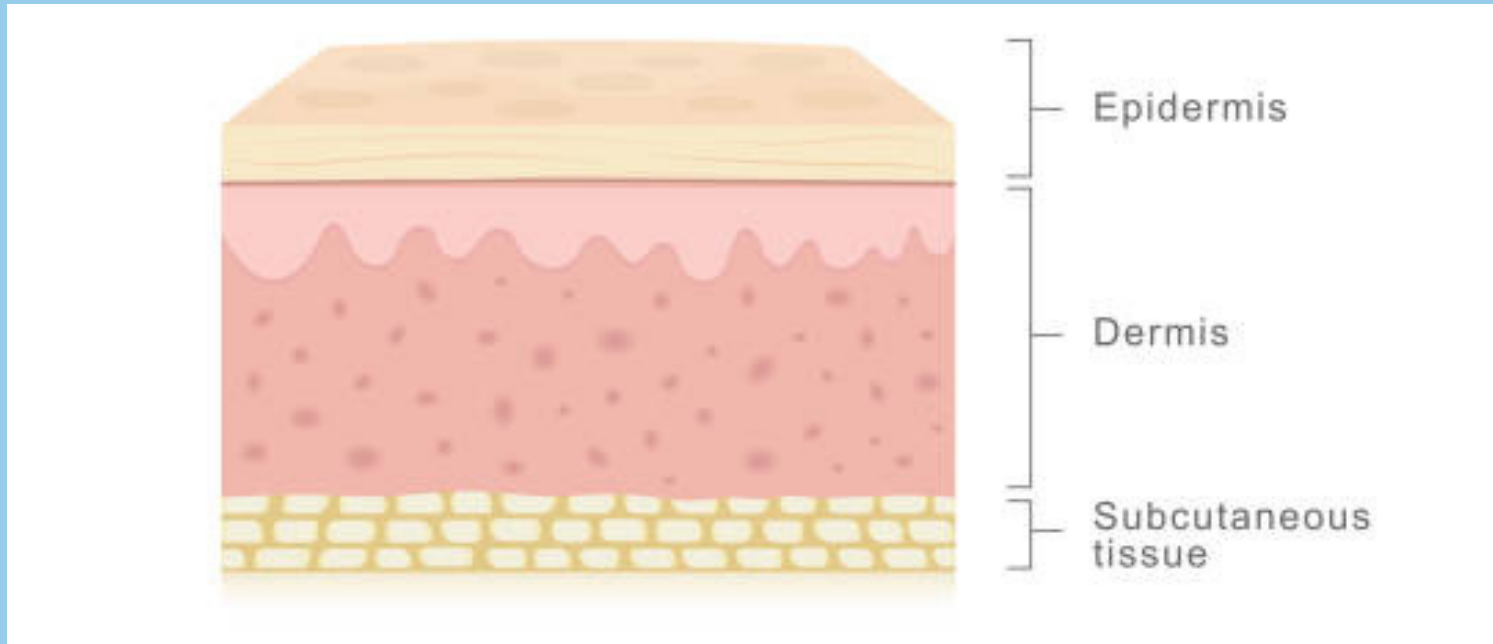


PAT DRY

Next, the doctors will use soap and water on gauze to clean the area of skin that was burned. It is important to clean the area to remove any of the injured skin and to clean the germs away.

LOOKING AT YOUR BURN

After your burn is cleaned, the doctors will look at your skin.



Everyone's burn injury is different. Here is a picture of the normal layers of skin. The doctors will tell you and your caregiver what layers of your skin were injured. This will help the doctors decide what types of bandages or creams you will need.

TYPES OF BANDAGES



MEPITEL



**BACTIRACIN &
XEROFORM**



AQUACEL



**BACTIRACIN &
SANTYL**

We have many different types of bandages and creams that help heal burned skin, the doctors will pick the best one for your burn.

LAST BANDAGE



COBAN



BANDNET



DUODERM

At the end, your final bandage may look something like this.

COLOR OPTIONS



GREEN **BLUE** **RED** **PURPLE** **PINK**

If the doctors decide that you need Coban as your final bandage, you can pick a special color.

BACK TO THE ROOM



The doctors will tell you and your caregiver what the next steps are to help your burn get better. Then you can go back to your room and rest or play.

RESOURCES



Folder of
educational
resources



<https://msktc.org/burn/burn-resources>



Overnight summer camp
for pediatric burn
survivors



Join 'Burn Survivors of
Central New York'

CONTACT INFORMATION



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Please contact child life if you have any additional questions about helping your child cope with their burn injury.

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Pediatric Surgery