

Connecting with the Burn Community

1. Join “Burn Survivors of Central New York” on Facebook.

- This is a safe and confidential space to connect with other burn survivors. You can also keep up to date with programming and information.

2. Attend Upstate’s Burn Support Group

- This support group is run by our Burn Program Manager, Tamara Roberts and Social Worker Violeta Stankovska. This group welcomes burn survivors, family members and health care providers to join the monthly session.
- This group meets the first Thursday of every month from 5-7pm. Currently this group is held virtually via Zoom. Please visit <https://upstate.zoom.us/j/803335305> Or, go to <https://upstate.zoom.us/join> and enter meeting ID: 803 335 305
- Please contact **Tamara Roberts** for more information or questions at **(315)-464-9369**.

3. Learn more about the Phoenix Society

- The Phoenix Society mission is “Uniting the voice of the burn community around the globe to profoundly advance lifelong healing, optimal recovery, and burn prevention.”
- For general information about the Phoenix Society please visit <https://www.phoenix-society.org/>
- You will find more information about other support groups and events happening around the globe on the Phoenix Society’s Community Calendar. <https://www.phoenix-society.org/community-calendar>

4. Attend Summer Burn Camp

- Overnight camp funded by Burn Foundation of Central New York, for children and teens who have sustained a burn injury to come together to share experiences and have fun.
- Please contact **Allison Della Penna** for more information or questions at **(315)-464-7587**.