

# 3RD ANNUAL ADVANCED PRACTICE SYMPOSIUM

**VIRTUAL, SELF-LED  
EXPERIENCE YOU  
COMPLETE AT YOUR  
OWN PACE**

**SEPTEMBER 19 - OCTOBER 31, 2022**

Advanced practice providers, physicians, nurses, pharmacists, residents and students are invited to participate in this virtual, on-demand seminar led by topic experts.

## **Session Topics**

- Covid-19
- Integrative Medicine
- Genetics of Cancer
- Care of Vulnerable Populations
- Stem Cell Transplant in Multiple Myeloma
- Antibiotic Updates
- Wound Care Treatment
- Pain Management
- Mental Health Crisis

General \$100; Students/Residents \$30

CME credit will be available.

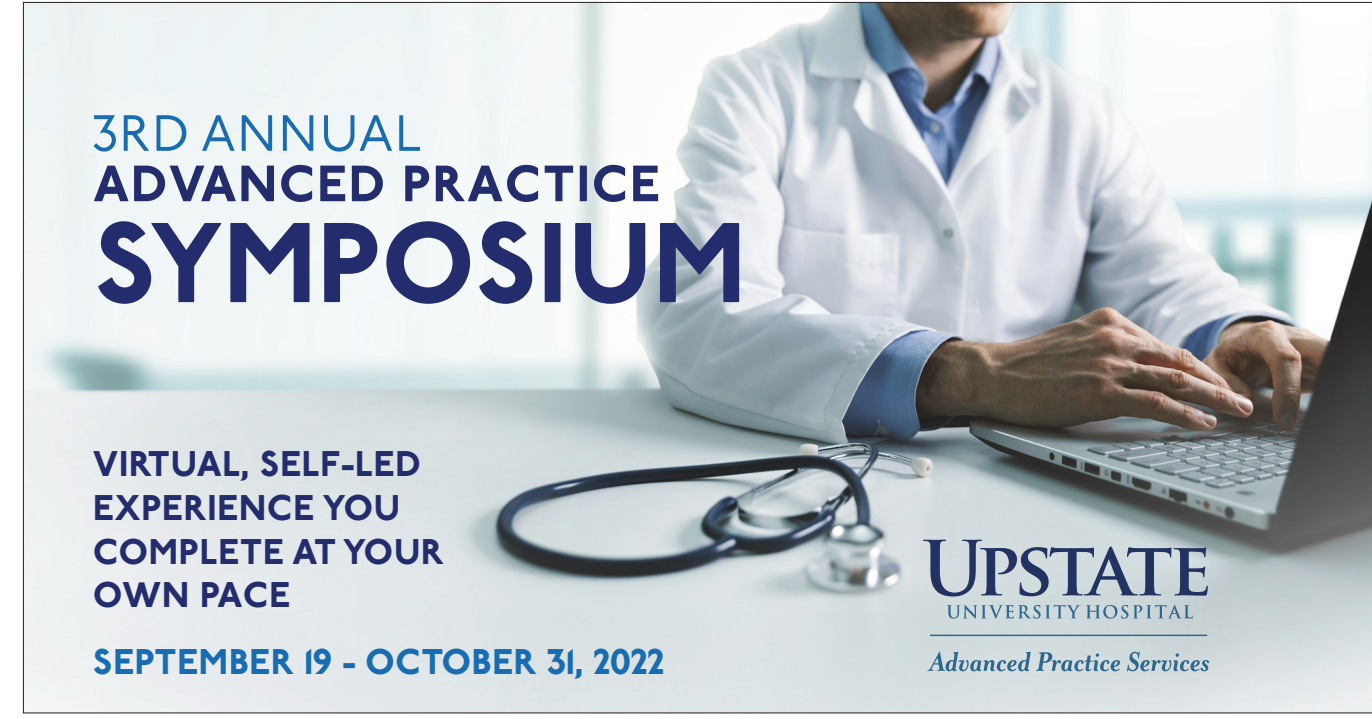
Registration Available  
September 1 through October 31.

For more information, visit  
**[upstate.edu/aps/symposium](https://upstate.edu/aps/symposium)**  
or email Christine Lopez  
([lopezca@upstate.edu](mailto:lopezca@upstate.edu)).

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colleagues!*

**UPSTATE**  
UNIVERSITY HOSPITAL

*Advanced Practice Services*



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## **Web pag art**

## **Social media art, link and content**

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SEPT. 19 - OCT. 31 | REGISTER: [UPSTATE.EDU/APS/SYMPOSIUM](https://upstate.edu/aps/symposium)

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## ADVANCED PRACTICE

# SYMPOSIUM 2021

### EIGHT VIRTUAL PRESENTATIONS

YOU CAN COMPLETE AT  
YOUR OWN PACE  
BETWEEN  
SEPTEMBER 13 AND  
NOVEMBER 19.

Please join us as we explore trending topics in health care through collaborative guest-speaker presentations. We will share state-of-the-art research, strengthening learning across disciplines while discussing new concepts, measures and methods that the advanced practice provider can utilize in daily practice.

This symposium is specially designed for advanced practice providers, APRNs, physicians, nurses, residents and students.

Total time to complete the symposium is estimated at eight hours. Eight hours of CME will be awarded upon successful completion.

**OBJECTIVES AND OVERVIEW:** Following this activity, participants will be able to demonstrate and utilize enhanced knowledge in some of the key areas impacting clinical practice.

#### YOU WILL LEARN:

- the epidemiology, etiology and risk factors surrounding sepsis in both adult and pediatric populations
- current treatments, including medications, to treat Substance Use Disorder (SUD), as well as complications of use
- to increase your understanding and awareness of how to provide inclusive care to diverse populations
- how to identify types of strokes, etiologies and therapeutic options
- how to understand HIV prevention and risk reduction with use of PrEP and PEP and the clinical follow up required
- to apply advance care planning and advance directives discussions into everyday practice

- to implement evidence-based interventions of self-care for the health care provider
- to define the patient experience and its importance in health care

**REGISTRATION:** Registration is open August 15 through November 5. Visit [www.upstate.edu/cme/online-register.php](http://www.upstate.edu/cme/online-register.php) Registration fee of \$65 includes all presentations and handouts, with the option to purchase an additional \$10 certificate of completion. Transcripts are available at no additional charge through the CME office.

**SYSTEM REQUIREMENTS:** Firefox or Chrome. The program will not work with Internet Explorer.

**QUESTIONS:** About the symposium, contact Advanced Practice at [APPSYMPOSIUM@upstate.edu](mailto:APPSYMPOSIUM@upstate.edu). For technology concerns, contact Upstate's IMT Helpdesk at 315-464-4115. Pertaining to CME transcripts, contact Upstate's CME Office at [CME@upstate.edu](mailto:CME@upstate.edu).

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (AACME) to provide continuing medical education to physicians.

**CREDIT DESIGNATION:** SUNY Upstate Medical University designates this internet enduring activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



*Presented by*

**UPSTATE**  
UNIVERSITY HOSPITAL

*Advance Practice Services*

# ADVANCED PRACTICE SYMPOSIUM 2021

## EIGHT VIRTUAL PRESENTATIONS

### Presentation 1: Health and Wellness

The importance of employee wellness cannot be underscored. When employees create new healthy habits, performance and contentment improve. This presentation will differentiate between wellness, well-being and help improve understanding of wellbeing through the CORE 4 of wellness framework.

*Presented by Kaushal B. Nanavati, MD, FACP, ABOIM, ABIHM*

### Presentation 2: Prevention of HIV with PrEP and PEP

HIV continues to be a major global public health issue. Pre-exposure prophylaxis, (PrEP) is an HIV prevention method in which people who do not have HIV can be prescribed HIV medicine to reduce their risk of getting HIV if they are exposed to the virus. This presentation is designed to help understand the need for risk assessment and to identify people who might benefit from PrEP.

*Presented by Elizabeth Alexandra Asiago-Reddy, MD, MS*

### Presentation 3: LGBTQ

Americans' views toward those who identify as lesbian, gay, bisexual or transgender (LGBTQ) have changed substantially in recent years, as has the importance in acquiring a respectful environment for all clients. This presentation will help us improve our understanding of LGBTQ terminology, the health disparities they face, and how to provide inclusive care to this diverse population.

*Presented by Jennifer Schumacher, Ed.M., MS, PA-C*

### Presentation 4: Neurology

Stroke is the No. 5 cause of death and a leading cause of disability in the United States. This presentation explains why strokes occur and how to treat them. It also explores the different types of stroke, their etiologies and the various therapeutic options available.

*Presented by Carlos Ynigo Dy Lopez, MD*

### Presentation 5: Pain and Addiction

The importance for pain control for those with acute or chronic pain is vital to patient care. This presentation will discuss the current treatment options, including understanding of medication management in the setting of opioid withdrawal and substance use disorder. We will also identify the various resources available in the community.

*Presented by Theresa Baxter, NP*

### Presentation 6: Patient Experience

In the face of multiple priorities and limited resources, leaders of health care organizations may question the value of measuring and improving the patient's experience with care. Yet, powerful market and regulatory trends, combined with increasing evidence linking patient experience to important clinical and business outcomes, make a compelling case for improving patient experience as measured by CAHPS surveys. This presentation highlights the importance of patient experience and how it is measured, and emphasizes the various initiatives and measures that support this patient experience journey.

*Presented by James Legault, MBA, BS, Tina Passett, MHA, BSN, RN and Karen Wentworth, MSMW*

### Presentation 7: Palliative Care

Hospice care and palliative care are both synonymous with comfort, but there are important differences. Understanding these differences and the importance of palliative care will ensure patients will receive the right level of care at the right time to improve their quality of life. This presentation serves to increase understanding of the differences between hospice and palliative care, identify strategies for successful goals of care, and advanced directive discussion.

*Presented by Arianna Giruzzi-Lupo, MS, FNP-BC, Bridget Schoeneck, MSN, FNP-C, ACHPN, Caitlin Tomko, MSN, FNP-C, ACHPN, Jayne Lewis, LMSW, Kelsey Marks, MSN, FNP-C, Lisa Cico, MSN, ANP-C, Lori-Jeanne West, MSN, FNP-BC, Maura Reilly, MSN, ANP-C*

### Presentation 8: Sepsis

Sepsis is a life-threatening complication of an infection. It occurs when mediators released in the bloodstream to fight an infection trigger inflammation throughout the body. This presentation helps distinguish differences between adult and pediatric criteria of sepsis and expounds on the early recognition and the significance of early intervention in decreasing morbidity and mortality.

*Presented by Ian F. Dargon, MD*

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